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History, Evolution, and Practices of the President's State of the Union Address: Frequently Asked Questions

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Summary

The State of the Union address is a communication from the President to Congress in which the chief executive reports on the current condition of the United States and provides policy proposals for the upcoming legislative year. The address originates in the Constitution (Article II, Section 3, clause 1), which requires that the President “shall from time to time give to the Congress Information of the State of the Union, and recommend to their Consideration such Measures as he shall judge necessary and expedient.”

Over time, the State of the Union address has evolved considerably. The President’s State of the Union address was known as the President’s Annual Message to Congress until well into the 20th century. Presidents George Washington and John Adams delivered their messages to Congress in person, but President Thomas Jefferson abandoned the practice as “monarchical” and time consuming, sending written messages instead. This precedent was followed until President Woodrow Wilson personally appeared before Congress in 1913. President Franklin Roosevelt adopted Wilson’s practice of personal delivery, and it has since become a contemporary tradition. With the advent of radio (1923), television (1947), and live webcast (2002) coverage of the address, it has gained greater importance by providing a nationwide platform for the President.

In recent presidencies, the annual State of the Union address has typically been delivered by the President at a joint session of Congress on an evening in late January or early February. Some Presidents, however, have chosen not to deliver a State of the Union address in the last January before they depart from office, or in the year they were inaugurated. Since 1981, Presidents have addressed a joint session of Congress closely following their inauguration, but not as an official “State of the Union” address.

President Donald Trump is to deliver a speech before a joint session of Congress on Tuesday, February 24, 2026.

As the address is now broadcast and webcast to a “prime time” national and international audience, it serves several functions: as a report to Congress and the nation on national conditions; as a platform to announce and rally support for the President’s legislative agenda for the coming year; and as a unique opportunity for the chief executive to convey a vision for the nation to Congress and the American people. To ensure continuity of government, one Cabinet officer (and in more recent years, selected Members of Congress) are absent from the Capitol during the address.

This report takes the format of answers to frequently asked questions about the State of the Union address.

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What Is the State of the Union Address?

The State of the Union Address is a communication from the President of the United States to Congress and the nation in which the chief executive reports on the general state of affairs in the United States, provides an assessment of key issues impacting conditions in the country, recommends a legislative program for the coming session of Congress, and frequently presents a vision for the future.¹

When and Where Does the Ceremony Take Place?

The annual message was delivered in December (or shortly before), until the Twentieth Amendment was ratified in 1933, which changed the convening date for congressional sessions. Since 1934, messages have been delivered on a range of dates, typically between January and February of each year. Before the Capitol moved to Washington, DC, the annual message was often delivered in the Senate chamber (in New York and Philadelphia, until 1800).² The first annual message to be given in the new Capitol building in Washington, DC, was in 1800 (by President John Adams).³ The State of the Union address is now customarily delivered at the Capitol, in the chamber of the House of Representatives, before a joint session of Congress.

President Donald Trump is to deliver a speech before a joint session of Congress on Tuesday, February 24, 2026.⁴

In Contemporary Practice, Is There a State of the Union Address Every Year?

The past several Presidents have chosen not to give an official State of the Union address the year they were first inaugurated, having just previously delivered an inaugural address. In each instance, their first speech to a joint session of Congress closely followed their inauguration, but was not officially categorized as a “State of the Union Message.” For example, President Donald Trump’s 2017 address was entitled “Address Before a Joint Session of the Congress.”⁵ For purposes of this report, these speeches are treated as a State of the Union in the presentation of related data and discussion throughout.⁶

¹ More information about the State of the Union Address can be found on the History, Art & Archives website (a collaboration between the U.S. House of Representatives’ Office of the Historian and the Clerk of the House’s Office of Art and Archives), “State of the Union Address,” at <http://history.house.gov/Institution/SOTU/State-of-the-Union/>.

² U.S. House of Representatives, Office of the Clerk, Office of Art and Archives, “Joint Meetings, Joint Sessions, & Inaugurations,” at <http://history.house.gov/Institution/Joint-Sessions/Joint-Sessions/>.

³ U.S. Senate Historical Office, “November 17, 1800: The Senate Moves to Washington,” at <https://www.senate.gov/about/historic-buildings-spaces/meeting-places/senate-moves-to-washington.htm>.

⁴ Letter from the Speaker of the House to President Trump, January 7, 2026, at <https://www.speaker.gov/wp-content/uploads/2026/01/01.07.2026-Invitation-to-President-Address-to-a-Joint-Session.pdf>.

⁵ Government Publishing Office, Daily Compilation of Presidential Documents, 2017 DCPD No. 150, at <https://www.govinfo.gov/content/pkg/DCPD-201700150/pdf/DCPD-201700150.pdf>. For the purposes of this report, data and statistics on State of the Union addresses include first speeches before a joint session of Congress in the first year of a presidential administration.

⁶ The University of California Santa Barbara’s American Presidency Project also includes these speeches, with distinction, in its historical data on State of the Union Addresses. The American Presidency Project notes that “recent presidents starting with Reagan addressed a joint session of Congress shortly after their inaugurations. These messages are, technically, not considered to be ‘State of the Union’ addresses. Reagan’s 1981 address is called, ‘Address Before a Joint Session of the Congress on the Program for Economic Recovery.’ Bush’s 1989 and Clinton’s 1993 messages are (continued...)”

Some recent Presidents have also preferred not to deliver a State of the Union address immediately prior to their departure from office, although several have given farewell addresses. President Dwight Eisenhower's farewell message, broadcast to the nation on January 17, 1961, became famous for its warnings against the "military-industrial complex."⁷

Nevertheless, occasionally outgoing and incoming Presidents have given successive State of the Union addresses within weeks of each other. President Harry Truman's final message, delivered in printed form to Congress on January 7, 1953, was closely followed by President Eisenhower's first message, delivered in person at the Capitol on February 2, 1953.⁸

What Section of the Constitution Is the Formal Basis for the State of the Union Address to Congress?

Article II, Section 3, clause 1 of the U.S. Constitution refers to the President's State of the Union message, stating that the President "shall from time to time give to the Congress Information of the State of the Union, and recommend to their Consideration such Measures as he shall judge necessary and expedient."

Who Gave the First State of the Union Address? What Was the Early Practice?

President George Washington delivered the first "State of the Union" address before a joint session of Congress, in New York, on January 8, 1790. At that time, the speech was known as the "Annual Message." This ritual originated from the British practice of giving "a speech from the throne" to open every new session of Parliament.⁹ President Washington's first address, which was the shortest to date, at 1,089 words, was delivered before both houses of Congress.¹⁰ When President Washington gave his second Annual Message, he established the precedent that the President would provide information to Congress on an annual basis.¹¹ During the Washington and John Adams Administrations, the Presidents customarily appeared before a joint session of Congress to deliver the address personally. Each chamber subsequently made official replies to

called speeches on 'Administration Goals.' G.W. Bush's 2001 speech was actually his 'Budget Message,' and Presidents Obama and Trump delivered a similar non-State of the Union 'Address before a Joint Session of the Congress.' For research purposes, it is probably harmless to categorize these as State of the Union messages.... The impact of such a speech on public, media, and congressional perceptions of presidential leadership and power should be the same as if the address was an official State of the Union." See

<https://www.presidency.ucsb.edu/documents/presidential-documents-archive-guidebook/annual-messages-congress-the-state-the-union#Table%20of%20SOTU>.

⁷ Dwight D. Eisenhower, "Farewell Radio and Television Address to the American People," in *Public Papers of the Presidents of the United States, Dwight D. Eisenhower, 1960-61* (Washington: GPO, 1961), pp. 1035-1040.

⁸ John Woolley and Gerhard Peters, "Length of the State of the Union Addresses and Messages in Words," The American Presidency Project, at <https://www.presidency.ucsb.edu/documents/presidential-documents-archive-guidebook/annual-messages-congress-the-state-the-union-3>.

⁹ Arthur M. Schlesinger, "Introduction," in *The State of the Union Messages of the President 1790-1966*, vol. 1, ed. Fred L. Israel (New York: Chelsea House, 1966), p. xiii.

¹⁰ John Woolley and Gerhard Peters, "Length of the State of the Union Addresses and Messages in Words," The American Presidency Project, at <https://www.presidency.ucsb.edu/documents/presidential-documents-archive-guidebook/annual-messages-congress-the-state-the-union-3>.

¹¹ Gerhard Peters and John T. Woolley, "Introduction," in *The State of the Union Address: Presidential Rhetoric from Woodrow Wilson to George W. Bush*, eds. Deborah Kalb, Gerhard Peters, and John T. Woolley (Washington: CQ Press, 2007), p. 2. Also, the Constitution does not mandate this level of frequency; only reading that the communication should be given "from time to time."

the President's message, which were delivered personally to the President, and each such response received formal presidential acknowledgement.¹²

Which President Stopped Delivering the Speech in Person, and Why? How Long Did This Practice Last?

President Thomas Jefferson changed the procedure followed by his predecessors with his first annual message (December 8, 1801). Instead of delivering an in-person speech, his private secretary delivered copies of the message to both chambers of Congress, to be read by clerks in the House and Senate. President Jefferson unfavorably likened the oral delivery of the message to the British monarch's "speech from the throne," and felt it unsuitable to a republic.¹³ Some historians also speculate that President Jefferson was a poor public speaker and did not want to deliver it orally, because his inaugural address had been barely audible and was unfavorably received.¹⁴ President Jefferson's precedent of sending the yearly report as a formal written letter to Congress was followed throughout the 19th century (and part of the 20th century), until 1913.

Who Revived the Tradition of Delivering the Speech in Person?

Over a century later, on December 2, 1913, President Woodrow Wilson revived the tradition of delivering the Annual Message to Congress as an in-person speech.¹⁵ President Wilson is also widely credited with expanding the scope of the annual message, transforming it from a report on the activities of the executive departments into a tool to draw widespread attention to the policies he supported. From 1914 to 1933, the message varied between being a written and a spoken message. President Franklin Roosevelt reestablished the personal appearance as a tradition with his 1934 State of the Union message, but he and several later chief executives also chose to deliver a written message in preference to a personal appearance on at least one occasion.

Has It Always Been Called "The State of the Union Address?"

The message was generally known as "the President's Annual Message to Congress" until well into the 20th century. It was informally known as the State of the Union message or address from 1942 to 1946, and has been officially known as the State of the Union address since 1947.¹⁶

Which Was the Shortest Message? The Longest Message?

President George Washington's first annual message was the shortest (in words), at 1,089 words.

¹² Arthur M. Schlesinger, "Introduction," in *The State of the Union Messages of the President 1790-1966*, vol. 1, ed. Fred L. Israel (New York: Chelsea House, 1966), p. xiii.

¹³ Ryan L. Teen, "Evolution of the Modern Rhetorical Presidency: Presidential Presentation and Development of the State of the Union Address," *Presidential Studies Quarterly*, vol. 33, no. 2 (June 2003), p. 337.

¹⁴ Gerhard Casper, "Executive-Congressional Separation of Power during the Presidency of Thomas Jefferson," *Stanford Law Review*, vol. 47, no. 3 (February 1995), p. 480.

¹⁵ Earlier in 1913, Wilson delivered three special messages to Congress in person on tariff reform, currency and bank reform, and Mexican affairs—the first of which made headlines, because no President had addressed Congress in person since John Adams. For further information, see Miller Center of Public Affairs, University of Virginia, "Woodrow Wilson: Domestic Affairs," at <https://millercenter.org/president/wilson/domestic-affairs>.

¹⁶ U.S. House of Representatives' Office of the Historian and the Clerk of the House's Office of Art and Archives, "State of the Union Address," at <http://history.house.gov/Institution/SOTU/State-of-the-Union/>.

In contemporary practice, the address tends to be measured in delivery time, rather than in the number of words it contains. The American Presidency Project at the University of California, Santa Barbara (UCSB) has data on length of State of the Union addresses (in minutes) back to 1964. Within this timeframe, it would appear that President Ronald Reagan gave the shortest address in 1986, at approximately 31 minutes.¹⁷ However, even this address was more than 3,500 words (three times as long, text-wise, as President Washington's first message), so it is likely that President Washington's was one of the shortest (if not *the* shortest) in delivery time as well.

President Jimmy Carter's 1981 message was the longest written message to date, at 33,667 words. President Bill Clinton's 1995 address was the longest in-person speech, at 9,190 words.¹⁸

From the available UCSB data dating back to 1964, President Bill Clinton's 2000 State of the Union address holds the record of being the longest State of the Union address by delivery time—at just under one hour and 29 minutes. President Donald Trump's 2025 speech before a joint session of Congress surpassed Bill Clinton's record, at over one hour and 39 minutes—though the speech was not technically considered a State of the Union address.

Since 1964 (President Lyndon Johnson), the average length of the address by each President has ranged between 35 minutes and 85 minutes.¹⁹ For example, President Barack Obama's final State of the Union address in 2016 took just under 59 minutes to deliver, which also includes time for applause interruptions.²⁰

Which President Delivered the Most Messages? Which the Fewest?

The longest-serving President, Franklin Roosevelt, holds the record for the most State of the Union addresses delivered—12—of which 11 were personal appearances before Congress. President Zachary Taylor submitted one written annual message, in 1849.

Has Any President Not Delivered a Message or Address? Has an Address Ever Been Delayed?

Two Presidents did not serve long enough to submit an annual message: William Henry Harrison, who died of an acute illness on April 4, 1841, 32 days after his inauguration, and James Garfield, who served 199 days and was assassinated in 1881.²¹

The State of the Union address was previously delayed on at least two known occasions in recent history:

¹⁷ John Woolley and Gerhard Peters, "Length of State of the Union Addresses in Minutes," The American Presidency Project, at <https://www.presidency.ucsb.edu/documents/presidential-documents-archive-guidebook/annual-messages-congress-the-state-the-union-0>.

¹⁸ John Woolley and Gerhard Peters, "Length of the State of the Union Addresses and Messages in Words," The American Presidency Project, at <https://www.presidency.ucsb.edu/documents/presidential-documents-archive-guidebook/annual-messages-congress-the-state-the-union-3>.

¹⁹ The Congressional Research Service's calculations of the average length of State of the Union (and similar speeches before a joint session of Congress) are based on data available from The American Presidency Project. See John Woolley and Gerhard Peters, "Length of State of the Union Addresses in Minutes," The American Presidency Project, at <https://www.presidency.ucsb.edu/documents/presidential-documents-archive-guidebook/annual-messages-congress-the-state-the-union-0>.

²⁰ Manuela Tobias, "Obama's Final State of the Union, by the Numbers," *Politico*, January 12, 2016, at <https://www.politico.com/story/2016/01/state-of-the-union-2016-by-the-numbers-217691>.

²¹ As noted previously, prior to the Twentieth Amendment, Congress did not assemble until December in most years, by which time both Harrison and Garfield had died.

- On January 28, 1986, the *Challenger* explosion claimed the lives of seven astronauts and stunned the nation. President Ronald Reagan's fifth State of the Union address had been scheduled for that same evening, but after discussion with White House aides and congressional leaders, the speech was postponed for a week.²²
- In a letter dated January 3, 2019, Speaker of the House Nancy Pelosi invited President Donald Trump to address a joint session of Congress to deliver the State of the Union address.²³ On January 16, Speaker Pelosi again wrote to President Trump and suggested that the speech be delayed (or submitted in writing) due to security concerns arising from a continuing partial government shutdown, which had begun on December 22, 2018.²⁴ Two more letters were exchanged during the partial shutdown (both dated January 23, 2019), in which President Trump initially objected to the proposal to postpone,²⁵ and Speaker Pelosi responded that the House of Representatives would not consider a concurrent resolution authorizing the President's address in the House chamber until government reopened.²⁶ After the partial government shutdown ended, Speaker Pelosi wrote to President Trump on January 28, 2019, and referenced a conversation between the Speaker and President about a mutual agreement to set the date for the address to be delivered before a joint session of Congress in the House chamber on February 5, 2019.²⁷

The latest in the year that a President has delivered the State of the Union address since 1934 was in 2024; President Joe Biden gave the speech on March 7, 2024, marking the second time a President did so in the month of March, and the latest in the year a President has made an officially designated State of the Union address since 1933.²⁸ President Biden also delivered a speech before a joint session of Congress (a few months after being inaugurated) on April 28, 2021, the latest in the year that a President has delivered a State of the Union address or its equivalent.²⁹

²² David Hoffman, "The Shuttle's Blown Up!" *Washington Post*, January 29, 1986, at <http://www.washingtonpost.com/wp-dyn/content/article/2006/01/24/AR2006012401037.html?noredirect=on>.

²³ See <https://web.archive.org/web/20190205212009/https://www.speaker.gov/newsroom/1318-3/>.

²⁴ See <https://web.archive.org/web/20190116161142/https://www.speaker.gov/newsroom/11619/>.

²⁵ See <https://www.govinfo.gov/content/pkg/DCPD-201900047/pdf/DCPD-201900047.pdf>.

²⁶ See <https://web.archive.org/web/20190124041400/https://www.speaker.gov/newsroom/12319-3/>.

²⁷ See <https://web.archive.org/web/20190129044331/https://www.speaker.gov/newsroom/12819-2/>.

²⁸ The Twentieth Amendment was ratified in 1933, which changed the opening time for congressional sessions. Since 1934, messages have been delivered on a range of dates, typically between January and February of each year. See U.S. House of Representatives' Office of the Historian and the Clerk of the House's Office of Art and Archives, "List of In-Person Annual Message and State of the Union Addresses," at <https://history.house.gov/Institution/SOTU/List/>. President Joe Biden was also the first president to deliver the speech in March, when he made the address in 2022 (March 1).

²⁹ For more details on the 2021 event, see the report section "What Precautions Were Taken at the Address to Accommodate COVID-19 Pandemic Protocols?"

What Precautions Are Taken at the Address to Ensure Security and Continuity of Government?

Customarily, one member of the President's Cabinet (commonly known as the *designated survivor*) does not attend.³⁰ This precaution is taken to provide continuity in the presidency in the event a catastrophe were to result in the death or disablement of the President, the Vice President, and other officials in the line of presidential succession gathered in the House chamber.³¹ The designated survivor has most frequently been a Secretary from the Departments of the Interior, Agriculture, and Commerce (though other executive branch department heads have been designated as well).³² In recent years, selected Members of Congress were also absent from the Capitol during the address. In 2021, there was no official designated survivor; due to the COVID-19 pandemic, Cabinet members were not physically present for the address.

After the January 6, 2021, attack on the U.S. Capitol, metal fencing was erected as a temporary barrier, which remained in place throughout part of the year, including during President Biden's inauguration and his April 2021 address before a joint session of Congress.³³

In 2022, U.S. Capitol Police indicated in a press release that they were aware of plans for a series of truck convoys expected to arrive in the area around the time of that year's joint session,³⁴ and that these plans were similar to events that had occurred in Canada involving large trucks and commercial vehicles blocking traffic.³⁵ The Sergeant at Arms of the House indicated in an announcement (February 23, 2022) that he was "working with the Metropolitan Police Department (MPD) and other law enforcement partners to support peaceful demonstration activity and manage transportation routes."³⁶

In preparation for the 2022 State of the Union address, inner-perimeter fencing was again erected around the Capitol building, and National Guard troops were deployed to assist the U.S. Capitol Police.³⁷ Since 2022, temporary fencing was installed prior to each subsequent annual address.

³⁰ For example, Secretary of Energy Rick Perry was the designated survivor in 2019, and Secretary of Commerce Gina Raimondo was the designated survivor for 2022. See "Cabinet Members Not in Attendance ('Designated Survivor,' from 1984), and Frequency By Department," at <https://www.presidency.ucsb.edu/documents/presidential-documents-archive-guidebook/annual-messages-congress-the-state-the-union-1>.

³¹ For more information on the line of presidential succession, see 3 U.S.C. §19, available from the Government Publishing Office at <https://www.gpo.gov/fdsys/pkg/USCODE-2006-title3/html/USCODE-2006-title3-chap1-sec19.htm>.

³² "Cabinet Members Not in Attendance ('Designated Survivor,' from 1984), and Frequency By Department," at <https://www.presidency.ucsb.edu/documents/presidential-documents-archive-guidebook/annual-messages-congress-the-state-the-union-1>.

³³ "Metal fencing surrounding Capitol in wake of the Jan. 6 riot now coming down," at <https://abcnews.go.com/Politics/metal-fencing-fortifying-capitol-complex-set-friday/story?id=78731736>.

³⁴ U.S. Capitol Police, "USCP Plans for Extra Security Ahead of the Joint Session of Congress," at <https://www.uscp.gov/media-center/press-releases/uscp-plans-extra-security-ahead-joint-session-congress>.

³⁵ "Inspired by Canadian truck protests, 'People's Convoy' heads to Washington," at <https://www.reuters.com/world/us/us-truckers-plan-pandemic-protest-inspired-by-canadian-counterparts-2022-02-23/>.

³⁶ Letter from William J. Walker, Sergeant at Arms of the U.S. House of Representatives, to All Members of Congress and Congressional Staff, February 23, 2022.

³⁷ U.S. Capitol Police, "Statement: USCP Chief Tom Manger's Message to the Community," at <https://www.uscp.gov/media-center/press-releases/statement-uscp-chief-tom-manger-s-message-community>.

For the 2023 and 2024 addresses, a temporary fence was installed once again, at the request of the U.S. Secret Service,³⁸ and again for President Trump's 2025 presidential inauguration and address before a joint session of Congress.³⁹

As with prior speeches, the 2026 joint session is expected to be designated as a National Special Security Event (NSSE). NSSEs are nationally or internationally significant events that typically involve either a large number of attendees or a large number of the public, and are attended by U.S. officials and foreign dignitaries.⁴⁰

Who Is Invited to the State of the Union Address?

Traditionally, Members of the House and Senate are invited, along with the President's Cabinet (with the exception of one planned absentee Cabinet member), Vice President, Joint Chiefs of Staff, Justices of the U.S. Supreme Court, former Members of Congress, and members of the diplomatic corps. Seating in the House gallery is for ticket holders only, and it is coordinated by the Sergeant at Arms of the House.

In light of the COVID-19 pandemic, for the April 2021, attendees were limited and Members' guests were not permitted. Member seating was also extended to the House gallery that year to allow for social distancing protocols.⁴¹

When Did the Tradition of Acknowledging Guests Sitting in the House Gallery Begin?

The chief executive frequently invites citizens who have distinguished themselves in some field of service or endeavor to be personal guests in the gallery. President Ronald Reagan began the tradition in 1982 by acknowledging Lenny Skutnik in his speech.⁴² Since then, most State of the

³⁸ Letter from William P. MacFarland, Acting Sergeant at Arms of the U.S. House of Representatives, to All Members of Congress and Congressional Staff, February 23, 2023. Also see <https://rollcall.com/2024/03/01/security-fence-to-go-up-at-capitol-for-state-of-the-union/>.

³⁹ "Heightened security, road closures ahead of Trump's speech to Congress," at <https://www.fox5dc.com/news/heightened-security-road-closures-ahead-trumps-speech-congress>.

⁴⁰ Department of Homeland Security, "Readout of Secretary Mayorkas's Meeting with Mayor Bowser and Chief Contee," February 25, 2022, at <https://www.dhs.gov/news/2022/02/25/readout-secretary-mayorkass-meeting-mayor-bowser-and-chief-contee>. National Special Security Event operational plans include the use of physical infrastructure security fencing, barricades, special access accreditation badges, K-9 teams, and other security technologies. To ensure consequence management, DHS prepositions Domestic Emergency Support Teams, Urban Search and Rescue Teams, National Emergency Response Teams, Nuclear Incident Response Teams, and assets from the Strategic National Stockpile and Mobile Emergency Response System. Specific teams and groupings of teams are designed for each event based on coordination with other federal entities, state and local jurisdictions, available local resources, and mutual aid agreements.

For more information on National Special Security Events, see CRS Report R47439, *Special Event Security and National Special Security Events: A Summary and Issues for Congressional Consideration*, by Shawn Reese. A list of all National Special Security Events from 1998 to 2024 is included in Table 1, at https://www.crs.gov/Reports/R47439#_Toc179450203.

⁴¹ Brett Samuels and Cristina Marcos, "Biden to Address Congress on April 28," *The Hill*, at <https://thehill.com/homenews/administration/548095-pelosi-invites-biden-to-address-joint-session-of-congress-on-april-28>; and Speaker of the House, "Dear Colleague to All Members on Health & Safety Guidelines," press release, January 4, 2021, at <https://web.archive.org/web/20221121235358/https://www.speaker.gov/newsroom/1421>.

⁴² Deborah Kalb et al., *State of the Union: Presidential Rhetoric from Woodrow Wilson to George W. Bush* (Washington, DC: CQ Press, 2007), p. 10. Lenny Skutnik was a government employee who dived into the Potomac River to rescue a survivor after a plane departing from Washington's National Airport crashed into the 14th Street Bridge. Reagan stated that Skutnik embodied "the spirit of American Heroism at its finest."

Union addresses have included the direct mention of at least one presidential guest who was in attendance.⁴³ Presidential speechwriters in decades past have referred to these guests as “Lenny Skutniks.” Usually, the achievements or programs for which the President publicly salutes these guests also serve to underscore some major element of the message. For example, guests have included civil rights pioneer Rosa Parks, former President of Afghanistan Hamid Karzai, NBA star and humanitarian Dikembe Mutombo, former Treasury Secretary and Senator Lloyd Bentsen, baseball great Henry “Hank” Aaron, and numerous military servicemembers and veterans.

What Procedures Are Currently Followed When the President Delivers the Message?

A concurrent resolution, agreed to by both chambers, sets aside a certain date and time for a joint session of the House of Representatives and the Senate “for the purpose of receiving such communication as the President of the United States shall be pleased to make to them.”⁴⁴ At the appointed time, the Senators cross the Capitol to the House chamber, where seats are reserved for them at the front of the chamber. The Speaker and the Vice President (in the capacity as President of the Senate) occupy seats at the dais, and the Speaker presides. Aside from reserved places for leadership, seats in the chamber are not assigned to particular Members.⁴⁵ The President is then escorted to the House chamber by a specially appointed committee of Members from both the House and Senate, and upon entering the chamber, the President is announced by the Sergeant at Arms of the House of Representatives. The Speaker then introduces the President, who delivers the address.

What Are the Origins of the Opposition Response?

In 1966, Senator Everett Dirksen and Representative Gerald Ford made a televised joint Republican response to President Lyndon Johnson’s message, a practice that has since become a regular feature and is usually broadcast shortly after the President has completed his remarks.⁴⁶ The format for the opposition response varies, but it usually includes remarks by one or more party leaders (almost always Senators, Representatives, or state governors), who are nationally known or generally considered to be promising, emerging political figures.

What Precautions Were Taken at the Address to Accommodate COVID-19 Pandemic Protocols?

Because of the COVID-19 pandemic, for the April 2021 joint session, a limited number of Members of Congress were in the House chamber. Approximately 200 people were in the chamber; typically, there are more than 1,500 attendees.⁴⁷ That year, some Members were seated

⁴³ Gerhard Peters, The American Presidency Project, “List of Acknowledged Guests Sitting in House Gallery During State of the Union Addresses,” at <https://www.presidency.ucsb.edu/documents/presidential-documents-archive-guidebook/annual-messages-congress-the-state-the-union-2>.

⁴⁴ For example, H.Con.Res. 282, in the 110th Cong., 2nd sess.

⁴⁵ Seats in the well of the House chamber are also reserved for the President’s Cabinet, any Justices of the Supreme Court who choose to attend, and the Joint Chiefs of Staff. Members of the diplomatic corps, who are seated in the gallery, also frequently attend.

⁴⁶ See “Televised Opposition Responses to the President’s Message,” at <http://history.house.gov/Institution/SOTU/Opposition-Speeches/>.

⁴⁷ “All 535 Members of Congress Invited to Biden’s State of the Union Address, but Masks Required,” *ABC News*, (continued...)

in the House gallery to meet social distancing protocols,⁴⁸ and Speaker of the House Nancy Pelosi maintained face-mask guidance inside the House chamber.⁴⁹

In 2022, all 541 Members were invited to attend President Joe Biden's address. Initially, the Sergeant at Arms of the House had issued a memo (on February 17, 2022) announcing guidance for attendance requirements, which included "a negative PCR test one day before the event, the wearing of a high quality, properly fitted, medical-grade filtration mask (KN95 or N95) at all times, and attestation of a negative health screening inventory and social distancing separation of seating."⁵⁰ However, the Office of the Sergeant at Arms released updated information (two days prior to the speech, on February 28, 2022), indicating that PCR testing would still be required, but that "individuals may choose to mask at any time, but it is no longer a requirement."⁵¹ Reportedly, at least six legislators announced that they had tested positive for COVID-19 prior to the address.⁵²

For the February 2023 address, the Acting Sergeant at Arms of the House released attendee information prior the event with no mention of COVID-19 guidelines.⁵³ Post-event news reporting indicated that the White House did not respond to inquiries about chamber protocols, and that, by all appearances, the address had seemingly returned to prepandemic norms.⁵⁴

How Have Advances in Technology Affected the Address?

Advances in technology have dramatically affected the format, audience, and impact of the address. President Calvin Coolidge delivered the first annual message by radio broadcast, in 1923. President Harry Truman's 1947 State of the Union message was the first to be broadcast by television. Free airtime for the President's message and the opposition response is currently provided as a public service by commercial, public broadcast, and cable networks. President George W. Bush's 2002 address was the first to be streamed live from the White House website. For his 2013 address, President Barack Obama's Administration produced an "enhanced broadcast" that included infographics that accompanied his remarks.⁵⁵ In 2024, the official White

archived at <https://web.archive.org/web/20220302043913/https://abcnews.go.com/Politics/535-members-congress-invited-bidens-state-union-address/story?id=82981127>.

⁴⁸ Matt Viser, "Biden Will Close the First Chapter of His Presidency Before a Sparse Crowd—and With a Historic Backdrop," *Washington Post*, April 24, 2021, archived at https://web.archive.org/web/20210623120435/https://www.washingtonpost.com/politics/biden-congress-speech/2021/04/23/d82dc59a-a44e-11eb-a7ee-949c574a09ac_story.html.

⁴⁹ "Congress Prepares for 'Strange' and 'Extraordinary' Presidential Address," *ABC News*, April 28, 2021, archived at <https://web.archive.org/web/20220303021507/https://abcnews.go.com/Politics/congress-prepares-strange-extraordinary-presidential-address/story?id=77318542>.

⁵⁰ Letter from William J. Walker, Sergeant at Arms of the U.S. House of Representatives, to All Members of Congress, Invited Press, and Credentialed Staff, February 17, 2022.

⁵¹ Letter from William J. Walker, Sergeant at Arms of the U.S. House of Representatives, to All Members of Congress, Invited Press, and Credentialed Staff, February 28, 2022. Also see "Capitol leaders rescind mask mandate ahead of State of the Union," *Politico*, at <https://www.politico.com/news/2022/02/27/capitol-leaders-rescind-mask-mandate-sotu-00012167>.

⁵² "State of the Union Attendance Required a COVID Test. 6 Legislators Tested Positive," *National Public Radio*, March 1, 2022, archived at <https://www.npr.org/2022/03/01/1083845000/state-of-the-union-covid>.

⁵³ Letter from William P. McFarland, Acting Sergeant at Arms of the U.S. House of Representatives, to All Members of Congress and Staff, February 6, 2023.

⁵⁴ Andrea Salcedo, "Biden says 'covid no longer controls our lives.' Is he right?," *Washington Post*, February 9, 2023, at <https://www.washingtonpost.com/politics/2023/02/09/sotu-biden-covid-speech>.

⁵⁵ "President Obama's 2013 State of the Union," available at <https://obamawhitehouse.archives.gov/blog/2013/02/13/president-obamas-2013-state-union>.

House website's broadcast provided a sign language interpreter on a separate screen accompanying President Biden's address and offered social media-style reaction buttons allowing viewers to engage with the speech in real-time.⁵⁶

Social media has also served as an increasingly important platform for connecting audiences with the address; for example, President Donald Trump's 2020 remarks generated 14.1 million social media interactions across Facebook, Instagram, and Twitter.⁵⁷ Additionally, President Joe Biden was the first President to mention social media as a topic in his 2022 speech.⁵⁸

Commanding a steadily growing audience of listeners and viewers, successive Presidents learned to use the occasion as an appeal to the nation. The message evolved from being a report to Congress to a direct address to the American people, a platform from which the President announced, explained, and promoted his legislative agenda for the coming year. In 1965, President Lyndon Johnson changed the time of his address from the traditional mid-afternoon to 9:00 p.m., to better attract the largest number of television viewers. The message traditionally draws a large audience: President Barack Obama averaged 38.8 million television viewers over the eight addresses he made.⁵⁹ The largest recorded television audience in recent decades was 66.9 million viewers, for President Bill Clinton's 1993 address to the joint session of Congress (not officially a State of the Union address), whereas President Biden's speech before a joint session of Congress in 2021 attracted the fewest viewers in recent times, at 26.9 million (also not officially a State of the Union address).⁶⁰

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⁵⁶ See <https://bidenwhitehouse.archives.gov/state-of-the-union-2024/>.

⁵⁷ Nielsen, "Over 37 Million Viewers Watch 2020 State of the Union Address," February 5, 2020, at <https://www.nielsen.com/us/en/press-releases/2020/over-37-million-viewers-watch-2020-state-of-the-union-address/>.

⁵⁸ "This Is the First Time a President Mentioned Social Media by Name in a SOTU Speech," *CNN*, March 2, 2022, at <https://www.cnn.com/2022/03/02/media/sotu-biden-social-media/index.html>. President Biden remarked, "Children were also struggling before the pandemic. Bullying, violence, trauma, and the harms of social media. As Frances Haugen, who is here with us tonight, has shown, we must hold social media platforms accountable for the national experiment they're conducting on our children for profit" (see <https://bidenwhitehouse.archives.gov/state-of-the-union-2022/>).

⁵⁹ Average calculated based on figures provided by Nielsen. Nielsen, "Nearly 27 Million Viewers Watch Pres. Joe Biden's First Address to Congress," April 29, 2021, at <https://www.nielsen.com/us/en/press-releases/2021/media-advisory-nearly-27-million-viewers-watch-pres-joe-bidens-first-address-to-congress/>.

⁶⁰ Nielsen, "Nearly 27 Million Viewers Watch Pres. Joe Biden's First Address to Congress," April 29, 2021, at <https://www.nielsen.com/us/en/press-releases/2021/media-advisory-nearly-27-million-viewers-watch-pres-joe-bidens-first-address-to-congress/>.

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