



**Congressional  
Research Service**

Informing the legislative debate since 1914

---

# The TRIO Programs: A Primer

Updated January 6, 2025

**Congressional Research Service**

<https://crsreports.congress.gov>

R42724



**R42724**

January 6, 2025

**Adam K. Edgerton**  
Analyst in Education Policy

## The TRIO Programs: A Primer

The TRIO programs are the primary federal programs providing support services to disadvantaged students to promote achievement in postsecondary education. Although there are now six distinct TRIO programs, the name TRIO originates from the Higher Education Amendments of 1968 (P.L. 90-575), which consolidated a “trio” of programs under one overall program. This report provides a description of the TRIO programs, authorized in Title IV-A-2-1 of the Higher Education Act of 1965 (HEA; P.L. 89-329 as amended).

In FY2024, the TRIO programs were funded at \$1.191 billion, and they served more than 880,000 secondary, postsecondary, and adult students. The TRIO programs have been designed to encourage and prepare qualified individuals from disadvantaged backgrounds for success throughout the educational pipeline from secondary school to undergraduate and graduate education. While the TRIO programs primarily serve low-income, first-generation college students, they also serve students with disabilities, veterans, homeless youth, foster youth, and individuals underrepresented in graduate education. The TRIO programs are also designed to award subsequent grants to prior grantees that have implemented successful projects and propose high-quality projects before awarding applicants without prior TRIO experience.

Each TRIO program serves a different demographic. The TRIO Upward Bound (UB) Program serves secondary school students, providing relatively intensive preparation services and encouragement to help students pursue education beyond secondary school. The TRIO Talent Search (TS) Program provides less-intensive services than UB primarily to students and out-of-school youth to support high school completion and postsecondary enrollment. The TRIO Educational Opportunity Centers (EOC) Program primarily serves adults. The TRIO Student Support Services (SSS) Program aims to motivate undergraduate students to complete their undergraduate education. The Ronald E. McNair Postbaccalaureate Achievement (McNair) Program prepares undergraduate students for graduate school. Finally, the TRIO Staff Development (Training) Program trains TRIO project staff to be more effective.

More than 15 years have passed since the last reauthorization of the TRIO programs. Several key TRIO program provisions were amended by the Higher Education Opportunity Act (HEOA; P.L. 110-315) in 2008. Two key HEOA amendments addressed issues pertaining to the application review process: scoring and second reviews (appeals). The first amendment defined outcome criteria that require the Secretary of Education (Secretary) and each grantee to agree upon objectives/targets for the criteria. The extent to which grantees meet or exceed these objectives determines the number of prior experience (PE) points the grantee may earn as part of its application in the next grant competition. Earning more PE points increases the likelihood of funding. The second amendment established an application review process by which those unsuccessful applicants that can identify a specific technical, administrative, or scoring error may have their applications reviewed a second time (appealed).

Historically, undocumented students are not eligible to receive TRIO services. In 2024, the Department of Education (ED) proposed to expand eligibility for the TS, EOC, and UB programs to secondary students who enroll or seek to enroll in a U.S. high school regardless of their immigration status. In the 118<sup>th</sup> Congress, the American Students First Act (H.R. 8039) would have prohibited this eligibility expansion and prohibited the use of the Performance Partnership Pilot (P3) authority to waive documentation requirements. During the Biden Administration, ED exercised this authority to waive immigration documentation requirements for TRIO participants in Oregon and California.

# Contents

Background .....	1
Pipeline of TRIO Programs .....	2
TRIO Upward Bound (UB) Program .....	2
Eligible Recipients .....	3
Program Participants .....	3
Program Intensity and Activities .....	3
Outcome Criteria .....	4
TRIO Talent Search (TS) Program .....	5
Eligible Recipients .....	5
Program Participants .....	6
Program Intensity and Activities .....	6
Outcome Criteria .....	6
TRIO Educational Opportunity Centers (EOC) Program .....	7
Eligible Recipients .....	7
Program Participants .....	7
Program Intensity and Activities .....	7
Outcome Criteria .....	7
TRIO Student Support Services (SSS) Program .....	8
Eligible Recipients .....	8
Program Participants .....	8
Program Intensity and Activities .....	8
Outcome Criteria .....	9
Ronald E. McNair Postbaccalaureate Achievement (McNair) Program .....	10
Eligible Recipients .....	10
Program Participants .....	10
Program Intensity and Activities .....	10
Outcome Criteria .....	10
TRIO Staff Development (Training) Program .....	11
Eligible Recipients .....	11
Program Participants .....	11
Program Intensity and Activities .....	11
Outcome Criteria .....	11
Comparison of Key Features of the TRIO Programs .....	12
Program Appropriations and Project Participants .....	14
Major HEOA Amendments to Common TRIO Provisions .....	16
Required Program Activities .....	16
Prior Experience Points .....	17
Student-Serving TRIO Programs .....	17
TRIO Training .....	19
Application Review Process (Appeal) .....	19
Award Duration, Amounts, and Numbers of Program Participants .....	19
Multiple Grants for Different Populations .....	20
Proposed Amendments in the 118 <sup>th</sup> Congress .....	20
Undocumented Student Eligibility .....	20
Student Support Services Emergency Assistance .....	21
Student Stipend Size and Overall Appropriations .....	21

Research and Evaluation .....	21
SSS Independent Evaluations .....	22
AY1991-1992 Freshman SSS Participants.....	22
AY2003-2004 Freshmen SSS Participants.....	23
2006 SSS Promising Practices .....	24
AY2007-2008 Freshmen SSS Participants.....	24
SSS Annual Performance Report Data.....	25
UB Independent Evaluations.....	25
UB Annual Performance Report Data.....	28
UB to SSS Pathway.....	28
TS Evaluations .....	28
TS Annual Performance Report Data.....	29
EOC Evaluations.....	29
EOC Annual Performance Report Data .....	29
McNair Independent Evaluations.....	30
McNair Annual Performance Report Data .....	30
Training Evaluations .....	30

## Tables

Table 1. TRIO Program Eligible Grant Recipients.....	12
Table 2. Comparison of the Required Program Participant Demographics Across the TRIO Programs .....	12
Table 3. Comparison of the Required Program Activities for the Student Serving TRIO Programs.....	13
Table 4. TRIO Appropriations and Program Allocations: FY2014-FY2024.....	15
Table 5. Number of TRIO Participants: FY2013-FY2023 .....	16
Table 6. Statutory Outcome Criteria for the Student-Serving TRIO Programs.....	18

## Contacts

Author Information.....	30
-------------------------	----

## Background

Since its inception, the Higher Education Act of 1965 (HEA; P.L. 89-329, as amended) has had a focus on increasing the postsecondary access and achievement of disadvantaged students, including low-income and first-generation college students. The two major approaches are financial support and supportive services. The Pell Grant program is the single largest source of federal grant *aid* supporting primarily low-income postsecondary education students.<sup>1</sup> The Pell Grant program is estimated to have provided approximately \$35.463 billion to approximately 7 million undergraduate students in FY2024.<sup>2</sup> The TRIO programs are the primary federal programs providing *support services* to disadvantaged students to promote achievement in postsecondary education.<sup>3</sup> The Higher Education Amendments of 1968 (P.L. 90-575) consolidated a “trio” of programs under one overall program. The number of TRIO programs has since expanded to six, and they were funded at a total of \$1.191 billion in FY2024.<sup>4</sup>

Collectively, the TRIO programs are designed to identify qualified individuals from disadvantaged backgrounds, prepare them for a program of postsecondary education, provide support services for postsecondary students, motivate and prepare students for doctoral programs, and train individuals serving or preparing for service in the TRIO programs. TRIO services support the federal policy goals of secondary school completion, college preparation, college enrollment, undergraduate completion, and graduate school preparation. There are six distinct TRIO programs (in descending order of FY2024 funding levels):

- TRIO Upward Bound (UB) Program,
- TRIO Student Support Services (SSS) Program,
- TRIO Talent Search (TS) Program,
- TRIO Educational Opportunity Centers (EOC) Program,
- Ronald E. McNair Postbaccalaureate Achievement (McNair) Program, and
- TRIO Staff Development (Training) Program.

The Higher Education Opportunity Act (HEOA; P.L. 110-315) of 2008 made several changes to the TRIO programs to increase accountability, rigor, and uniformity and to ensure that all disadvantaged students had access to the programs.<sup>5</sup> In 2010, the U.S. Department of Education (ED) released the final regulations to implement the HEOA TRIO program provisions.<sup>6</sup>

This report serves as an introduction to the TRIO programs. The initial section describes the provisions of each of the programs, as reauthorized by HEOA. The subsequent section provides a

---

<sup>1</sup> For more information on the Pell Grant program, see CRS Report R45418, *Federal Pell Grant Program of the Higher Education Act: Primer*.

<sup>2</sup> U.S. Department of Education, *Department of Education Fiscal Year 2024 President’s Budget Summary*, <https://www.ed.gov/sites/ed/files/about/overview/budget/budget25/summary/25summary.pdf>.

<sup>3</sup> HEA Title IV-A-2-1; 20 U.S.C. §1070a-11 et seq.

<sup>4</sup> U.S. Department of Education, *Department of Education Fiscal Year 2024 President’s Budget Summary*, <https://www.ed.gov/sites/ed/files/about/overview/budget/budget25/summary/25summary.pdf>.

<sup>5</sup> The Higher Education Technical Corrections Act (P.L. 111-39), Health Care and Education Reconciliation Act of 2010 (P.L. 110-152), and Every Student Succeeds Act (P.L. 114-95) made more recent but technical or conforming changes to the TRIO statutory provisions.

<sup>6</sup> Office of Postsecondary Education and Office of Elementary and Secondary Education, Department of Education, “High School Equivalency Program and College Assistance Migrant Program, The Federal TRIO Programs, and Gaining Early Awareness and Readiness for Undergraduate Program,” 75 *Federal Register* 65712-65803, October 26, 2010.

brief overview of recent funding and participation trends for each of the programs. This is followed by a description of unique provisions and regulations that are common to the TRIO programs, highlighting key statutory and regulatory changes, as well as a short section summarizing proposed changes during the 118<sup>th</sup> Congress. A concluding section presents the key findings and results of recent program evaluations and assessments.

## Pipeline of TRIO Programs

The federal TRIO programs provide support services and some financial assistance primarily to low-income,<sup>7</sup> first-generation<sup>8</sup> college students to help them succeed academically and encourage them to advance through much of the educational pipeline. The TRIO programs work together to provide a pipeline of support services from secondary school through undergraduate education. Each of the TRIO programs is designed to serve a different target population of participants through a different level of education. The following subsections describe the purpose, eligible recipients, program participants, program intensity and activities, and outcome criteria of each of the TRIO programs and are ordered according to their sequence in the educational pipeline:

- UB primarily supports the college preparation of secondary students,
- TS primarily supports the postsecondary enrollment of secondary students,
- EOC primarily supports the postsecondary enrollment of adult students,
- SSS primarily supports the completion of undergraduate education,
- McNair primarily supports graduate school preparation, and
- Training supports TRIO staff development.

For a comparison of eligible grant recipients, program participant requirements, and required program activities, see **Table 1**, **Table 2**, and **Table 3**, respectively.

### TRIO Upward Bound (UB) Program<sup>9</sup>

The UB program is intended to provide intensive preparation and encouragement toward success in education beyond secondary school. UB has three types of projects: Regular UB to prepare secondary school students for programs of postsecondary education, UB Math and Science Centers (UBMS) to prepare high school students for postsecondary education programs that lead to careers in the fields of math and science, and Veterans UB (VUB) to assist military veterans to prepare for a program of postsecondary education. Compared to Regular UB projects, UBMS projects typically serve more students in their junior or senior years, serve students with stronger math and science skills, and emphasize the summer component more.

---

<sup>7</sup> As defined in HEA for purposes of the TRIO programs, a *low-income individual* is an individual whose family's taxable income did not exceed 150% of the Bureau of the Census' poverty level amount in the calendar year preceding the year in which the individual initially participated in the project. In addition, in accordance with a November 7, 2018, ED email to TRIO project directors, the family's income as reported on the most recently completed Free Application for Federal Student Aid (FAFSA), which is based on prior-prior calendar year information, may be used to document income eligibility for the TRIO programs beginning in FY2019.

<sup>8</sup> As defined in HEA and regulations for purposes of the TRIO programs, a *first-generation college student* is an individual whose natural or adoptive parents did not receive a baccalaureate degree; an individual who, prior to the age of 18, regularly resided with and received support from only one parent and whose supporting parent did not receive a baccalaureate degree; or, depending on the program, an individual who, prior to the age of 18, did not regularly reside with or receive support from a natural or an adoptive parent.

<sup>9</sup> HEA §402C; 20 U.S.C. §1070a-13; 34 C.F.R. §645.

## Eligible Recipients

Grants or contracts are available to institutions of higher education (IHEs); public and private agencies and organizations, including community-based organizations (CBOs) with experience in serving disadvantaged youth; secondary schools; and combinations of such institutions, agencies, and organizations.

## Program Participants

All participants must have completed eight years of elementary education and be at least 13 years of age but not more than 19 years of age, unless the age and grade limitation defeats the purpose of the program. In addition, all participants must be in need of academic support to pursue education beyond secondary school successfully. At least two-thirds of the program participants must be low-income, first-generation college students. The remainder of Regular UB and VUB participants (up to one-third) must be low-income, first-generation, or at risk of academic failure. The remainder of UBMS participants (up to one-third) must be low-income or first-generation. Program regulations define a Regular UB participant who has a high risk for academic failure as an individual who is not at the proficient level on state assessments in reading or language arts; is not at the proficient level on state assessments in math; has not successfully completed pre-algebra or algebra by the beginning of the 10<sup>th</sup> grade; or has a grade point average of 2.5 or less (on a 4.0 scale) for the most recent school year. Program regulations define a military veteran who has a high risk for academic failure as an individual who has been out of high school or dropped out of a program of postsecondary education for five or more years; has scored on standardized tests below the level that demonstrates a likelihood of success in a program of postsecondary education; or meets the definition of an individual with a disability.<sup>10</sup>

## Program Intensity and Activities

Historically, UB has been a relatively high-intensity program for precollege students. In FY2023 on average, Regular UB, UBMS, and VUB projects expended \$5,117, \$5,070, and \$2,459 per participant, respectively.<sup>11</sup> The Regular UB and UBMS per-participant spending is, on average, at least eight times higher than TS and EOC projects, which may also serve secondary school students.

The HEA requires each grantee to provide the following seven services:

- instruction in mathematics through precalculus, laboratory science, foreign language, composition, and literature, as part of the core curriculum in the third and succeeding years;<sup>12</sup>
- academic tutoring to enable students to complete secondary or postsecondary courses;

---

<sup>10</sup> For the purposes of all the TRIO programs and since October 2010, an individual with a disability is a person with a disability, as that term is defined in §12102 of the Americans with Disabilities Act (ADA; 42 U.S.C. §12101 et seq.). Prior to October 2010, program regulations defined “individual with disabilities [as] a person who has a diagnosed physical or mental impairment that substantially limits that person’s ability to participate in the educational experiences and opportunities offered by the grantee institution.”

<sup>11</sup> U.S. Department of Education, *Department of Education Fiscal Year 2025 President’s Budget*, Congressional Budget Justification: Higher Education, <https://www.ed.gov/sites/ed/files/about/overview/budget/budget25/justifications/w-highered.pdf>.

<sup>12</sup> Although some grantees such as high schools may already offer these instructional services to UB participants and other students, other grantees must include these instructional services as part of the core curriculum.

- secondary and postsecondary course selection advice and assistance;
- assistance in preparing for college entrance examinations and assistance in completing college admission applications;
- information on student financial aid opportunities and assistance in completing financial aid applications;
- guidance on and assistance in methods for achieving a secondary school diploma or an equivalent or postsecondary education; and
- education or counseling services designed to improve financial and economic literacy.

Per regulations, Regular UB and UBMS grantees must provide a summer instructional component. Regulations also require UBMS grantees to provide participants with opportunities to learn from mathematicians and scientists who are engaged in research and teaching and opportunities with graduate and undergraduate science and mathematics majors.

Program statute lists permissible activities such as exposure to cultural events, academic programs not usually available to disadvantaged students, mentoring programs, and programs and activities designed specifically for special populations.<sup>13</sup> Program regulations allow UB grantees, under certain conditions, to pay tuition for courses that will allow participants to complete a rigorous secondary school program of study and room and board for a residential summer instructional component.

Regular UB and UBMS grantees may also provide work-study or stipends. The Regular UB and UBMS stipends may not exceed \$40 per month for the academic year component and may not exceed \$60 per month for the three-month summer recess, except that youth participating in work-study may be paid \$300 per month during the summer recess. Regular UB and UBMS stipends are for full-time, *satisfactory* participants only.<sup>14</sup>

VUB grantees may provide such services as short-term remedial or refresher courses, stipends, and assistance accessing veteran support services. The VUB stipend may not exceed \$40 per month and is for full-time, *satisfactory* participants only.

## Outcome Criteria

All UB projects must annually report the extent to which they meet or exceed the goals approved in their application for the following outcome criteria:

- the number of participants served;
- participant school performance, as measured by the percentage of participants with a specified cumulative grade point average (inapplicable to VUB grantees);
- participant academic performance, as measured by the percentage of participants scoring at or above the proficient level on state standardized tests in reading/language arts and math, or, in the case of VUB, receiving a better score on a standardized test after completing the program;

---

<sup>13</sup> Special populations include students who are limited English proficient, students from groups that are traditionally underrepresented in postsecondary education, students with disabilities, students who are homeless children and youths who are in foster care or are aging out of the foster care system, and other disconnected students.

<sup>14</sup> Satisfactory participation is defined in regulations as having regular program attendance and performing in accordance with standards established by the grantee and described in the application.



- secondary school retention and graduation of participants, as measured by the percentage of participants reenrolling at the next grade level or graduating with a regular high school diploma or, in the case of VUB, program retention or completion;
- completion of a rigorous secondary school curriculum (see box below), as measured by the percentage of current and prior participants expected to graduate who actually graduate with a regular high school diploma and complete a rigorous secondary school curriculum (inapplicable to VUB grantees);
- postsecondary enrollment of participants, as measured by the percentage of current and prior participants expected to graduate or, in the case of VUB, who have completed the VUB program and enrolled in an IHE within a specified timeframe; and
- completion of a postsecondary degree, as measured by the percentage of prior participants enrolled in an IHE within a specified timeframe who graduate with a degree within a specified period or, in the case of VUB, completion of postsecondary education.

### **Rigorous Secondary School Program of Study**

A rigorous secondary school program of study is defined in regulations as a program of study that is

- recognized as such for the no-longer-funded Academic Competitiveness Grant (ACG) Program (HEA Section 401A);
- an advanced or honors program established by the state;
- any program in which a student successfully completes at least four years of English; three years of mathematics, including algebra I and a higher-level class; three years of science, including one year each of at least two of the following courses: biology, chemistry, and physics; three years of social studies; and one year of a language other than English;
- a program identified by a state-level partnership that is recognized by the no-longer-funded State Scholars Initiative;
- any program for a student who completes at least two courses from an International Baccalaureate (IB) Diploma Program and receives a score of a “4” or higher on the examinations for at least two of those courses; or
- any program for a student who completes at least two Advanced Placement (AP) courses and receives a score of “3” or higher on the AP exams for at least two of those courses.

## **TRIO Talent Search (TS) Program<sup>15</sup>**

Like the UB program, the TS program also has the aim of high school completion and postsecondary enrollment. It encourages students to complete high school and enroll in postsecondary education; helps students apply for student financial assistance; and encourages older individuals who have not completed secondary or postsecondary education to enter, or reenter, and complete such programs.

### **Eligible Recipients**

Grants or contracts are available to institutions of higher education (IHEs); public and private agencies and organizations, including community-based organizations (CBOs) with experience in

<sup>15</sup> HEA §402B; 20 U.S.C. §1070a-12; 34 C.F.R. §643.

serving disadvantaged youth; secondary schools; and combinations of such institutions, agencies, and organizations.

### **Program Participants**

All participants must have completed five years of elementary education or be at least 11 years of age but not more than 27 years of age, unless the age and grade limitation defeats the purpose of the program. Individuals over 27 years of age may participate if they cannot be served by an area Educational Opportunity Centers (EOC) grantee. At least two-thirds of the program participants must be low-income, first-generation college students.

### **Program Intensity and Activities**

Grantees must provide course selection advice and assistance, assistance in preparing for college entrance examinations, assistance in completing college admission applications, information on student financial aid opportunities, assistance in completing financial aid applications, and guidance on and assistance in methods for achieving a secondary school diploma or an equivalent or postsecondary education. Because TS is a less intensive program than UB, grantees need only provide connections to tutoring and connections to services designed to improve financial and economic literacy. For FY2023, the average cost per TS participant was \$568.<sup>16</sup>

Examples of permissible activities are exposure to cultural events, academic programs not usually available to disadvantaged students, mentoring programs, tutoring, counseling, exposure to careers or higher education, and related programs and activities designed specifically for special populations.<sup>17</sup> Program regulations permit grantees to pay for educational costs, such as tuition, transportation, meals, high school equivalency programs, and college applications, if necessary, for participants.

### **Outcome Criteria**

All TS projects must annually report the extent to which they meet or exceed the goals approved in their application for the following statutory outcome criteria:

- the number of participants served;
- the secondary school retention of participants;
- the graduation of participants with a regular secondary school diploma in the standard number of years;
- the graduation of participants having completed a rigorous secondary school curriculum;
- the postsecondary enrollment of participants; and
- the postsecondary education completion of participants.

---

<sup>16</sup> U.S. Department of Education, *Department of Education Fiscal Year 2025 President's Budget*, Congressional Budget Justification: Higher Education, <https://www.ed.gov/sites/ed/files/about/overview/budget/budget25/justifications/w-highered.pdf>.

<sup>17</sup> Special populations include students who are limited English proficient, students from groups that are traditionally underrepresented in postsecondary education, students with disabilities, students who are homeless children and youths who are in foster care or are aging out of the foster care system, and other disconnected students.

## TRIO Educational Opportunity Centers (EOC) Program<sup>18</sup>

Like Upward Bound (UB) and Talent Search (TS), the EOC program also supports high school completion and postsecondary enrollment. EOC provides information on financial and academic assistance available to individuals who want to pursue postsecondary education; provides assistance in applying for admission to postsecondary education and assistance in completing financial aid applications; and improves the financial and economic literacy of students.

### Eligible Recipients

Grants or contracts are available to IHEs; public and private agencies and organizations, including CBOs with experience in serving disadvantaged youth; secondary schools; and combinations of such institutions, agencies, and organizations.

### Program Participants

All participants must be at least 19 years of age, unless the age limitation defeats the purpose of the program. One prominent distinction between the TS and EOC programs is that EOC grantees generally serve an adult population; however, TS may serve adults and EOC may serve secondary-age students if the individuals cannot be appropriately served by the other program and if the individual's participation does not dilute the project's services. In addition, at least two-thirds of the program participants must be low-income, first-generation college students.

### Program Intensity and Activities

EOC projects provide the least intensive services, as reflected by the \$294 cost per participant in FY2023.<sup>19</sup> Unlike the other student-serving TRIO programs, EOC statutory provisions do not establish activities required of all grantees. Grantees may provide such services as academic advice and assistance in course selection, tutoring, public information campaigns regarding postsecondary education opportunities, and counseling and guidance. The EOC projects may also provide programs and activities designed specifically for special populations.<sup>20</sup> Program regulations allow spending on transportation, meals, and, with specific prior approval of the Secretary, lodging under limited circumstances because the EOC program is intended to have a low cost per participant. Program regulations also allow grantees to pay for college applications, college entrance examinations, and examination fees for alternative education programs.

### Outcome Criteria

All EOC projects must annually report the extent to which they meet or exceed the goals approved in their application for the following statutory outcome criteria:

- the total number of program participants;

---

<sup>18</sup> HEA §402F; 20 U.S.C. §1070a-16; 34 C.F.R. §644.

<sup>19</sup> U.S. Department of Education, *Department of Education Fiscal Year 2025 President's Budget*, Congressional Budget Justification: Higher Education, <https://www.ed.gov/sites/ed/files/about/overview/budget/budget25/justifications/w-highered.pdf>.

<sup>20</sup> Special populations include students who are limited English proficient, students from groups that are traditionally underrepresented in postsecondary education, students with disabilities, students who are homeless children and youths students who are in foster care or are aging out of the foster care system, and other disconnected students.

- the completion of a secondary school diploma or its recognized equivalent by participants that did not have a secondary school diploma or its recognized equivalent;
- the enrollment of secondary school graduates who were served by the program in programs of postsecondary education;
- the number of participants completing financial aid applications; and
- the number of participants applying for college admission.

## TRIO Student Support Services (SSS) Program<sup>21</sup>

The SSS program provides support services to college students with the aim of improving their retention, graduation rates, financial and economic literacy, and transfers from two-year to four-year schools. SSS programs are also intended to foster an institutional climate supportive of potentially disconnected students.<sup>22</sup>

### Eligible Recipients

Grants or contracts are available to IHEs and combinations of IHEs.

### Program Participants

All SSS participants must be enrolled, or accepted for enrollment, at a grantee IHE and be in need of academic support to pursue education successfully beyond secondary school. At least two-thirds of participants must be in at least one of the following two categories: students with disabilities<sup>23</sup> or students who are both low-income and first-generation. The remaining participants (up to one-third) must meet at least one of the following three criteria: be low-income, first-generation, or students with disabilities. Also, at least one-third of the participating students with disabilities must be low-income.

### Program Intensity and Activities

In FY2023, SSS projects expended \$1,824 per participant, on average.<sup>24</sup> All TRIO SSS programs must offer

- academic tutoring, directly or through other institutional services;
- course selection advice and assistance;
- education or counseling services designed to improve financial and economic literacy;

---

<sup>21</sup> HEA §402D; 20 U.S.C. §1070a-14; 34 C.F.R. §646.

<sup>22</sup> Disconnected students include students who are limited English proficient, students from groups that are traditionally underrepresented in postsecondary education, students with disabilities, students who are homeless children and youths, and students who are in foster care or are aging out of the foster care system.

<sup>23</sup> For the purpose of all the TRIO programs and since October 2010, an individual with a disability is a person with a disability, as that term is defined in §12102 of the Americans with Disabilities Act (ADA; 42 U.S.C. §12101 et seq.). Prior to October 2010, program regulations defined “individual with disabilities [as] a person who has a diagnosed physical or mental impairment that substantially limits that person’s ability to participate in the educational experiences and opportunities offered by the grantee institution.”

<sup>24</sup> U.S. Department of Education, *Department of Education Fiscal Year 2025 President’s Budget*, Congressional Budget Justification: Higher Education, <https://www.ed.gov/sites/ed/files/about/overview/budget/budget25/justifications/w-highered.pdf>.

- information on student financial aid opportunities and assistance in completing financial aid applications; and
- assistance in applying for admission to, and obtaining financial assistance for enrollment in, either graduate and professional programs to students enrolled in four-year IHEs or four-year programs of postsecondary education to students enrolled in two-year IHEs.

In addition to the required services, grantees may also provide services such as academic or career counseling, exposure to cultural events, academic programs not usually available to disadvantaged students, mentoring programs, temporary housing for homeless and foster care youth, related programs and activities designed specifically for special populations,<sup>25</sup> and student aid stipends. Program regulations allow grantees to provide transportation and, with prior approval of the Secretary, meals and lodging for participants and staff during approved educational and cultural activities sponsored by the project. Program regulations limit expenditures on professional development travel to no more than 4% of staff salaries.

Projects may provide student aid stipends to program participants who are in the first two years of postsecondary education and who are receiving Pell Grants.<sup>26</sup> If the needs of Pell-recipient SSS program participants in the first two years of postsecondary education are fulfilled, projects may also provide student aid stipends to Pell-recipient SSS program participants who have completed the first two years of postsecondary education and who are at high risk of dropping out. Student aid stipends must be greater than 10% of the total maximum Pell Grant award amount but no more than the total maximum Pell Grant award amount as determined for each student.<sup>27</sup> Grantees may not use more than 20% of their SSS award for student aid stipends and must match at least one-half of the federal funds used for SSS student aid stipends, in cash, from nonfederal sources unless the IHE is eligible for Title III-A, Title III-B, or Title V of the HEA. Title III-A, Title III-B, and Title V of the HEA provide institutional aid to minority-serving institutions (MSIs), which are IHEs that generally serve high concentrations of racial and ethnic minority students, have relatively low educational and general expenditures, and enroll high proportions of financially needy students.<sup>28</sup>

## Outcome Criteria

All SSS projects must annually report the extent to which they meet or exceed the goals approved in their application for the following statutory outcome criteria:

- the number of participants;
- participant postsecondary retention;
- the participants who remain in good academic standing;

---

<sup>25</sup> Special populations include students who are limited English proficient, students from groups that are traditionally underrepresented in postsecondary education, students with disabilities, students who are homeless children and youths who are in foster care or are aging out of the foster care system, and other disconnected students.

<sup>26</sup> For more information on Pell Grants, see CRS Report R45418, *Federal Pell Grant Program of the Higher Education Act: Primer*.

<sup>27</sup> An SSS student aid stipend shall not be considered in determining that student's need for grant or work assistance under Title IV of the HEA, but the total amount of student financial assistance awarded to a student under Title IV of the HEA cannot exceed that student's cost of attendance.

<sup>28</sup> For more information on the HEA Title III-A, Title III-B, or Title V programs, see CRS In Focus IF10959, *Overview of Programs Supporting Minority-Serving Institutions Under the Higher Education Act*.

- for two-year IHEs, the completion of a degree or certificate and the transfer to baccalaureate degree-granting IHEs; and
- for baccalaureate degree-granting IHEs, the percentage of students completing the degree programs in which enrolled.

## Ronald E. McNair Postbaccalaureate Achievement (McNair) Program<sup>29</sup>

The TRIO McNair program helps prepare disadvantaged college students for subsequent doctoral study by providing research opportunities, internships, counseling, tutoring, and other preparatory activities.

### Eligible Recipients

Grants or contracts are available to IHEs and combinations of IHEs.

### Program Participants

All participants must be enrolled in a nondoctoral degree program at a grantee IHE. At least two-thirds of students served must be low-income, first-generation college students. The remaining one-third of participants must be from a group that is underrepresented in graduate education. The following groups are underrepresented in graduate education: Black (non-Hispanic) persons, Hispanic persons, American Indian persons, Alaska Native persons, Native Hawaiian persons, Native American Pacific Islander persons, and persons from groups documented by standard statistical references or other national survey data as underrepresented in certain academic disciplines and as accepted by ED.<sup>30</sup>

### Program Intensity and Activities

In FY2023, on average, McNair projects expended \$10,244 per participant.<sup>31</sup> All projects must provide academic tutoring, academic counseling, summer internships that prepare participants for doctoral study, opportunities for research or other scholarly activities, seminars and other educational activities designed to prepare students for doctoral study, and assistance in securing graduate program admissions and financial assistance. Projects may provide stipends of no more than \$2,800 annually and the costs of summer tuition, summer room and board, and transportation to students engaged in summer research internships, provided that the student has completed the sophomore year before the internship begins. Projects may also provide services such as mentoring programs, exposure to cultural events and academic programs, and services designed to improve financial and economic literacy.

### Outcome Criteria

All McNair projects must annually report the extent to which they meet or exceed the goals approved in their application for the following statutory outcome criteria:

---

<sup>29</sup> HEA §402E; 20 U.S.C. §1070a-15; 34 C.F.R. §647.

<sup>30</sup> 34 C.F.R. §§647.3(c)(3), 647.7.

<sup>31</sup> U.S. Department of Education, *Department of Education Fiscal Year 2025 President's Budget*, Congressional Budget Justification: Higher Education, <https://www.ed.gov/sites/ed/files/about/overview/budget/budget25/justifications/w-highered.pdf>.

- the total number of program participants;
- the provision of appropriate scholarly or research activities for participants;
- the acceptance and enrollment of participants in graduate programs;
- the retention of prior participants in graduate study; and
- the attainment of doctoral degrees by prior participants.

## **TRIO Staff Development (Training) Program<sup>32</sup>**

The TRIO Training program provides training to existing and potential TRIO program staff to improve project administration, operation, outcomes, and outreach.

### **Eligible Recipients**

Two-year grants or contracts are available to IHEs and public and private nonprofit institutions and organizations.

### **Program Participants**

Program participants are staff and leadership personnel employed in, participating in, or preparing for employment in, TRIO programs and projects.

### **Program Intensity and Activities**

Grantees provide annual training through conferences, internships, seminars, workshops, and manuals designed to improve TRIO programs. Allowable costs include transportation and lodging of participants, staff, and consultants and honorariums for speakers. Training is designed specifically for new TRIO project directors and designed to cover specific topics such as legislative and regulatory requirements, the use of educational technology, or strategies for recruiting disconnected students. ED establishes absolute priorities to ensure the desired populations and specific topics are covered in each grant competition. At least one grantee will train new TRIO project directors. At least one grantee will cover the specific topics listed in the application notice. ED also ensures that training is offered in every geographic region and customized to local needs.

### **Outcome Criteria**

Unlike the student-serving TRIO programs, there are no statutorily defined outcome criteria for the Training program. Program regulations require all Training projects to annually report the extent to which they meet or exceed the goals approved in their application for the following outcome criteria:

- the number of participants served;
- assisting participants in developing increased qualifications and skills to meet the needs of disadvantaged students;
- providing the participants with an increased knowledge and understanding of the TRIO programs; and
- the applicant meeting all administrative requirements.

---

<sup>32</sup> HEA §402G; 20 U.S.C. §1070a-17; 34 C.F.R. §642.

## Comparison of Key Features of the TRIO Programs

A comparison of program features and eligible participants across the TRIO programs follows.

**Table 1. TRIO Program Eligible Grant Recipients**

Eligible Grant Recipients	Upward Bound	Talent Search	Educational Opportunity Centers	Student Support Services	Ronald E. McNair Postbaccalaureate Achievement	Staff Development
Institutions of higher education (IHEs)	✓	✓	✓	✓	✓	✓
Public and private agencies and organizations	✓	✓	✓	✗	✗	✗
Secondary schools	✓	✓	✓	✗	✗	✗
Combinations of the above institutions, agencies, and organizations	✓	✓	✓	✓	✓	✗

**Source:** Table prepared by CRS based on statutory and regulatory provisions.

**Notes:** “✓” indicates an entity is eligible to receive a TRIO grant. “✗” indicates an entity is ineligible.

**Table 2. Comparison of the Required Program Participant Demographics Across the TRIO Programs**

Program	Age/Grade Range	Additional	>= 2/3 of Participants	Remaining up to 1/3 of Participants
Upward Bound	After eight years of elementary education and 13-19 years of age <sup>a</sup>	In need of academic support to pursue education beyond secondary school successfully	Low-income, first-generation college students	Low-income, first-generation college, or at risk of academic failure <sup>b</sup> for Regular Upward Bound and Veterans Upward Bound or low-income or first-generation college for Upward Bound Math-Science
Talent Search	After five years of elementary education or 11-27 years of age <sup>a</sup>	Over 27 years of age if Educational Opportunity Centers not accessible	Low-income, first-generation college students	NA
Educational Opportunity Centers	>= 19 years of age <sup>a</sup>	Under 19 years of age if Talent Search not accessible	Low-income, first-generation college students	NA



Program	Age/Grade Range	Additional	>= 2/3 of Participants	Remaining up to 1/3 of Participants
Student Support Services	Enrolled or accepted for enrollment at grantee institution	In need of academic support to pursue education beyond secondary school successfully	Low-income, first-generation college students or students with disabilities	Low-income, first-generation college, or students with disabilities
Ronald E. McNair Postbaccalaureate Achievement	Enrolled in a degree program at grantee institution	NA	Low-income, first-generation college students	Underrepresented in graduate education
Staff Development	NA	Potential and current TRIO staff and leadership personnel	NA	NA

**Source:** Table prepared by CRS based on statutory provisions.

**Notes:** NA means not applicable.

- a. The age and grade range requirements are applicable unless the age and grade limitation defeats the purpose of the program.
- b. A Regular UB individual who has a high risk for academic failure is not at the proficient level on state assessments in reading or language arts; is not at the proficient level on state assessments in math; has not successfully completed pre-algebra or algebra by the beginning of the 10<sup>th</sup> grade; or has a grade point average of 2.5 or less (on a 4.0 scale) for the most recent school year. A veteran who has a high risk for academic failure has been out of high school or dropped out of a program of postsecondary education for five or more years; has scored on standardized tests below the level that demonstrates a likelihood of success in a program of postsecondary education; or meets the definition of an individual with a disability.

**Table 3. Comparison of the Required Program Activities for the Student Serving TRIO Programs**

Required Activity	Upward Bound	Talent Search	Educational Opportunity Centers <sup>a</sup>	Student Support Services	Ronald E. McNair Postbaccalaureate Achievement
Assistance with college entrance examinations and admission applications	✓	✓	✗	✓	✓
Information on financial aid opportunities and assistance in completing financial aid applications	✓	✓	✗	✓ <sup>b</sup>	✓
Academic tutoring	✓	✓ <sup>c</sup>	✗	✓	✓
Course selection advice and assistance	✓	✓	✗	✓	✗
Services to improve financial and economic literacy	✓	✓ <sup>c</sup>	✗	✓	✗
Guidance on and assistance in methods for achieving a secondary school diploma or an equivalent or postsecondary education	✓	✓	✗	✗	✗
Academic instruction	✓	✗	✗	✗	✗
Summer component	✓ <sup>d</sup>	✗	✗	✗	✓ <sup>e</sup>

Required Activity	Upward Bound	Talent Search	Educational Opportunity Centers <sup>a</sup>	Student Support Services	Ronald E. McNair Postbaccalaureate Achievement
Research and teaching and opportunities	√ <sup>i</sup>	×	×	×	√ <sup>s</sup>
Seminars and activities designed to prepare students for doctoral study	×	×	×	×	√
Academic counseling	×	×	×	×	√

**Source:** Table prepared by CRS based on statutory and regulatory provisions.

**Notes:** “√” indicates a required activity for a specific TRIO program. “×” indicates an activity is not required.

- a. Educational Opportunity Centers’ statutory provisions do not establish activities required of all grantees.
- b. Student Support Services’ grantees must provide assistance in applying for admission to, and obtaining financial assistance for enrollment in, either graduate and professional programs to students enrolled in four-year institutions of higher education (IHEs) or four-year programs of postsecondary education to students enrolled in two-year IHEs.
- c. Talent Search grantees need only provide connections to tutoring and connections to services designed to improve financial and economic literacy.
- d. Upward Bound and Upward Bound Math-Science regulations require that grantees provide a summer instructional component.
- e. The Ronald E. McNair Postbaccalaureate Achievement summer component is internships that prepare participants for doctoral study.
- f. Regulations require Upward Bound Math-Science grantees to provide participants with opportunities to learn from mathematicians and scientists who are engaged in research and teaching and opportunities with graduate and undergraduate science and mathematics majors.
- g. Ronald E. McNair Postbaccalaureate Achievement projects must provide opportunities for research or other scholarly activities.

## Program Appropriations and Project Participants

The Higher Education Act (HEA), as amended, authorized a total of \$900 million for FY2009 and such sums as necessary for each of FY2010-FY2014 for the TRIO programs. Of the TRIO authorization, only McNair had a specified authorization level of at least \$11 million for each of FY2009-FY2014. The authorization of appropriations was intended to provide guidance regarding the appropriate amount of funds to carry out the authorized activities of a program. The authorization was extended through FY2015 under the General Education Provisions Act (GEPA), although the programs have continued to receive appropriations through the annual Labor-HHS-ED appropriations acts.<sup>33</sup>

The annual *discretionary* appropriation is a single amount for all of the TRIO programs. The appropriation provides budget authority to the U.S. Department of Education to incur obligations and authorize payments for the specified programs. An examination of appropriations over the last decade shows that the annual appropriation generally increased each year from \$838 million in FY2014 to \$1.191 billion in FY2024. The Secretary allocates the discretionary appropriation to the various TRIO programs. **Table 4** displays appropriations and allocations over the latest 11-year period.

<sup>33</sup> For more information on GEPA’s Contingent Extension of Programs, see CRS Report R41119, *General Education Provisions Act (GEPA): Overview and Issues*.

**Table 4. TRIO Appropriations and Program Allocations: FY2014-FY2024**

(Dollars in millions)

<b>TRIO Programs and Spending</b>	<b>FY2014</b>	<b>FY2015</b>	<b>FY2016</b>	<b>FY2017</b>	<b>FY2018</b>	<b>FY2019</b>	<b>FY2020</b>	<b>FY2021</b>	<b>FY2022</b>	<b>FY2023</b>	<b>FY2024</b>
<i>Discretionary Appropriations</i>											
Talent Search	135	135	150	152	158	180	170	185	184	177	197
Upward Bound	265	263	270	312	356	343	353	336	336	381	382
Veterans Upward Bound	14	14	14	18	18	19	20	19	19	22	22
Upward Bound Math-Science	43	43	44	58	68	64	65	65	72	79	80
Educational Opportunity Centers	47	47	56	51	52	54	56	61	60	64	66
Student Support Services	282	297	328	304	304	335	374	390	351	394	367
Ronald E. McNair Postbaccalaureate Achievement	46	33	29	46	48	59	42	36	51	61	61
Staff Development	2	2	3	3	3	3	3	3	3	4	4
Evaluation	2	2	2	3	1	—	<1	—	—	—	—
Administrative expenses	4	4	4	4	2	2	5	2	5	8	11
<i>Total TRIO</i>	<i>838</i>	<i>840</i>	<i>900</i>	<i>950</i>	<i>1,010</i>	<i>1,060</i>	<i>1,090</i>	<i>1,097</i>	<i>1,097</i>	<i>1,191</i>	<i>1,191</i>

**Source:** U.S. Department of Education, *Department of Education President's Budget*, Congressional Budget Justification: Higher Education, FY2015-FY2025.**Notes:** Totals may not add due to rounding. <1 means the amount was greater than zero but too small to round to one.

TRIO programs participation has neared 900,000 annually in the years since the COVID-19 pandemic (**Table 5**). Talent Search, a lower-intensity program, serves approximately 40% of the participants with 16% of the appropriation. The EOC and SSS programs each serve approximately one-quarter of TRIO participants. The intensity of services received and the duration of participation differs for each program and among individuals in the same program.

**Table 5. Number of TRIO Participants: FY2013-FY2023**

(In thousands)

TRIO Programs	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
Talent Search	300	311	310	319	313	310	310	310	—	351	343
Upward Bound	59	61	61	62	70	71	71	71	—	74	74
Veterans Upward Bound	6	7	7	7	8	8	8	8	—	9	9
Upward Bound Math-Science	10	10	10	10	13	13	13	13	—	15	16
Educational Opportunity Centers	181	190	190	226	200	194	194	193	—	219	217
Student Support Services	198	202	205	203	203	203	202	209	—	209	209
Ronald E. McNair Postbaccalaureate Achievement	4	4	4	4	5	5	5	5	—	6	6
Total	758	785	787	831	812	804	803	809	—	883	874

**Source:** U.S. Department of Education, *Department of Education President's Budget*, Congressional Budget Justification: Higher Education, FY2015-FY2025.

**Notes:** The numbers may represent a duplicative count of students. Participant counts were not reported for FY2021 in congressional budget justifications because of disruptions during the COVID-19 pandemic. Data reflect the number of participants projects were funded to serve, not the number of participants actually served.

## Major HEOA Amendments to Common TRIO Provisions

Several statutory provisions common to most of the TRIO programs were amended or added by the Higher Education Opportunity Act (HEOA; P.L. 110-315) of 2008. The HEOA made several important changes to the grant-making process, which impact the way the Department of Education administers the programs and the way grantees implement their funds. Through the HEOA, Congress also attempted to standardize the grant cycle and maximize the numbers of disadvantaged students participating.

### Required Program Activities

TRIO services support the goals of secondary school completion, college preparation, college enrollment, undergraduate completion, and graduate school preparation. Prior to the HEOA, statutory provisions identified only a list of permissible services for each of the programs. With the exception of EOC, the HEOA defined a list of required services and a list of permissible services for each program. The required services are expected to increase consistency across

grantees, and it is hoped that this will increase program effectiveness. All of the required services must be made available to all program participants; however, not all participants may need or choose to avail themselves of the required services. In other words, the required services must be offered by the program, but participants have the ability to choose which services they receive. Grantees may offer services that are not listed explicitly as required or permissible as long as the services further the purpose of the program. The required activities are described in the relevant program sections above and presented for the student-serving programs in **Table 3**.

## Prior Experience Points

The TRIO programs have always been designed to reward successful grantees with new grants. In making new discretionary grants, ED employs peer reviewers who have relevant background and expertise to read and evaluate grant applications. The peer reviewers score each application up to 100 points based on a set of selection criteria. ED also calculates prior experience (PE) points based on each applicant's *prior experience* of service delivery.

## Student-Serving TRIO Programs

For the student-serving TRIO programs, statutory provisions require ED to consider each applicant's *prior experience* of service delivery by allowing prior grantees to earn additional prior experience (PE) points. Grants are then awarded in rank order on the basis of the applicant's total score: peer review score plus PE points.

PE points are awarded according to the extent to which a student-serving TRIO program grantee meets or exceeds the objectives in its prior application. Prior to the HEOA during the FY2006 TS and EOC competitions, several applicants charged that they were denied funding because ED did not apply PE points uniformly and according to its regulations. ED's Office of Inspector General (OIG) found that ED had improperly awarded PE points by not complying with its regulations, awarding PE points to applicants that did not meet minimum requirements, making execution errors, and changing the process.<sup>34</sup> The OIG also found that ED did not have a well-defined, transparent process for reviewing grantee performance and did not hold grantees responsible for serving fewer participants than funded to serve.<sup>35</sup>

Congress through the HEOA desired to increase the rigor, quality, effectiveness, and accountability of the TRIO student-serving programs by establishing outcome criteria on which to base PE points for each of the student-serving programs (see **Table 6**).<sup>36</sup> The Secretary and applicant agree upon targets/objectives for each of the outcome criteria, as defined by statute and refined in regulations and *Federal Register* notices. Statutory provisions also require that the outcome criteria measure the quality and effectiveness of projects annually and over multiple years. By regulation, prior grantees that failed to serve at least 90% of the approved number of participants do not receive any PE points.

<sup>34</sup> U.S. Department of Education, Office of Inspector General, *Review of the Office of Postsecondary Education's Awarding of Prior Experience Points in the 2006 Educational Opportunity Centers and Talent Search Grant Competitions: Final Inspection Report*, ED-OIG/I13I0001, Washington, DC, September 8, 2008.

<sup>35</sup> U.S. Department of Education, Office of Inspector General, *Review of the Office of Postsecondary Education's Actions to Address Talent Search and Educational Opportunity Centers Grantees That Did Not Serve the Number of Participants They Were Funded to Serve in Fiscal Years 2003-07*, ED-OIG/I13I0007, Washington, DC, September 30, 2009.

<sup>36</sup> U.S. Congress, House Committee on Education and Labor, *College Opportunity and Affordability Act of 2007*, 110<sup>th</sup> Cong., 1<sup>st</sup> sess., December 19, 2007, H.Rept. 110-500.

**Table 6. Statutory Outcome Criteria for the Student-Serving TRIO Programs**

Outcome Criteria <sup>a</sup>	Upward Bound	Talent Search	Educational Opportunity Centers	Student Support Services	Ronald E. McNair Postbaccalaureate Achievement
<b>Number of participants served</b>	✓	✓	✓	✓	✓
<b>Secondary school education</b>					
Secondary education enrollment	×	×	✓	×	×
Secondary school retention	×	✓	×	×	×
School performance, as measured by grade point average or the equivalent	✓	×	×	×	×
Academic performance, as measured by standardized tests	✓	×	×	×	×
Secondary school retention and graduation	✓	×	×	×	×
Secondary school graduation with a regular diploma in the standard number of years	—	✓	×	×	×
Completion of a rigorous secondary school program of study	✓	✓	×	×	×
<b>Undergraduate postsecondary education</b>					
Assistance completing financial aid applications and college admission applications	×	×	✓	×	×
Postsecondary enrollment	×	×	✓	×	×
Postsecondary enrollment in an institution of higher education	✓	✓	×	×	×
Good academic standing	×	×	×	✓	×
Postsecondary retention	×	×	×	✓	×
Postsecondary completion	✓	✓	×	×	×
Degree/certificate completion at two-year IHE and transfer to four-year IHE	×	×	×	✓	×
Degree completion at four-year IHE	×	×	×	✓	×
Provision of appropriate scholarly and research activities	×	×	×	×	✓
<b>Graduate postsecondary education</b>					
Graduate school acceptance and enrollment	×	×	×	×	✓
Graduate school retention and doctoral degree attainment	×	×	×	×	✓

**Source:** Table prepared by CRS based on Title IV-A-2-1 of the Higher Education Act, as amended, and 34 C.F.R. §§642-647.

**Notes:** “✓” indicates a required outcome criterion for a specific TRIO program. “✗” indicates an outcome criterion is not required by statute.

- a. The Secretary further refines the outcome criteria through regulations and through *Federal Register* notices for each grant competition.

The HEOA and regulations revised the criterion of improvement on standardized tests to achievement on standardized tests, revised the criterion of postsecondary success to postsecondary completion, and added a criterion for participants’ completing a rigorous secondary program of education.

## TRIO Training

TRIO Training uses a different process for PE points, and it was not amended by the HEOA. ED awards Training applicants based on the peer review score ranking compared to other applicants that address the same absolute priority (see the section on “Required Program Activities”). ED uses PE points in case of a tie in the peer review scores. PE points are awarded per regulations to prior grantees on the basis of their established outcome criteria.

## Application Review Process (Appeal)

In response to the OIG report finding that ED improperly awarded PE points and evidence of other errors by ED in processing applications,<sup>37</sup> the HEOA added provisions allowing certain unsuccessful applicants to request a second review of their application, sometimes referred to as an appeal. To be eligible for a second review, the applicant must have evidence of a specific technical, administrative, or scoring error made by ED or a peer reviewer with respect to the scoring or processing of a submitted application, and the applicant must have otherwise met all of the application submission requirements. According to statute, to the extent feasible based on the availability of appropriations, the Secretary will fund applications with scores adjusted as a result of a second review if the scores are equal to or exceed the minimum cut score for the competition.

Per regulations, the Secretary reserves a portion of the appropriation to award grants under the second review. Under ED regulations, the only applicants eligible for a second review are those that were not funded under the first review but that had an application score that could be funded if the Secretary had reserved 150% of the appropriation actually reserved to fund under the second review.

## Award Duration, Amounts, and Numbers of Program Participants

The student-serving TRIO program grants are awarded for a period of five years. Training grants are awarded for a period of two years.

Statutory provisions establish a minimum grant award of \$200,000 for the student-serving TRIO programs, unless the applicant requests a smaller amount, and \$170,000 for the Training program. Per regulations for each new grant competition after 2010, the Secretary identifies the minimum number of participants and the minimum and maximum grant award amounts in the *Federal Register* notice inviting applications

For example, for the FY2021 TS grant competition, the Secretary required all applicants to propose serving at least 500 participants for no more than \$555 per participant. *New grantees*

<sup>37</sup> U.S. Congress, House of Representatives, *Higher Education Opportunity Act*, Conference Report to accompany H.R. 4137, 110<sup>th</sup> Cong., 2<sup>nd</sup> sess., July 30, 2008, H.Rept. 110-803 (Washington: GPO, 2008), p. 505.

were eligible to receive an award of up to \$277,375. *Prior grantees* were allowed a maximum award of the greater of \$277,375 or 100% of their prior award amount.<sup>38</sup>

## Multiple Grants for Different Populations

Some Members of Congress were concerned that ED regulations prevented the TRIO programs from serving the maximum number of disadvantaged students.<sup>39</sup> The HEOA added a provision clarifying that grantees may receive more than one award if the additional awards serve different populations, target areas, target schools, or different campuses. The Secretary publishes the *different populations* for which an eligible entity may submit a separate application for each grant competition. Applicants that propose serving a different population from the prior grant do not receive PE points for the application serving a new population.

In the FY2024 SSS grant competition, the Secretary defined six different populations: (1) participants who meet the minimum SSS requirements; (2) participants with disabilities exclusively; (3) English as a second language (ESL) participants exclusively; (4) participants receiving services in the science, technology, engineering, and mathematics (STEM) fields; (5) participants receiving teacher preparation services; and (6) participants who have served in the armed forces.

Training grantees may receive more than one award if the additional awards are intended to meet different absolute priorities established for the competition. ED includes an absolute priority in a grant competition to focus the competition on specific objectives or activities, and each applicant must address an absolute priority to be eligible for funding.

## Proposed Amendments in the 118<sup>th</sup> Congress

Seven total pieces of legislation were introduced in the 118<sup>th</sup> Congress that would have amended elements of various TRIO programs, including immigration status eligibility criteria and the size of student stipends. This section briefly discusses those proposed changes.

### Undocumented Student Eligibility

Generally speaking, to be eligible for TRIO services and other HEA programs, a student must either be a citizen, a permanent resident, or able to provide evidence of the intention of becoming a citizen or permanent resident. This eligibility criterion excludes undocumented students and those with temporary protected status.

However, beginning with the Consolidated Appropriations Act, 2014 (P.L. 113-76), Congress has provided the authority to the Departments of Education, Labor, and Health and Human Services, along with the Corporation for National and Community Service (AmeriCorps), the Institute of Museum and Library Services, and related agencies, to enter into up to 10 Performance Partnership Pilot (P3) agreements with states, regions, localities, or tribal communities that give

---

<sup>38</sup> See U.S. Department of Education, “Applications for New Awards; Talent Search Program,” 85 *Federal Register* 84324, December 28, 2020, <https://www.federalregister.gov/documents/2020/12/28/2020-28583/applications-for-new-awards-talent-search-program>.

<sup>39</sup> U.S. Congress, House Committee on Education and Labor, *College Opportunity and Affordability Act of 2007*, 110<sup>th</sup> Cong., 1<sup>st</sup> sess., December 19, 2007, H.Rept. 110-500.



them additional flexibility in using discretionary funds across multiple federal programs.<sup>40</sup> Subsequent appropriations bills through FY2024 have renewed this P3 demonstration authority.

During the Biden Administration, ED has used P3 agreements to waive immigration documentation requirements for TRIO participants across Oregon and California, allowing undocumented students to receive services. In 2024, ED also proposed a new rule to expand eligibility for the TS, EOC, and UB programs to secondary students who enroll or seek to enroll in a U.S. high school regardless of their immigration status.<sup>41</sup>

Perhaps as a response to these executive actions, the American Students First Act (H.R. 8039) would have prohibited the use of the P3 authority to waive citizenship and permanent residency requirements.

## Student Support Services Emergency Assistance

During the COVID-19 national emergency, SSS programs were allowed to provide emergency assistance to students to cover basic living expenses, which is normally prohibited. The Earl N. Williams, Sr., First Chance Act (H.R. 6263) would have amended the SSS statute to regularly permit such emergency grants.

## Student Stipend Size and Overall Appropriations

Since the inception of UB more than half a century ago, the amount of individual student stipends (\$40 per month, with an increase to \$60 allowed during three summer months; or \$300 for work-study participants) has not increased. The Dr. William W. Sullivan TRIO Upward Bound Student Stipend Support Act of 2023 (H.R. 6264) would have tripled these stipend amounts and tied future increases to the Consumer Price Index. The Educational Opportunity and Success Act of 2023 (H.R. 322/S. 1397) would have increased these amounts by 50% (as opposed to 300%) and made other administrative changes related to low-income eligibility certification and grant application scoring.

The College for All Act of 2023 (H.R. 4117/S. 1963) would not have specifically addressed stipends, but would have nearly tripled overall TRIO appropriations to \$3 billion.

## Research and Evaluation

Statutory provisions require the Secretary to report annually to Congress on the performance of the TRIO programs, including performance on the outcome criteria. In addition, the Secretary is expected to make grants to, or enter into contracts with, IHEs and other organizations for rigorous evaluations of effective practices of the programs. The results of such evaluations should be disseminated. Statutory provisions permit the Secretary to use no more than 0.5% of the TRIO appropriation for evaluations, the peer review of applications, grantee oversight, and technical assistance.

---

<sup>40</sup> For more information, see Youth.gov, “Performance Partnership Pilots for Disconnected Youth (P3),” <https://youth.gov/youth-topics/reconnecting-youth/performance-partnership-pilots>.

<sup>41</sup> See U.S. Department of Education, “Program Integrity and Institutional Quality: Distance Education, Return of Title IV, HEA Funds, and Federal TRIO Programs,” 89 *Federal Register* 60256, July 24, 2024, <https://www.federalregister.gov/documents/2024/07/24/2024-16102/program-integrity-and-institutional-quality-distance-education-return-of-title-iv-hea-funds-and>.

This section highlights recent independent evaluations and ED analyses of grantee annual performance reports (APRs). ED publishes data based on APRs; these data provide grantee-level results for program performance measures such as participant retention, enrollment, and completion. The data are expected to inform improvements in ED program management and participant educational outcomes. ED cautions against comparing results between projects since differences in incoming student characteristics are not quantified. For the same reason, APR data do not allow simple comparisons to outcomes for students who did not participate in a TRIO program.

As a result of issues with independent, rigorous comparative evaluations, ED has not published such an evaluation since 2010. One issue is the difficulty in establishing a comparison or control group and ensuring the control does not limit the applicability of the findings. For instance, the comparison or control group may not have a similar risk profile to the TRIO participants, or the comparison or control group receives a treatment that is similar to that of the TRIO participants. Support services that mimic those provided by TRIO projects may supplement the TRIO services provided to TRIO participants and may be provided to the comparison or control group. Another issue is that the evaluations require many years for data collection—following students through secondary and postsecondary education, analysis, and review. For example, an SSS evaluation initiated in 1991 was published in 2010.<sup>42</sup> The evaluation timeframe and legislative cycle are often not in sync.

In general, the evaluation results across a series of studies indicate that the TRIO programs or similar services have a statistically significant positive effect on various academic outcome measures of subpopulation(s) of participants and, in some instances, all participants. For example, the most recent SSS evaluation in 2010 found that receiving supplemental services, including those from an SSS project, was associated with higher postsecondary persistence and degree completion. Also, for example, the most recent Regular UB study found that the rate of postsecondary enrollment and the likelihood of earning a postsecondary credential increased significantly for the subgroup of participants who entered the program with lower educational expectations, although the program “had no detectable effect on the rate of overall postsecondary enrollment” compared to the control group.<sup>43</sup>

## SSS Independent Evaluations

### AY1991-1992 Freshman SSS Participants

ED contracted a six-year longitudinal evaluation of AY1991-1992 freshman SSS participants and a matched comparison group. Despite efforts to select a similar comparison group, the comparison group students were less educationally and economically disadvantaged than the SSS participants. The three-year longitudinal interim evaluation, published in 1997,<sup>44</sup> indicated that “SSS showed a small but positive and statistically significant effect on all three measures of student outcomes,” grade point averages, retention rates, and college credits earned.

---

<sup>42</sup> Bradford Chaney, *National Evaluation of Student Support Services: Examination of Student Outcomes After Six Years*, U.S. Department of Education, Washington, DC, April 2010.

<sup>43</sup> U.S. Department of Education, Office of Planning, Evaluation and Policy Development, Policy and Program Studies Service, *The Impacts of Regular Upward Bound on Postsecondary Outcomes Seven to Nine Years After Scheduled High School Graduation*, Washington, DC, 2009.

<sup>44</sup> Bradford Chaney, Lana Muraskin, and Margaret Cahalan, et al., *National Study of Student Support Services: Third-Year Longitudinal Study Results and Program Implementation Study Update*, U.S. Department of Education, Washington, DC, February 1997.

An ED contractor published a study of promising practices in 1997 based on five projects identified in the aforementioned evaluation that had achieved positive, statistically significant results with respect to GPA, retention, or both.<sup>45</sup> The most common practices at the five exemplary sites were providing a freshman experience, emphasizing academic support for developmental and popular freshman courses, maximizing student contact, recruiting selectively, providing incentives for participation, hiring dedicated staff, and having a prominent role on campus.

In 2010, the contractor published the final report of the six-year longitudinal evaluation.<sup>46</sup> The study concluded that postsecondary supplemental services are associated with better student outcomes, generally. Participation in SSS as a freshman was associated with receiving more supplemental services from other sources as well and with a “moderate” increase in postsecondary persistence and degree completion. However, the study found that participation in SSS as a freshman was not associated with a change in the rate of transfer from two-year to four-year colleges. Receiving supplemental services from any source over the six-year period, particularly in the later years, was associated with higher postsecondary persistence and degree completion than receiving supplemental services from the SSS program during the freshman year only. Models comparing the SSS participants to students in the matched comparison group found that supplemental services were associated with a 12%-19% increase in retention or degree completion, an 8%-10% increase in degree attainment, and a 16% increase in transfers from two-year to four-year institutions. Models based on the number of hours of participation in various services found that supplemental services were associated with a 15%-24% increase in retention or degree completion, an 11%-13% increase in degree attainment, and a 10% increase in transfers from two-year to four-year institutions. The specificity of the results to SSS is limited because freshman SSS participants received supplemental services through SSS and other programs; the intensity and types of SSS services varied considerably; some individuals in the comparison group received supplemental services from non-SSS programs; and students must have persisted to receive supplemental services.

The study also found that a positive effect on student outcomes was associated with certain, specific supplemental services: home-based SSS programs, blended SSS programs, peer tutoring provided by the SSS grantee, services for disabled students provided by the SSS grantee, counseling, field trips or cultural enrichment, referrals to outside resources, services for the disabled and for those with limited English ability, college reentrance counseling, and any recent contacts with support services. Home-based SSS programs provide a home base on campus at which students may receive a broader range of services. In contrast to home-based programs, some SSS services were blended with other services on campus.

### **AY2003-2004 Freshmen SSS Participants**

In May 2019, ED released a study comparing the academic achievements of students who first participated in SSS as college freshmen during AY2003-2004 with a matched comparison group.<sup>47</sup> SSS participants at two-year institutions were significantly more likely to continue

---

<sup>45</sup> Lana Muraskin, “Best Practices” in *Student Support Services: A Study of Five Exemplary Sites. Followup Study of Student Support Services Program*, U.S. Department of Education, Washington, DC, August 1997.

<sup>46</sup> U.S. Department of Education, Office of Planning, Evaluation and Policy Development, Policy and Program Studies Service, *National Evaluation of Student Support Services: Examination of Student Outcomes After Six Years*, Washington, DC, 2010.

<sup>47</sup> U.S. Department of Education, Office of Postsecondary Education, *Comparing Student Outcomes Between Student Support Services Participants and Nonparticipants in the 2004/09 Beginning Postsecondary Students Longitudinal Study*, <https://www.ed.gov/sites/ed/files/about/offices/list/ope/trio/sssparticipantsinbpls.pdf>.

enrollment, transfer to a four-year institution, or receive an associate degree or certificate. By the fall of the fourth year of college, 51% of SSS participants were either still enrolled in college, had transferred to a four-year institution, or had received an associate degree or certificate, compared to 32% of those in the comparison group—a difference of 19 percentage points.

At four-year institutions, SSS participants were also significantly more likely than those in the comparison group to continue enrollment or to obtain a bachelor's degree. By the fall of the sixth year of college, 58% of SSS participants—compared to 48% of the comparison group—had either received a bachelor's degree or were still enrolled in college—a difference of 10 percentage points. These findings were not the result of a random assignment study design; there may be differences in motivation and other characteristics between SSS participants and other students.

## 2006 SSS Promising Practices

ED initiated a study of SSS promising practices in 2006. The study did not meet methodological standards and thus was not released.<sup>48</sup>

## AY2007-2008 Freshmen SSS Participants

In August 2015, ED released a study of postsecondary persistence and completion rates, comparing students who first participated in the SSS program as college freshmen in AY2007-2008 to a sample of students who began college during AY2003-2004 and who were either low-income, first-generation college students, or students with disabilities who also demonstrated some form of academic need.<sup>49</sup> The sample of AY2003-2004 beginning college students was drawn from ED's 2004/09 Beginning Postsecondary Students Longitudinal Study (BPS:04/09).<sup>50</sup> Because of the difference in the timeframe of the students and resulting differences in student and institutional characteristics, the persistence and completion outcomes for the AY2007-2008 SSS participants and AY2003-2004 BPS:04/09 cannot be compared to determine the effectiveness of SSS.<sup>51</sup>

Overall this study noted that “SSS participants appeared to have higher persistence and completion rates in postsecondary education at both two-year [and] four-year institutions.”<sup>52</sup> For students who first enrolled in two-year institutions, the SSS persistence rate (persistence includes continued enrollment or certificate/degree completion) to the following year was 86% and the three-year completion rate (completion includes transfer to a four-year institution or certificate/degree completion) was 41%. For SSS students who first enrolled in four-year institutions, the persistence rate to the following year was 93% and the six-year bachelor's degree completion rate was 48%. BPS:04/09 sample students who first enrolled in two-year institutions

<sup>48</sup> Office of Management and Budget, *TRIO Upward Bound Assessment*, last updated on September 6, 2008, <http://georgewbush-whitehouse.archives.gov/omb/expectmore/detail/10000210.2002.html> and President's Budget Request, FY2014.

<sup>49</sup> Kristina L. Zeiser et al., *Persistence and Completion in Postsecondary Education of Participants in the TRIO Student Support Services Program*, U.S. Department of Education, Office of Postsecondary Education, August 2015, <https://www.ed.gov/media/document/sss-heoa-report-2015>.

<sup>50</sup> BPS follows a cohort of students who are enrolling in postsecondary education for the first time. The study collects data on student persistence in, and completion of, postsecondary education programs, their transition to employment, demographic characteristics, and changes over time in their goals, marital status, income, and debt, among other indicators. BPS:04/09 initially surveyed students at the end of their first academic year (2003-2004) and then in follow-up surveys at the end of their third (2005-2006) and sixth (2008-2009) years after entry in to postsecondary education.

<sup>51</sup> There are additional limitations that prevent using this study to examine program effects.

<sup>52</sup> U.S. Department of Education, Office of Postsecondary Education, Student Service, *Persistence and Completion in Postsecondary Education of Participants in the TRIO Student Support Services Program*, Washington, DC, 2015.

had a 65% persistence rate to the following year and a 21% three-year completion rate. Among BPS:04/09 sample students who first enrolled in four-year institutions, the persistence rate to the following year was 79% and the six-year bachelor's degree completion rate was 40%.

## SSS Annual Performance Report Data

ED publishes APR data on program performance measures and efficiency.<sup>53</sup> According to the most recent available data from AY2022, 46% percent of SSS participants who enrolled in AY2019 completed an associate degree at their original institution or transferred to a four-year institution within three years. 60% of SSS participants who enrolled in AY2016 completed a bachelor's degree at their original institution within six years.

## UB Independent Evaluations

The most recent evaluation report of Regular UB was a nine-year impact study contracted by ED.<sup>54</sup> The study analyzed randomly assigned treatment and control groups from nationally representative projects from 1992 to 2004. The official results determined that Regular UB “had no detectable effect on the rate of overall postsecondary enrollment or the type or selectivity of postsecondary institution attended for the average eligible applicant.” Postsecondary enrollment of the treatment group was 81% compared to 79% for the control group. However, the official results found that there was a 5% increase in Regular UB participants earning postsecondary vocational certificates/licenses compared to nonparticipants, that the likelihood of the subgroup of Regular UB participants who entered the program with lower educational expectations earning a postsecondary degree/certificate/license increased by 12%, and that each additional year of participation in a Regular UB project resulted in a 5% increase in the likelihood of receiving a bachelor's degree.

A separate analysis of the study data was completed by the ED Contracting Officer's Technical Representative<sup>55</sup> for the aforementioned study and published by the Council for Opportunity in Education (COE)<sup>56</sup> without ED endorsement. The study was intended to address a number of perceived sampling design and nonsampling error issues in the official analysis.<sup>57</sup> Examples of these issues included allowing one of the 67 projects sampled to represent 26% of the Regular UB universe of projects and a considerable proportion of the control group population receiving services similar to those offered through the Regular UB program, including participation in a

<sup>53</sup> U.S. Department of Education, “FY 2025 Department of Education Justifications of Appropriation Estimates to Congress,” <https://www.ed.gov/about/ed-overview/annual-performance-reports/budget/budget-requests/fy-2025-department-of-education-justifications-of-appropriation-estimates-to-the-congress>.

<sup>54</sup> U.S. Department of Education, Office of Planning, Evaluation and Policy Development, Policy and Program Studies Service, *The Impacts of Regular Upward Bound on Postsecondary Outcomes Seven to Nine Years After Scheduled High School Graduation*, Washington, DC, 2009.

<sup>55</sup> The Contracting Officer's Technical Representative (COTR) is responsible for monitoring, assessing, recording and reporting on the technical performance of the contractor on a day-to-day basis. The COTR has primary responsibility for monitoring and evaluating the contractor's work performance and deliverables. If the COTR determines that substantive changes are necessary, the COTR provides feedback to the contractor. Corrective actions based on the COTR's feedback may be initiated after negotiation between the contractor, COTR, and the contracting officer (CO) who is appointed with the authority to enter into and administer contracts on behalf of the government.

<sup>56</sup> COE is a nonprofit organization dedicated to furthering the expansion of college opportunities for low-income, first-generation students and students with disabilities throughout the United States. COE is the major advocacy organization for the TRIO programs.

<sup>57</sup> Margaret Cahalan, *Addressing Study Error in the Random Assignment National Evaluation of Upward Bound: Do the Conclusions Change?* Council for Opportunity in Education, Washington, DC, 2009.

UBMS program. The alternative analysis found a 10.9 percentage-point increase in postsecondary enrollment and a 50% increase in the probability of achieving a bachelor's degree for Regular UB and UBMS participants compared to the control group. However, the alternative analysis has its own limitations. For instance, the results do not represent the Regular UB universe since a project representing 26% of the Regular UB universe was removed from consideration. Additionally, the treatment and control groups became unequally weighted because individuals were reassigned from the control to the treatment group by the analyst in instances when the individual indicated exposure to UBMS.

A component of ED's UB study evaluated a random sample of 1993-1995 UBMS participants and a comparison group of students with similar characteristics. Within four to six years of expected high school graduation, the study found that UBMS student outcomes were positive, showing an average 0.1 point GPA increase in math courses, higher enrollment in physics and chemistry courses in high school, a 10% increase in enrollment in more selective four-year colleges, and a 6%-12% increase in the completion of math and science bachelor's degrees.<sup>58</sup> Within seven to nine years of expected high school graduation, a second study found that participation in UBMS was associated with increased enrollment in selective four-year colleges and increased postsecondary degree completion, particularly in the social sciences.<sup>59</sup>

As part of the FY2007 Regular UB competition, ED included an "absolute priority" that would allow it to initiate a random assignment, control group evaluation.<sup>60</sup> The absolute priority set rules regarding which students would be given priority for participation in the program and called for an evaluation of the program using a control group of students who would not receive UB services. The evaluation design required all grantees to be prepared to recruit sufficient students for the control and treatment group and ensure the integrity of the control and treatment groups. Some Members of Congress and stakeholders opposed as unethical the recruiting of a control group of primarily low-income and racial and ethnic minority students that would not receive services.<sup>61</sup> In addition, the selection criteria were vigorously opposed by many grantees who also questioned ED's authority, repudiated the effectiveness of recruiting a greater number of younger students, and argued that serving more students who have a high academic risk for failure would change the program's focus and effectiveness.<sup>62</sup> The TRIO UB "absolute priority" also required grantees to begin serving students who had completed the 8<sup>th</sup> grade, but not the 9<sup>th</sup> grade. This priority was established in response to the nine-year impact study (described earlier) that indicated that postsecondary enrollment rates increased for participants who were served multiple years.<sup>63</sup> The HEOA eliminated the absolute priority for the TRIO UB program and amended the evaluation requirements to preclude excess recruiting and the denial of services as part of the evaluation methodology.

<sup>58</sup> U.S. Department of Education, Office of Planning, Evaluation and Policy Development, Policy and Program Studies Service, *Upward Bound Math-Science: Program Description and Interim Impact Estimates*, Washington, DC, 2007.

<sup>59</sup> U.S. Department of Education, Office of Planning, Evaluation and Policy Development, Policy and Program Studies Service, *The Impacts of Upward Bound Math-Science on Postsecondary Outcomes 7-9 Years After Scheduled High School Graduation*, Washington, DC, 2010.

<sup>60</sup> The absolute priority was published by the Department of Education (ED) in the *Federal Register* on September 22, 2006 (71 *Federal Register* 55447 et seq.).

<sup>61</sup> U.S. Congress, House Committee on Education and Labor, *College Opportunity and Affordability Act of 2007*, 110<sup>th</sup> Cong., 1<sup>st</sup> sess., December 19, 2007, H.Rept. 110-500 and Kelly Field, "Are the Right Students 'Upward Bound?,'" *The Chronicle of Higher Education*, August 17, 2007.

<sup>62</sup> U.S. Department of Education, "Authority to Implement a Priority in the UB Program," 71 *Federal Register* 55447, September 22, 2006.

<sup>63</sup> U.S. Department of Education, Office of the Under Secretary, Policy and Program Studies Service, *The Impacts of Regular Upward Bound: Results from the Third Follow-Up Data Collection*, Washington, DC, 2004.

ED initiated a study of UB promising practices in 2006. The study did not meet methodological standards and thus will not be released.<sup>64</sup>

In place of ED's intended evaluation, the HEOA required a rigorous evaluation of UB identifying practices that further the achievement of a program's outcome goals to be completed by June 30, 2010. ED initiated a five-year, \$3.8 million study entitled "A Study of Implementation and Outcomes in Upward Bound and Other TRIO Programs."<sup>65</sup>

- ED determined that statutory limitations on the study design would make it difficult to meet ED's program evaluation standards and would prevent achieving "reliable results" from a quasi-experimental evaluation of the efficacy of various implementation strategies in UB.<sup>66</sup>
- In February 2016, an ED contractor concluded the study of common UB program and project practices.<sup>67</sup> The resulting survey report of Upward Bound directors indicated the types of services that programs provide and when, where, and how the services are delivered. Four of UB's core services had predominant approaches present in projects across the board: for academic instruction requirements, 58% of projects indicated a focus on noncredit courses; for tutoring requirements, 69% indicated a focus on homework help; for college exposure requirements, 56% indicated a focus on assistance in researching colleges; and for college application assistance requirements, 50% indicated a focus on providing guidance to complete applications.

In 2014, 194 UB projects volunteered to participate in the "Study of Enhanced College Advising in Upward Bound" to determine whether enhanced advising could increase the enrollment of disadvantaged students in colleges that match their academic credentials.<sup>68</sup> Half of the projects were randomly assigned to participate in *Find the Fit*, the enhanced advising system, while the other half provided their regular services. *Find the Fit* provides personalized college planning materials, personalized text or email messages, and training for UB advisors. The study tracked almost 4,500 rising 2015-2016 seniors through 2018 and found the following:<sup>69</sup>

- A higher and statistically significant proportion of *Find the Fit* participants (53%) applied to four or more colleges compared to the control group (44%).
- A higher and statistically significant proportion of *Find the Fit* participants (48%) applied to a more selective college ranked as at least *very competitive* compared to the control group (38%). The Barron's Admissions Competitiveness Index ranks four-year colleges by selectivity levels: "most competitive," "highly

<sup>64</sup> Office of Management and Budget, *TRIO Upward Bound Assessment*, last updated on September 6, 2008, <http://georgewbush-whitehouse.archives.gov/omb/expectmore/detail/10000210.2002.html>; and President's Budget Request, FY2014.

<sup>65</sup> U.S. Department of Education, "A Study of Implementation and Outcomes in Upward Bound and Other TRIO Programs," [https://ies.ed.gov/ncee/projects/evaluation/other\\_trio.asp](https://ies.ed.gov/ncee/projects/evaluation/other_trio.asp).

<sup>66</sup> FY2010 President's Budget Request and emails from ED's National Center for Education Evaluation and Regional Assistance to CRS dated February 15-20, 2018.

<sup>67</sup> S.R. Epps et al., *Upward Bound at 50: Reporting on Implementation Practices Today* (NCEE 2017-4005), National Center for Education Evaluation, Institute of Education Sciences, U.S. Department of Education, 2016.

<sup>68</sup> Tamara Linkow et al., *Study of Enhanced College Advising in Upward Bound: Impacts on Where and How Long Students Attend College*, U.S. Department of Education, Institute of Education Sciences, November 2021, <https://ies.ed.gov/ncee/pubs/2022002/pdf/2022002.pdf>

<sup>69</sup> A. Martinez et al., *Study of Enhanced College Advising in Upward Bound: Impacts on Steps Toward College* (NCEE 2018-4015), National Center for Education Evaluation, Institute of Education Sciences, U.S. Department of Education, 2018.

- competitive,” “very competitive,” “competitive,” “somewhat competitive,” “noncompetitive,” and “special/missing.”
- *Find the Fit* participants did not incur significantly greater college costs (expected net price) or experience a significantly higher risk of dropping out, despite attending more selective colleges.

## UB Annual Performance Report Data

ED publishes APR data on all UB programs in the aggregate.<sup>70</sup> In AY2022, the most recent year for which data is available, 79% of UB participants enrolled in college.

In 2008, an ED contractor published an analysis of 2000-2006 academic progress data from UB and UBMS APRs matched with the students’ federal financial aid files maintained by ED.<sup>71</sup> In 2004-2006, Regular UB grantees served seven high schools, on average, and UBMS grantees served 17, on average. Over half (59% and 55%, respectively) of participants stayed in their UB or UBMS project until their expected high school graduation date. Of participants expected to graduate in 2004-2005, 77% of UB participants and 86% of UBMS participants enrolled in postsecondary education by 2005-2006. Postsecondary enrollment increased as the length of project participation increased. For instance, of participants expected to graduate in 2004-2005, 55% of one-year UB participants enrolled in postsecondary education by 2005-2006 compared to 91% of three-year or longer than three-year UB participants. For UBMS participants expected to graduate in 2004-2005, 80% of less-than-one-year participants enrolled in postsecondary education by 2005-2006 compared to 87% of one-year or longer than one-year participants. Of the participants who enrolled in postsecondary education, 45% of participants served by two-year IHE grantees enrolled at their grantee institution, 33% served by public four-year IHE grantees enrolled at their grantee institution, and 11% served by private four-year IHE grantees enrolled at their grantee institution.

## UB to SSS Pathway

In August 2021, ED published a descriptive report on UB/UBMS participants who also participated in the SSS program.<sup>72</sup> For UB/UBMS participants who enrolled full time, UB/UBMS-SSS participants showed an average degree completion rate of 55%, compared to 44% for UB/UBMS-SSS nonparticipants whose institution had an SSS project.

## TS Evaluations

In 2004, an ED contractor released the *Final Report from Phase I of the National Evaluation*.<sup>73</sup> The report primarily described the program’s history, grant recipients, program staff, program

<sup>70</sup> U.S. Department of Education, “FY 2025 Department of Education Justifications of Appropriation Estimates to Congress,” <https://www.ed.gov/about/ed-overview/annual-performance-reports/budget/budget-requests/fy-2025-department-of-education-justifications-of-appropriation-estimates-to-the-congress>.

<sup>71</sup> U.S. Department of Education, Office of Postsecondary Education, *Upward Bound and Upward Bound Math-Science Program Outcomes for Participants Expected to Graduate High School in 2004-05, With Supporting Data From 2005-06*, Washington, DC, 2008.

<sup>72</sup> U.S. Department of Education, Office of Postsecondary Education, *Postsecondary Degree Completion Rates Among Students on the Upward Bound/Upward Bound Math-Science to Student Support Services Pathway*, August 2021, <https://www.ed.gov/sites/ed/files/about/offices/list/ope/trio/ubssspathwaysreport.pdf>.

<sup>73</sup> U.S. Department of Education, Office of the Under Secretary, Policy and Program Studies Service, *Implementation of the Talent Search Program, Past and Present, Final Report from Phase I of the National Evaluation*, Washington, DC, 2004, <http://www2.ed.gov/rschstat/eval/highered/talentsearch/talentreport.pdf>.



activities, and program participants through 1999. The evaluation also compared project outcomes to the goals established by the individual projects. In 1998-1999, the majority (87%) of projects achieved their secondary school graduation goal; 53% achieved their postsecondary admissions goal; and 38% achieved their postsecondary reentry goal. On average, 71% of high school graduates enrolled in postsecondary education compared to the average goal of 75%.

Phase II of the National Evaluation culminated in a limited quasi-experimental study of 1995-1996 ninth graders in Florida, Indiana, and Texas.<sup>74</sup> The study, released in 2006, found that TS participants applied for financial aid at rates 17, 14, and 28 percentage points higher than nonparticipant comparison students in Florida, Indiana, and Texas, respectively. The study also found that the rate of enrollment of TS participants in public colleges and universities was 14, 6, and 18 percentage points higher for Florida, Indiana, and Texas, respectively, than for the nonparticipant comparison groups. Postsecondary enrollment data were only available for public colleges in the states of Florida, Indiana, and Texas.

## TS Annual Performance Report Data

In AY2022, 68% of college-ready TS participants enrolled in postsecondary education by the fall term following high school graduation or by the next academic term if the institution deferred the participant's enrollment.<sup>75</sup> College-ready participants are high school seniors who received a regular diploma or alternative award (e.g., certificate of attendance).

## EOC Evaluations

The evaluation of TS in 2004 included an appendix describing EOC history, grant recipients, program staff, program activities, and program participants based on a 1999-2000 survey of project directors and 1998-1999 annual performance reports. Few data on student outcomes were available. Of the 16% of EOC projects that reported a goal for secondary school completion, the average goal was 58%, and the average completion rate was 93%. Of the 79% of EOC projects that reported a goal for postsecondary admissions, the average goal was 49%, and the average admissions rate was 51%. Finally, of the 67% of EOC projects that reported a goal for postsecondary reentry, the average goal was 46%, and the average reentry rate was 56%.

## EOC Annual Performance Report Data

According to the most recent data from AY2022, 62% of college-ready participants enrolled in postsecondary education, and of those postsecondary enrollees, approximately 68% enrolled in two-year IHEs.<sup>76</sup> College-ready participants are participants who received a high school diploma during the year or already had a high school diploma before receiving program services. The enrollment rate of college-ready participants was higher (63%) for participants served by two-

---

<sup>74</sup> U.S. Department of Education, Office of Planning, Evaluation and Policy Development, Policy and Program Studies Service, *A Study of the Effect of the Talent Search Program on Secondary and Postsecondary Outcomes in Florida, Indiana and Texas: Final Report from Phase II of the National Evaluation*, Washington, DC, 2006.

<sup>75</sup> U.S. Department of Education, "FY 2025 Department of Education Justifications of Appropriation Estimates to Congress," <https://www.ed.gov/about/ed-overview/annual-performance-reports/budget/budget-requests/fy-2025-department-of-education-justifications-of-appropriation-estimates-to-the-congress>.

<sup>76</sup> U.S. Department of Education, "FY 2025 Department of Education Justifications of Appropriation Estimates to Congress," <https://www.ed.gov/about/ed-overview/annual-performance-reports/budget/budget-requests/fy-2025-department-of-education-justifications-of-appropriation-estimates-to-the-congress>.

year IHE grantees than for participants served by four-year IHEs (56%) or other organizations (59%).

## McNair Independent Evaluations

In 2008, an ED contractor released a report of educational and employment outcomes based on a descriptive analysis of prior McNair participants.<sup>77</sup> The report found that 73% of McNair participants enrolled in graduate school within five to seven years of completing a bachelor's degree, compared to 30% of all bachelor's degree recipients. The report also found that 44% of McNair participants earned a master's degree, 14.4% earned a doctorate degree, and 12.1% earned a professional degree within 10 years of program participation. It is important to note that the findings presented in the report were not the result of a random assignment study design; there may be differences in the propensity to enroll in graduate school between McNair participants and all bachelor's degree recipients.

## McNair Annual Performance Report Data

ED has published program performance measure data for cohorts of students graduating from college.<sup>78</sup> In AY2022, 68% of McNair participants who received their bachelor's degree enrolled in graduate school within three years.

## Training Evaluations

A major evaluation of the program has not been conducted, and ED does not publish grantee-level performance results.

## Author Information

Adam K. Edgerton  
Analyst in Education Policy

---

<sup>77</sup> Ann McCoy et al., *Educational and Employment Outcomes of the Ronald E. McNair Postbaccalaureate Achievement Program Alumni*, U.S. Department of Education, Office of Planning, Evaluation and Policy Development, Policy and Program Studies Service, 2008, <https://www.ed.gov/sites/ed/files/rschstat/eval/highered/mcnair/mcnair.pdf>.

<sup>78</sup> U.S. Department of Education, "FY 2025 Department of Education Justifications of Appropriation Estimates to Congress," <https://www.ed.gov/about/ed-overview/annual-performance-reports/budget/budget-requests/fy-2025-department-of-education-justifications-of-appropriation-estimates-to-the-congress>.

---

## **Disclaimer**

This document was prepared by the Congressional Research Service (CRS). CRS serves as nonpartisan shared staff to congressional committees and Members of Congress. It operates solely at the behest of and under the direction of Congress. Information in a CRS Report should not be relied upon for purposes other than public understanding of information that has been provided by CRS to Members of Congress in connection with CRS's institutional role. CRS Reports, as a work of the United States Government, are not subject to copyright protection in the United States. Any CRS Report may be reproduced and distributed in its entirety without permission from CRS. However, as a CRS Report may include copyrighted images or material from a third party, you may need to obtain the permission of the copyright holder if you wish to copy or otherwise use copyrighted material.