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# FDA Regulation of Tobacco Products

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## FDA Regulation of Tobacco Products

Cigarette use remains the leading cause of preventable death in the United States, claiming an estimated 480,000 lives or more each year. Although cigarette use in the United States continues to decline, according to the Centers for Disease Control and Prevention (CDC), 34.3 million American adults smoked cigarettes every day or some days in 2017, and nearly 1.4 million American middle and high school students smoked cigarettes in the past 30 days in 2018.

In recent years, electronic nicotine delivery systems (ENDS) have become increasingly popular. ENDS is an umbrella term for various types of electronic tobacco products, including electronic cigarettes (e-cigarettes). An e-cigarette is a battery-operated device typically containing nicotine, flavorings, and other chemicals that, when heated, creates inhalable vapor. According to CDC analyses, 6.9 million American adults used e-cigarettes every day or some days in 2017, and about 3.6 million American middle and high school students used an e-cigarette in the past 30 days in 2018. There has been debate in the public health community regarding the impact of ENDS on public health. Some view ENDS as a safer alternative for adult cigarette smokers, while others are alarmed by increased use among youth.

### FDA Regulation of Tobacco Products

The Food and Drug Administration (FDA), an agency within the Department of Health and Human Services (HHS), is responsible for regulating the manufacture, marketing, distribution, and sale of tobacco products. FDA's Center for Tobacco Products (CTP)—established in 2009 pursuant to the Family Smoking Prevention and Tobacco Control Act of 2009 (TCA; P.L. 111-31)—is primarily responsible for tobacco product regulation. The TCA amended the Federal Food, Drug, and Cosmetic Act (FFDCA) to establish a new chapter IX (“tobacco products”), which, as enacted, applied to cigarettes, cigarette tobacco, roll-your-own tobacco, and smokeless tobacco. However, FDA has the broad authority to regulate any other tobacco products deemed by the agency to meet the definition of a tobacco product and thus to be subject to chapter IX of the FFDCA. In 2016, pursuant to this authority, FDA promulgated regulations (known as “the deeming rule”) that extended the agency's authority over all tobacco products that were not already subject to the FFDCA, including ENDS.

Because tobacco products have no reported health benefits, FDA's regulation of these products differs in certain respects from FDA's regulation of medical products (e.g., prescription drugs, medical devices). Similar to medical product manufacturers, tobacco product manufacturers are subject to *manufacturer* requirements, including payment of user fees and premarket review, among other requirements. However, while medical product manufacturers are generally required to meet a standard of safety and effectiveness to receive premarket approval from FDA, tobacco product manufacturers are instead generally required to meet a standard “appropriate for the protection of public health”. Tobacco product manufacturers, importers, distributors, and retailers are also required to comply with *tobacco-specific* requirements as a result of the harm that tobacco products pose to human health. Examples of such requirements include the development of tobacco product standards, submission of health information to the agency, and distribution and promotion restrictions, among others.

### Policy Considerations

Both FDA and Congress are interested in addressing ENDS use among youth. Former FDA Commissioner Scott Gottlieb and other public health officials have termed such use an “epidemic”, and Commissioner Gottlieb considered this issue a priority during his tenure. However, FDA's next steps on addressing youth ENDS use are somewhat uncertain following his departure. In parallel, legislation introduced in the 116<sup>th</sup> Congress includes more stringent proposals than those planned by FDA to address youth ENDS use, such as banning all flavors in tobacco products (including ENDS). Congressional action would specifically be needed to apply certain existing FFDCA requirements to tobacco product manufacturers and retailers, such as raising the federal age of tobacco purchasing from 18 to 21 or requiring ENDS manufacturers to pay user fees.

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## Introduction

Cigarette use remains the leading cause of preventable death in the United States, claiming an estimated 480,000 lives or more each year.<sup>1</sup> Further, between 2009 and 2012, cigarette smoking-attributable economic costs totaled over \$289 billion in the United States.<sup>2</sup> Although cigarette use in the United States continues to decline,<sup>3</sup> according to Centers for Disease Control and Prevention (CDC) analyses, 34.3 million American adults smoked cigarettes every day or some days in 2017,<sup>4</sup> and nearly 1.4 million American middle and high school students smoked cigarettes in the past 30 days in 2018.<sup>5</sup>

Electronic nicotine delivery systems (ENDS) have become popular in recent years. ENDS is an umbrella term for various types of electronic tobacco products, including electronic cigarettes (e-cigarettes). An e-cigarette is a battery-operated device typically containing nicotine, flavorings, and other chemicals that, when heated, creates inhalable aerosol (i.e., vapor).<sup>6</sup> According to CDC analyses, 6.9 million American adults used e-cigarettes every day or some days in 2017,<sup>7</sup> and about 3.6 million American middle and high school students used an e-cigarette in the past 30 days in 2018.<sup>8</sup>

There has been debate in the public health community regarding the public health impact of ENDS products. Some view them as a safer alternative for adults who smoke cigarettes because the aerosol produced from e-cigarettes is considered less harmful in the short-term than combusted smoke produced from cigarettes.<sup>9</sup> However, others are alarmed by the marked increase in ENDS use among youth, and are concerned that these products may undo the years of tobacco control efforts that have successfully reduced cigarette smoking among both youth and adults.

<sup>1</sup> U.S. Department of Health and Human Services, *The Health Consequences of Smoking: 50 Years of Progress. A Report of the Surgeon General*, U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health, Atlanta, GA, January 2014, <https://www.surgeongeneral.gov/library/reports/50-years-of-progress/50-years-of-progress-by-section.html>.

<sup>2</sup> Ibid.

<sup>3</sup> Teresa W. Wang, Kat Asman, Andrea S. Gentzke, et al., “Tobacco Product Use Among Adults - United States, 2017,” *Morbidity and Mortality Weekly Report (MMWR)*, vol. 67, no. 44 (November 9, 2018), pp. 1225-1232. See also Andrea S. Gentzke, MeLisa Creamer, Karen A. Cullen, et al., “Vital Signs: Tobacco Product Use Among Middle and High School Students—United States, 2011–2018,” *MMWR*, vol. 68 (2019), pp. 157-164.

<sup>4</sup> “Current smoking” is defined as using every day or some days. See Teresa W. Wang, Kat Asman, Andrea S. Gentzke, et al., “Tobacco Product Use Among Adults - United States, 2017,” *Morbidity and Mortality Weekly Report (MMWR)*, vol. 67, no. 44 (November 9, 2018), pp. 1225-1232.

<sup>5</sup> Andrea S. Gentzke, MeLisa Creamer, Karen A. Cullen, et al., “Vital Signs: Tobacco Product Use Among Middle and High School Students—United States, 2011–2018,” *MMWR*, vol. 68 (2019), pp. 157-164.

<sup>6</sup> National Institute on Drug Abuse (NIDA), National Institutes of Health (NIH), *Electronic Cigarettes (E-cigarettes)*, Retrieved from <https://www.drugabuse.gov/publications/drugfacts/electronic-cigarettes-e-cigarettes> on December 13, 2018.

<sup>7</sup> Teresa W. Wang, Kat Asman, Andrea S. Gentzke, et al., “Tobacco Product Use Among Adults - United States, 2017,” *Morbidity and Mortality Weekly Report (MMWR)*, vol. 67, no. 44 (November 9, 2018), pp. 1225-1232. See also Andrea S. Gentzke, MeLisa Creamer, Karen A. Cullen, et al., “Vital Signs: Tobacco Product Use Among Middle and High School Students—United States, 2011–2018,” *MMWR*, vol. 68 (2019), pp. 157-164.

<sup>8</sup> Andrea S. Gentzke, MeLisa Creamer, Karen A. Cullen, et al., “Vital Signs: Tobacco Product Use Among Middle and High School Students—United States, 2011–2018,” *MMWR*, vol. 68 (2019), pp. 157-164.

<sup>9</sup> National Academies of Sciences, Engineering, and Medicine, *Public Health Consequences of E-Cigarettes*, The National Academies Press, p. 18, Washington, DC, 2018, <https://www.nap.edu/read/24952/chapter/3>.

The Food and Drug Administration (FDA), an agency within the Department of Health and Human Services (HHS), is responsible for regulating the manufacture, marketing, distribution, and sale of tobacco products. FDA’s Center for Tobacco Products (CTP)—established in 2009 pursuant to the Family Smoking Prevention and Tobacco Control Act of 2009 (TCA; P.L. 111-31)—is primarily responsible for tobacco product regulation. The TCA established FFDC chapter IX, under which FDA is authorized to regulate tobacco products. Within CTP, the Tobacco Products Scientific Advisory Committee (TPSAC) provides recommendations on tobacco regulatory decisions or any other matter listed in chapter IX of the FFDC. The TPSAC includes 12 members with diversified experience and expertise.<sup>10</sup>

Because tobacco products have no added health benefits, FDA’s regulation of these products differs in certain respects from FDA’s regulation of medical products under its jurisdiction (e.g., prescription drugs, biologics, and medical devices). Similar to medical product manufacturers, tobacco product manufacturers are subject to *manufacturer* requirements, including payment of user fees, registration establishment, and premarket review, among others. However, while medical product manufacturers are generally required to meet a standard of safety and effectiveness to receive premarket approval from FDA, tobacco product manufacturers are instead generally required to meet a standard of “appropriate for the protection of public health” to receive premarket approval. In addition, tobacco product manufacturers, importers, distributors, and retailers are required to comply with certain *tobacco-specific* requirements that have been authorized under the TCA as a result of the unique harms that tobacco products pose to human health. Examples of such requirements include the development of tobacco product standards, testing and reporting of ingredients, submission of health information to the agency, and distribution and promotion restrictions, among others.

This report describes (1) FDA’s authority to regulate tobacco products; (2) general requirements for manufacturers of tobacco products, many of which are modeled after medical product requirements; (3) requirements that are unique to tobacco product manufacturers, distributors, importers, and retailers; and (4) compliance and enforcement. The report concludes with a discussion of policy issues and considerations for Congress. **Appendix A** describes the IQOS Tobacco Heating System, **Appendix B** briefly summarizes the Tobacco Master Settlement Agreement of 1998, **Appendix C** provides definitions of terms used in this report, and **Appendix D** provides acronyms used in this report.

## FDA’s Authority to Regulate Tobacco Products

As amended by the TCA, Section 901 of the FFDC gives FDA the authority to regulate the manufacture, marketing, sale, and distribution of tobacco products. A tobacco product is defined as “any product made or derived from tobacco that is intended for human consumption, including any component, part, or accessory of a tobacco product (except for raw materials other than tobacco used in manufacturing a component, part, or accessory of a tobacco product).”<sup>11</sup> Any article that is a drug, device, or combination product (a combination of a drug, device, or biological product) is excluded from the definition of tobacco product. Drugs, devices, and combination products are subject to chapter V authorities under the FFDC.<sup>12</sup> However, it is not always clear whether a product that is derived from tobacco should be regulated as a drug, device,

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<sup>10</sup> FFDC Section 917.

<sup>11</sup> FFDC Section 201(rr).

<sup>12</sup> *Ibid.*

combination product, or a tobacco product (e.g., an ENDS product that makes certain health claims). As such, FDA has promulgated regulations to provide assistance to manufacturers intending to market products that are made or derived from tobacco based on the products’ “intended uses.”<sup>13</sup>

Upon enactment, the TCA explicitly covered the following tobacco products: cigarettes and cigarette tobacco, roll-your-own tobacco, and smokeless tobacco.<sup>14</sup> However, the TCA gave FDA the broad authority to regulate any other tobacco products deemed by the agency to meet the definition of a tobacco product and thus subject to chapter IX of the FFDCa.<sup>15</sup> In 2016, FDA promulgated regulations (known as “the deeming rule”) that extended the agency’s authority over all tobacco products that were not already subject to the FFDCa, including ENDS, cigars, pipe tobacco, hookah tobacco, nicotine gels, dissolvable tobacco, and other tobacco products that may be developed in the future.<sup>16</sup> **Figure 1** shows each of the tobacco products currently under FDA’s authority.

**Figure 1. Tobacco Products Currently Under FDA’s Authority, 2019**



**Source:** Prepared by CRS with images of smokeless tobacco products, ENDS, cigars, nicotine gels, dissolvable tobacco, and pipe tobacco from FDA’s website. Images of cigarettes, roll-your-own tobacco, and hookah tobacco are from Shutterstock.

**Notes:** Some dissolvable tobacco products can be classified as smokeless tobacco products.

<sup>13</sup> FDA, “Clarification of When Products Made or Derived from Tobacco Are Regulated as Drugs, Devices, or Combination Products: Amendments to Regulations Regarding ‘Intended Uses,’” 82 *Federal Register* 2193, January 9, 2017.

<sup>14</sup> FFDCa Section 901(b).

<sup>15</sup> *Ibid.*

<sup>16</sup> 21 C.F.R. §1100.

# Tobacco Product Regulation: Manufacturer Requirements

Tobacco product manufacturers are subject to certain requirements, including payment of user fees, registration establishment, premarket review, and postmarket surveillance, among others. In the sections below, manufacturer requirements are discussed for tobacco products overall, with exceptions for issues unique to certain classes of tobacco products.

## User Fees

The TCA authorized FDA to assess and collect user fees from manufacturers and importers of tobacco products and to use the funds to support CTP’s activities.<sup>17</sup> This authorization is similar to FDA’s other user fee programs, which authorize the agency to assess and collect fees from industry sponsors of certain FDA-regulated products and to use the funds to support statutorily defined activities.<sup>18</sup> However, unlike other FDA centers, which are generally funded by a combination of discretionary appropriations from the General Fund and user fees, CTP is funded solely by user fees. In addition, the tobacco product fee authorities are indefinite. Thus, unlike medical product fees that are authorized in legislation on a five-year cycle, the tobacco product fees do not require reauthorization. However, they do require an annual appropriation from Congress, which provides FDA the authority to collect and spend fees.<sup>19</sup>

Tobacco user fees are assessed and collected quarterly, and the amount that can be collected each year is specified in statute.<sup>20</sup> For FY2019 and subsequent fiscal years, this amount is \$712 million. The total user fee amount assessed is allocated among six tobacco product classes: (1) cigarettes, (2) cigars (including small cigars and cigars other than small cigars), (3) snuff, (4) chewing tobacco, (5) pipe tobacco, and (6) roll-your-own tobacco (see **Table 1**).<sup>21</sup> The allocation is based on the tobacco product’s U.S. market share (i.e., the total volume of domestic sales) and a formula specified in statute.<sup>22</sup> FDA has determined that under its current statutory authority, it cannot collect user fees from ENDS manufacturers or importers, or manufacturer or importers of certain other newly deemed tobacco products (e.g., hookah tobacco).<sup>23</sup>

**Table 1. Tobacco User Fee Assessment Formulation, by Product Class, FY2019**

| Tobacco Product Class | Allocation by Class (%) <sup>a</sup> | Amount Per Quarter (Fourth Quarter Amount) |
|-----------------------|--------------------------------------|--|
| Cigarettes            | 86.52%                               | \$154,002,218                              |
| Cigars                | 11.35%                               | \$20,204,068                               |
| Snuff                 | 1.25%                                | \$2,226,958                                |

<sup>17</sup> FFDCa Section 919(a).

<sup>18</sup> For more information, see CRS Report R44576, *The Food and Drug Administration (FDA) Budget: Fact Sheet*, by Agata Dabrowska and Victoria R. Green.

<sup>19</sup> FFDCa Section 919(c).

<sup>20</sup> FFDCa Section 919(b)(1).

<sup>21</sup> FFDCa Section 919(b)(2)(b).

<sup>22</sup> 7 U.S.C. §518d. The formula was first defined in Section 625(a) of the Fair and Equitable Tobacco Reform Act of 2004, enacted as Title VI of the American Jobs Creation Act of 2004 (P.L. 108-357).

<sup>23</sup> FDA, “Requirements for the Submission of Data Needed To Calculate User Fees for Domestic Manufacturers and Importers of Cigars and Pipe Tobacco,” 81 *Federal Register* 28709, May 10, 2016.



| Tobacco Product Class | Allocation by Class (%) <sup>a</sup> | Amount Per Quarter (Fourth Quarter Amount) |
|-----------------------|--------------------------------------|--|
| Pipe Tobacco          | 0.76%                                | \$1,357,784                                |
| Chewing Tobacco       | 0.06%                                | \$115,166                                  |
| Roll-Your-Own Tobacco | 0.05%                                | \$93,272                                   |
| <b>Total</b>          | <b>99.99%</b>                        | <b>\$177,999,466</b>                       |
|                       |                                      | <b>Total FY2019 User Fee Assessment</b>    |
|                       |                                      | <b>\$711,997,864</b>                       |

**Source:** Prepared by CRS using FDA, “FY2019 Tobacco User Fee Assessment Formulation by Product Class,” <https://www.fda.gov/tobacco-products/manufacturing/tobacco-user-fee-assessment-formulation-product-class>.

**Notes:** Percentages and user fees collected may not add evenly due to rounding. Data were not available for all four quarters of user fees collected, and thus only fourth quarter data are presented.

- a. Percentages are based on volume of domestic sales by tobacco product class. Those data are provided by the Alcohol and Tobacco Tax and Trade Bureau, National Revenue Center, Report Symbol TTB S 5210-12-2017 (July 20, 2018), <http://www.ttb.gov/tobacco/tobacco-stats.shtml>.

## Establishment Registration and Product Listing

Owners and operators of domestic tobacco product manufacturers are required to immediately register with FDA upon beginning operations and to subsequently register their establishments by the end of each year.<sup>24</sup> FDA is required to make this registration information public.<sup>25</sup> As part of the registration requirements, domestic tobacco product manufacturers must also submit product listing information, which includes a list of all tobacco products manufactured for commercial distribution.<sup>26</sup> The listing for each tobacco product must be clearly identified by the product category (e.g., smokeless tobacco) and unique name (i.e., brand/sub-brand). If the listed tobacco products differ in any way, such as a difference in a component or part, manufacturers are encouraged to list each tobacco product separately.<sup>27</sup> In addition, the listing must include a reference for the authority to market the tobacco product, and it must provide all consumer information for each tobacco product, such as labeling and a “representative sampling of advertisements.”<sup>28</sup> However, given the potential administrative burden on the registrant, FDA specifies in a guidance document that labeling for each individually listed tobacco product is not necessary if information that represents the labeling for a selected set of related products is provided.<sup>29</sup> Registrants are encouraged to submit their materials online using FDA’s Unified

<sup>24</sup> FFDC A Section 905(b)-(c).

<sup>25</sup> FFDC A Section 905(f).

<sup>26</sup> Foreign manufacturers are not required to register until FDA issues regulations establishing requirements for such manufacturers, per FDA, *Guidance for Industry: Registration and Product Listing for Owners and Operators of Domestic Tobacco Product Establishments*, December 2017, <https://www.fda.gov/downloads/tobaccoproducts/labeling/rulesregulationsguidance/ucm191940.pdf>.

<sup>27</sup> Ibid.

<sup>28</sup> FFDC A Section 905(i)(1)(B).

<sup>29</sup> FDA, *Guidance for Industry: Registration and Product Listing for Owners and Operators of Domestic Tobacco Product Establishments*, December 2017, <https://www.fda.gov/downloads/tobaccoproducts/labeling/rulesregulationsguidance/ucm191940.pdf>.

Registration and Listing System (FURLS) Tobacco Registration and Product Listing Module (TRLM).<sup>30</sup>

## Tobacco Product Manufacturer Inspections

Every tobacco product manufacturer that registers with FDA is subject to biennial inspections. This inspection requirement starts on the date the establishment registers, and at least once in every successive two-year period thereafter.<sup>31</sup>

The goal of such inspections is to review processes and procedures, observe and evaluate operations, document and collect information, identify any violations, communicate those violations to the manufacturer, and document any proposed corrective action plans.<sup>32</sup> FDA personnel—upon presenting appropriate credentials and a written notice to the owner, operator, or agent in charge—is authorized to enter the tobacco product manufacturer to inspect the factory and all pertinent equipment and materials “at reasonable times and within reasonable limits and in a reasonable manner.”<sup>33</sup> Upon completing the inspection and prior to leaving the premises, FDA is required to produce a written report describing any observed conditions or practices indicating that any tobacco product has been prepared in a way that is injurious to health.<sup>34</sup>

## Good Manufacturing Practices (GMPs)

FDA is required to promulgate regulations that outline good manufacturing practices (GMPs) to ensure that “the public health is protected and that the tobacco product is in compliance” with chapter IX of the FFDCAs.<sup>35</sup> Specifically, statute specifies that the regulations should include the methods, facilities, and controls involved in the manufacture, packing, and storage of a tobacco product.<sup>36</sup> Prior to promulgating the regulations, TPSAC and the public (through an oral hearing) have an opportunity to recommend modifications to the proposed regulations. In addition, the regulations are required to take into account different types of tobacco products, the financial resources of different tobacco manufacturers, and reasonable time for manufacturers to comply with GMPs.<sup>37</sup> A manufacturer may petition to be exempt from such requirements and receive approval from FDA if the agency determines that compliance with GMPs is not required to ensure that the tobacco product would be in compliance with chapter IX of the FFDCAs.<sup>38</sup>

To date, FDA has not promulgated GMP regulations. In 2012, 13 tobacco companies submitted recommendations to be included in the GMP regulations and subsequently met with FDA to review their recommendations and approach to developing them.<sup>39</sup> FDA then established a public

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<sup>30</sup> FDA, *Tobacco Registration and Product Listing Module (TRLM) User Guide*, <https://www.fda.gov/downloads/TobaccoProducts/Labeling/RulesRegulationsGuidance/UCM456130.pdf>.

<sup>31</sup> FFDCAs Section 905(g).

<sup>32</sup> FDA, 2017, *Compliance Training for Small Tobacco Product Manufacturers – Domestic Establishment Inspections*, <https://www.fda.gov/media/83422/download>.

<sup>33</sup> FFDCAs Section 704(a)(1).

<sup>34</sup> FFDCAs Section 704(b).

<sup>35</sup> FFDCAs Section 906(e)(1)(A).

<sup>36</sup> *Ibid.*

<sup>37</sup> Small tobacco product manufacturers would not be required to comply with a regulation until four years after it is promulgated, per FFDCAs Section 906(e)(1)(B)(v).

<sup>38</sup> FFDCAs Section 906(e)(2)(C).

<sup>39</sup> FDA, “Tobacco Product Manufacturing Practice; Establishment of a Public Docket,” 78 *Federal Register* 16824,

docket for additional comments on the tobacco companies' recommendations in 2013.<sup>40</sup> However, FDA did not take further action specific to promulgating GMP regulations after these actions. FDA's 2016 deeming rule stated that "FDA will have the authority to issue tobacco product manufacturing practice regulations under section 906(e)" of the FFDCA for ENDS and other newly deemed products.<sup>41</sup> Following the issuance of this rule, numerous ENDS industry stakeholders submitted recommendations to FDA highlighting differences between GMP regulations for ENDS products and other tobacco products (cigarettes, cigarette tobacco, roll-your-own tobacco, and smokeless tobacco).<sup>42</sup> FDA then opened a public docket in November 2017 to allow for comment on these proposed ENDS GMPs,<sup>43</sup> but the agency has not taken further action since then.

## Premarket Review Pathways

There are four different premarket review pathways for tobacco products: (1) premarket tobacco application (PMTA), (2) substantial equivalence (SE), (3) substantial equivalence (SE) exemption, and (4) modified risk tobacco product (MRTP). To legally market a *new* tobacco product,<sup>44</sup> a manufacturer must receive a PMTA marketing authorization order, unless FDA determines that the new tobacco product is substantially equivalent to a predicate tobacco product or is exempt from substantial equivalence.<sup>45</sup> To legally market a *new* tobacco product with reduced risk claims or *modify* a legally marked tobacco product to make reduced risk claims, a manufacturer must receive an MRTP order.

All tobacco products originally covered by the TCA are required to undergo premarket review, unless they are "grandfathered products."<sup>46</sup> Following the 2016 deeming rule, all newly deemed tobacco products became subject to premarket review requirements as well. In July 2017, FDA announced its Comprehensive Plan for Tobacco and Nicotine Regulation (Comprehensive Plan). As part of its Comprehensive Plan, FDA issued guidance that pushed back premarket review application deadlines to August 2021 for newly deemed combustible tobacco products (e.g., cigars) and August 2022 for newly deemed noncombustible tobacco products (e.g., ENDS) on the market as of August 8, 2016.<sup>47</sup> This administrative action was subject to legal challenge, after

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March 19, 2013.

<sup>40</sup> Ibid.

<sup>41</sup> FDA, "Deeming Tobacco Products To Be Subject to the Federal Food, Drug, and Cosmetic Act, as Amended by the Family Smoking Prevention and Tobacco Control Act; Restrictions on the Sale and Distribution of Tobacco Products and Required Warning Statements for Tobacco Products," 81 *Federal Register* 28980, May 10, 2016.

<sup>42</sup> RAI Services Company, "Proposed Good Manufacturing Practices Regulation To Account for FDA's Deeming Regulation" (Docket No. FDA-2013-N-022), June 7, 2017, <https://www.fda.gov/files/tobacco%20products/published/Proposed-Good-Manufacturing-Practices-Regulation-to-Account-for-FDA%27s-Deeming-Regulation-%28Docket-No.-FDA-2013-N-022%29.pdf>.

<sup>43</sup> FDA, "Tobacco Product Manufacturing Practice; Request for Comments," 82 *Federal Register* 55613, November 22, 2017.

<sup>44</sup> FFDCA Section 910(a)(1) defines a new tobacco product as any tobacco product (including those products in test markets) that was not commercially marketed in the United States as of February 15, 2007, or any modification (including a change in design, any component, any part, or any constituent, including a smoke constituent, or in the content, delivery or form of nicotine, or any other additive or ingredient) of a tobacco product where the modified product was commercially marketed in the United States after February 15, 2007.

<sup>45</sup> FFDCA Section 910(a)(2).

<sup>46</sup> Products that do not meet the statutory definition of a new tobacco product are referred to as "grandfathered products" and do not require premarket review to be legally marketed.

<sup>47</sup> FDA, *Guidance for Industry: Extension of Certain Tobacco Product Compliance Deadlines Related to the Final*

several public health groups (e.g., American Academy of Pediatrics, Campaign for Tobacco-Free Kids) filed a lawsuit against FDA.<sup>48</sup> In March 2019, FDA released draft guidance that considers revising its premarket review compliance policy for certain flavored ENDS products to August 2021.<sup>49</sup> However, in May 2019, the U.S. District Court for Maryland ruled in favor of the public health organizations,<sup>50</sup> and in July 2019, imposed a 10-month deadline for application submissions for all newly deemed tobacco products (i.e., May 2020) and a one-year deadline for approval (i.e., May 2021).<sup>51</sup>

**Table 2. Tobacco Product Marketing Orders Issued Between CY2014 and FY2019**

|                          | CY2014    | CY2015     | CY2016   | FY2017     | FY2018     | FY2019     |
|--------------------------|-----------|------------|----------|------------|------------|------------|
| PMTA Marketing Orders    | 0         | 8          | 0        | 0          | 0          | 4          |
| SE Orders                | 78        | 460        | 6        | 79         | 255        | 200        |
| Exemption from SE Orders | 0         | 1          | 0        | 26         | 58         | 159        |
| <b>Total</b>             | <b>78</b> | <b>469</b> | <b>6</b> | <b>105</b> | <b>313</b> | <b>363</b> |

**Source:** Prepared by CRS using data from the FDA, <https://www.fda.gov/TobaccoProducts/Labeling/TobaccoProductReviewEvaluation/ucm339928.htm>, as of August 2, 2019.

**Notes:** CY=Calendar Year; FY=Fiscal Year; PMTA=Premarket Tobacco Application; SE=Substantial Equivalence; MRTP=Modified Risk Tobacco Product. Applications were evaluated by year from 2014 to 2016, and by fiscal year starting in FY2017. Data are presented starting in 2014, when PMTA Marketing Order data first became available. No MRTP application orders have been issued.

As shown in **Table 2**, since 2014, most new tobacco products have been legally marketed through the SE pathway, and no MTP application orders have yet been issued. However, only requirements for the SE exemption pathway have been promulgated in regulations.<sup>52</sup> This has posed some challenges for manufacturers when preparing application submissions for the SE, PMTA, and MRTP pathways. In July 2017, Former Commissioner Gottlieb announced that FDA plans to issue regulations for SE reports, PMTAs, and MRTP applications, as well as to finalize FDA guidance for PMTA submissions specific to ENDS as part of its Comprehensive Plan.<sup>53</sup> In April 2019, FDA issued a proposed rule on the content and format of SE reports,<sup>54</sup> with public comment open until June 2019. Also in June 2019, FDA finalized its guidance on PMTA submissions specific to ENDS.<sup>55</sup>

*Deeming Rule*, Sixth Revision, November 2018, <https://www.fda.gov/downloads/TobaccoProducts/Labeling/RulesRegulationsGuidance/UCM557716.pdf>.

<sup>48</sup> *Am. Acad. of Pediatrics v. FDA*, 2019 U.S. Dist. LEXIS 81652 (D. Md., Mar. 26, 2019) (No. 8:18-cv-00883-PWG)

<sup>49</sup> FDA, *Draft Guidance for Industry: Modifications to Compliance Policy for Certain Deemed Tobacco Products*, March 2019, <https://www.fda.gov/downloads/TobaccoProducts/Labeling/RulesRegulationsGuidance/UCM633281.pdf>.

<sup>50</sup> *Am. Acad. of Pediatrics v. FDA*, 379 F. Supp. 3d 461 (D. Md. 2019).

<sup>51</sup> *Am. Acad. of Pediatrics v. FDA*, 2019 U.S. Dist LEXIS 00883 (D. MD. July 12, 2019).

<sup>52</sup> 21 C.F.R. §1107.1.

<sup>53</sup> FDA News Release, “FDA announces comprehensive regulatory plan to shift trajectory of tobacco-related disease, death,” July 28, 2017, <https://www.fda.gov/newsevents/newsroom/pressannouncements/ucm568923.htm>.

<sup>54</sup> FDA, “Content and Format of Substantial Equivalence Reports; Food and Drug Administration Actions on Substantial Equivalence Reports,” 84 *Federal Register* 12740, April 2, 2019.

<sup>55</sup> FDA, *Guidance for Industry: Premarket Tobacco Product Applications for Electronic Nicotine Delivery Systems*, June 2019, <https://www.fda.gov/media/127853/download>.

## Premarket Tobacco Product Applications (PMTA) Pathway

A manufacturer must submit a premarket tobacco product application (PMTA) and receive a PMTA marketing authorization order to legally market a new tobacco product that is not substantially equivalent to a predicate tobacco product or exempt from substantial equivalence. To receive a PMTA order, the application must demonstrate that the product is “appropriate for the protection of public health.”<sup>56</sup> This determination is made based on the risks and benefits to the whole population of users and nonusers of the product, while taking into account

the increased or decreased likelihood that existing users of tobacco products will stop using such products; and

the increased or decreased likelihood that those who do not use tobacco products will start using such products.<sup>57</sup>

PMTA applications must include, among other things, full reports of health risk investigations; a full statement of what is in the product (e.g., components, additives); a full description of manufacturing and processing methods; compliance with tobacco product standards; samples and components of the product; and proposed labeling of the product.<sup>58</sup> FDA has 180 days after receipt of the complete application to determine whether the product will receive a PMTA order.<sup>59</sup> If an application is approved, FDA can require that the sale and distribution of the tobacco product is restricted.<sup>60</sup>

FDA can deny a PMTA application for various reasons. These include if the agency determines that marketing the new tobacco product would not be appropriate for the protection of public health; the methods used for manufacturing, processing, or packing the tobacco product do not align with good manufacturing practices; the proposed labeling of the tobacco product is false or misleading; or the tobacco product does not conform with regulations specifying tobacco product standards.<sup>61</sup> FDA can withdraw or temporarily suspend a PMTA order if the agency finds that the continued marketing of the tobacco product is no longer appropriate for the protection of public health; the PMTA application contained false material; the applicant does not maintain records or create reports about its tobacco product; the labeling of the tobacco product becomes false or misleading; or the tobacco product does not conform to a tobacco product standard without appropriate justification.<sup>62</sup> To determine if there are grounds to withdraw or temporarily suspend a PMTA order, FDA can require by regulation, or on an application-by-application basis, that applicants establish and maintain records, and provide postmarket surveillance reports to FDA following PMTA approval.<sup>63</sup>

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<sup>56</sup> FFDCA Section 910(c)(4).

<sup>57</sup> *Ibid.*

<sup>58</sup> FFDCA Section 910(b)(1). See also FDA, *Draft Guidance: Applications for Premarket Review of New Tobacco Products*, September 2011, <https://www.fda.gov/downloads/TobaccoProducts/Labeling/RulesRegulationsGuidance/UCM273425.pdf>.

<sup>59</sup> FDA may refuse to file an application if the agency determines that the application is not complete (i.e., it does not include all components required under FFDCA Section 910(b)(1)). The 180 day clock does not start until FDA receives the complete application.

<sup>60</sup> These restrictions are permissible to the extent that sale and distribution is restricted under a regulation promulgated as part of FFDCA Section 906(d).

<sup>61</sup> FFDCA Section 910(c)(2).

<sup>62</sup> FFDCA Section 910(d)(1).

<sup>63</sup> FFDCA Section 910(f)(1).

## Substantial Equivalence (SE) Pathway

A new tobacco product is considered to be *substantially equivalent* to a predicate tobacco product if it has the same characteristics as the predicate tobacco product or if it has different characteristics that do not raise different questions of public health.<sup>64</sup> A product may serve as a predicate tobacco product if it was commercially marketed as of February 15, 2007, or if it has previously been determined as substantially equivalent to another predicate tobacco product. A tobacco product may *not* serve as a predicate product if it has been removed from the market or has been determined to be adulterated or misbranded.

If a new tobacco product is considered substantially equivalent to the predicate tobacco product, the manufacturer is required to submit an SE report to FDA justifying a substantial equivalence claim at least 90 days prior to the introduction of the new tobacco product into the market.<sup>65</sup> To accommodate manufacturers following enactment of the TCA, a new tobacco product that was introduced after February 15, 2007, but before March 22, 2011, could stay on the market while FDA reviewed the manufacturer's SE report, provided the report was submitted before March 23, 2011. However, if a manufacturer did not submit the SE report before March 23, 2011, or if the new tobacco product has been on the market since March 22, 2011, the product is not permitted to be marketed without an SE order from FDA, even if FDA takes longer than 90 days to approve and issue the order.<sup>66</sup>

## Substantial Equivalence (SE) Exemption Pathway

A new tobacco product that has been modified from a legally marketed tobacco product by either adding or removing a tobacco additive, or by increasing or decreasing the quantity of an existing tobacco additive, may be exempt from demonstrating substantial equivalence.<sup>67</sup> For such a product to be exempt, FDA must determine that (1) the modification would be considered minor, (2) an SE report that demonstrates substantial equivalence would not be necessary to ensure that marketing the tobacco product would be appropriate for protection of public health, and (3) an "exemption is otherwise appropriate."<sup>68</sup> Before the product can be legally marketed, FDA must first grant the product an exemption from demonstrating substantial equivalence.<sup>69</sup> Following this, a manufacturer must submit a report detailing the minor modification and establishing that FDA has determined that the product is exempt from demonstrating substantial equivalence to a predicate product.<sup>70</sup>

## Modified Risk Tobacco Products (MRTP) Pathway

A modified risk tobacco product (MRTP) is defined as "any tobacco product that is sold or distributed for use to reduce harm or the risk of tobacco-related disease associated with

<sup>64</sup> Characteristics are defined as "materials, ingredients, design, composition, heating source, or other features of a tobacco product" in FFDC Section 910(a)(3)(B).

<sup>65</sup> FFDC Section 905(j).

<sup>66</sup> FDA, *Guidance for Industry and FDA Staff: Section 905(j) Reports: Demonstrating Substantial Equivalence for Tobacco Products*, January 2011, <https://www.fda.gov/downloads/TobaccoProducts/Labeling/RulesRegulationsGuidance/UCM239021.pdf>.

<sup>67</sup> FDA, "Exemption from Substantial Equivalence," <https://www.fda.gov/TobaccoProducts/Labeling/TobaccoProductReviewEvaluation/ExemptionfromSubstantialEquivalence/default.htm>.

<sup>68</sup> FFDC Section 905(j)(3).

<sup>69</sup> 21 C.F.R. §1107.1.

<sup>70</sup> FFDC Section 905(j)(1)(A)(ii).

commercially marketed tobacco products.”<sup>71</sup> For example, some ENDS manufacturers may decide to submit an ENDS product through the MRTP pathway if the application can justify that the product reduces the risk of tobacco-related disease compared with other tobacco products (e.g., cigarettes). However, an MRTP may not be introduced or delivered into interstate commerce until FDA has issued an MRTP order, regardless if it was already legally on the market through another pathway (e.g., SE or SE exemption).<sup>72</sup> Further, any manufacturer that has not received an MRTP order for its tobacco product may not market the product with a label, labeling, or advertising that implies the product has a reduced risk of harm or that uses the words “light,” “mild,” “low,” or similar descriptions.<sup>73</sup> Smokeless tobacco products that use certain descriptors, such as “does not produce smoke” or “smoke-free,” are not automatically considered MRTPs unless a manufacturer receives MRTP orders for those products.<sup>74</sup> In addition, products that are intended to treat tobacco dependence are not considered MRTPs if they have been approved as a drug or device.<sup>75</sup>

Manufacturers must include certain information in a MRTP application, including

- a description of the proposed product and any proposed advertising and labeling;
- the conditions for using the product;
- the formulation of the product;
- sample product labels and labeling;
- all documents (including underlying scientific information) relating to research findings conducted, supported, or possessed by the tobacco product manufacturer relating to the effect of the product on tobacco-related diseases and health-related conditions, including information both favorable and unfavorable to the ability of the product to reduce risk or exposure and relating to human health;
- data and information on how consumers actually use the tobacco product; and
- such other information as the Secretary [FDA] may require.<sup>76</sup>

FDA must refer all complete MRTP applications to TPSAC given the health claims that need to be evaluated and verified in applications for these products. TPSAC then has 60 days to provide recommendations on the application to FDA. FDA can issue an MRTP order for a specified period of time (but not more than five years at one time<sup>77</sup>) if, among other things, it determines that the tobacco product will significantly reduce harm and the risk of tobacco-related disease to individual tobacco users and benefit the health of the population as a whole by taking into account users and nonusers of tobacco products.<sup>78</sup> To continue to market a MRTP after the order’s set term, a manufacturer would need to seek renewal of the MRTP order.

However, FDA may issue an order for certain tobacco products that may not meet the standard of significantly reducing harm to individual users and benefiting population health as a whole. This

<sup>71</sup> FFDCCA Section 911(b)(1).

<sup>72</sup> FDA, *Warning Letter*, [www.buyonline-cigarettes.com](http://www.buyonline-cigarettes.com), July 4, 2014, <https://www.fda.gov/inspections-compliance-enforcement-and-criminal-investigations/warning-letters/wwwbuyonline-cigarettescom-04072014>.

<sup>73</sup> FFDCCA Section 911(b)(2)(B).

<sup>74</sup> FFDCCA Section 911(b)(2)(C).

<sup>75</sup> FFDCCA Section 911(c).

<sup>76</sup> FFDCCA Section 911(d).

<sup>77</sup> FFDCCA Section 911(g)(2)(C)(i).

<sup>78</sup> FFDCCA Section 911(g).

is possible if, among things, the manufacturer can demonstrate that the MRTP order for the tobacco product would be appropriate to promote public health; the label, labeling, and advertising for the tobacco product are limited to claims that the product presents less exposure to a substance; scientific evidence is not available and cannot be made available without conducting the long-term epidemiologic studies required to meet the MRTP standard; and the scientific evidence that is available demonstrates if future studies are conducted, they would likely demonstrate a measurable and substantial reduction in morbidity or mortality among users of the tobacco product.<sup>79</sup>

### ***MRTP Postmarket Requirements***

To market a tobacco product that has received an MRTP order, the manufacturer must agree to certain postmarket surveillance and studies that examine consumer perception, behavior, and health pertaining to the product. Manufacturers required to conduct surveillance must submit the surveillance protocol to FDA within 30 days of receiving notice from FDA that such studies are required. Upon receipt of the protocol, FDA has 60 days to determine whether the protocol is sufficient to collect data that will allow FDA to determine if the MRTP order is necessary to protect public health.

FDA can also require that labeling and advertising of the product enable the public to understand the significance of the presented information to the consumer’s health. Further, FDA can impose conditions on the use of comparing claims between the tobacco product with an MRTP order and other tobacco products on the market, and require that the label of the product disclose substances in the tobacco product that could affect health.<sup>80</sup>

FDA must withdraw the MRTP order, after the opportunity for an informal hearing, under specified circumstances. Examples of such circumstances include if new information becomes available that no longer make an MRTP order permissible, if the product no longer reduces risk or exposure based on data from postmarket surveillance or studies, or if the applicant failed to conduct or submit postmarket surveillance or studies.<sup>81</sup>

#### **Investigational Tobacco Products**

FFDCA Section 910(g) allows FDA to issue regulations exempting tobacco products from certain chapter IX requirements. For example, manufacturers may need to use investigational tobacco products in studies to generate evidence for submission as part of a premarket application. While FDA has not yet promulgated such regulations, the agency issued draft guidance in February 2019 clarifying its enforcement policy regarding the use of investigational tobacco products until regulations are issued and become effective.<sup>82</sup>

The guidance defines an *investigational tobacco product* as “a tobacco product that is intended for investigational use and is:

- (1) a new tobacco product; or
- (2) a tobacco product that is required to comply with a tobacco product standard and that does not conform in all respects to the applicable tobacco product standard.”<sup>83</sup>

<sup>79</sup> FFDCA Section 911(g)(2).

<sup>80</sup> FFDCA Section 911(h).

<sup>81</sup> FFDCA Section 911(j).

<sup>82</sup> FDA, *Draft Guidance for Industry and Investigators: Use of Investigational Tobacco Products*, February 2019, <https://www.fda.gov/media/94052/download>.

<sup>83</sup> *Ibid.*



## Cessation Products

FDA's Center for Drug Evaluation and Research (CDER) is generally responsible for regulating tobacco-derived products that make health or cessation (i.e., quitting) claims, such as nicotine replacement therapies (NRTs).<sup>84</sup> NRTs contain nicotine as an active ingredient. Two types of prescription NRT products (nasal spray and nicotine inhaler) and three types of over-the-counter (OTC) NRT products have been approved by FDA through CDER, and most of these products have been approved for over 20 years.<sup>85</sup> The three types of OTC products include a nicotine gum, a transdermal nicotine patch, and a nicotine lozenge. Prescription medications that do *not* have nicotine as an active ingredient have also been approved by CDER for smoking cessation. These medications include *Chantix* (varenicline tartrate) and *Zyban* (bupropion hydrochloride).<sup>86</sup>

In the future, ENDS manufacturers who make health or cessation claims for their products would likely need to receive approval for marketing from CDER (rather than CTP).

## Tobacco Product Regulation: Tobacco-Specific Requirements

Tobacco product manufacturers, importers, distributors, and retailers are required to comply with certain tobacco-specific requirements as a result of the unique harms that tobacco products pose to human health. Each of these requirements is described below, and most requirements apply to all tobacco products, with some specified exceptions.

### Tobacco Product Standards

Prior to enactment of the TCA, Congress was concerned that the tobacco industry had the ability to design new tobacco products or modify existing ones that might appeal to children or increase exposure to harmful tobacco product constituents.<sup>87</sup> The TCA gave FDA the authority to adopt tobacco product standards that it deems necessary to protect the public's health,<sup>88</sup> but it explicitly prohibited FDA from creating a standard that bans cigarettes, smokeless tobacco products, cigars, pipe tobacco, or roll-your-own tobacco products.<sup>89</sup> Congress could choose to amend this language at any time.

<sup>84</sup> Certain cessation products may be considered a combination product (composed of a drug and device). In such cases, the product is regulated based on the primary mode of action. For example, if a cessation product is a combination of a drug and a device, but its primary mode of action is dependent upon chemical action within the body or metabolizing within the body to achieve its intended effects, it would be considered a drug and regulated through CDER. For a general comparison of drug and device regulation, see CRS In Focus IF11083, *Medical Product Regulation: Drugs, Biologics, and Devices*, by Agata Dabrowska and Victoria R. Green.

<sup>85</sup> FDA, "Advancing Medicinal Nicotine Replacement Therapies as New Drugs – A new step in FDA's comprehensive approach to tobacco and nicotine," <https://www.fda.gov/news-events/fda-voices-perspectives-fda-leadership-and-experts/advancing-medicinal-nicotine-replacement-therapies-new-drugs-new-step-fdas-comprehensive-approach>.

<sup>86</sup> FDA, "Want to Quit Smoking? FDA-Approved Products Can Help," <https://www.fda.gov/consumers/consumer-updates/want-quit-smoking-fda-approved-products-can-help>.

<sup>87</sup> U.S. Congress, House Committee on Energy and Commerce, *Family Smoking Prevention and Tobacco Control Act, Part 1*, Report to accompany H.R. 1256, 111<sup>th</sup> Cong., 1<sup>st</sup> sess., March 26, 2009, H.Rept. 111-58, p. 4.

<sup>88</sup> FFDCa Section 907(a)(3).

<sup>89</sup> FFDCa Section 907(d)(3).

A new tobacco product standard can set certain manufacturing, packaging, and distribution and sale requirements for tobacco products. For example, FDA can set requirements for ingredients, additives, components, or parts allowed in a tobacco product; testing of the tobacco product and test results demonstrating compliance with the standard; measurement of characteristics of the tobacco product; appropriate labeling of the tobacco product; and limited sale and distribution of the tobacco product.<sup>90</sup> To adopt a tobacco product standard, FDA is required to consider scientific evidence on

the risks and benefits to the population as a whole, including users and nonusers of tobacco products, of the proposed standard; the increased or decreased likelihood that existing users of tobacco products will stop using such products; and the increased or decreased likelihood that those who do not use tobacco products will start using such products.<sup>91</sup>

To propose a new tobacco product standard, FDA is required to publish a proposed rule in the *Federal Register* and allow for a public comment period of no less than 60 days. If FDA determines that the tobacco product standard is appropriate for the protection of public health based on an evaluation of public comments, a report from TPSAC (if the standard was referred to them), and other evidence, the agency must promulgate a final regulation to establish the standard. This regulation cannot take effect until at least one year after its publication, unless FDA determines that “an earlier effective date is necessary for the protection of public health.”<sup>92</sup>

FDA is required to periodically reevaluate tobacco product standards to determine if new data need to be reflected. In addition, a tobacco product standard may be amended or revoked either on the initiative of FDA or an interested party via petition (i.e., citizen petition). If FDA or a citizen petition calls for an amendment to or revocation of an existing tobacco product standard, a proposed rule would be issued in the *Federal Register* for public comment. As with a new tobacco product standard, FDA would make a determination regarding the existing standard based on review of the public comments, a TPSAC report (if relevant), and other evidence. For FDA to revoke a standard, the agency must find that the standard is “no longer appropriate for the protection of public health.”<sup>93</sup>

## Flavors

When enacting the TCA, Congress recognized that flavors, specifically, can make tobacco products more appealing to youth and expose tobacco users to additional carcinogens or other toxic constituents.<sup>94</sup> Although FDA has the authority to establish new tobacco product standards (as previously described), Section 907 of the FFDCa establishes a tobacco product standard explicitly banning characterizing artificial or natural flavors (other than tobacco or menthol), herbs, or spices in any constituent, additive, and component or part of a cigarette.<sup>95</sup>

Although tobacco and menthol flavors are not included in the tobacco product standard banning characterizing flavors in cigarettes, FDA is allowed to establish a tobacco product standard that would ban menthol from cigarettes. Within one year of its establishment, TPSAC was required to

<sup>90</sup> FFDCa Section 907(a)(4).

<sup>91</sup> FFDCa Section 907(a)(3)(B)(i).

<sup>92</sup> FFDCa Section 907(d)(2).

<sup>93</sup> FFDCa Section 907(c)(3).

<sup>94</sup> U.S. Congress, House Committee on Energy and Commerce, *Family Smoking Prevention and Tobacco Control Act, Part I*, Report to accompany H.R. 1256, 111<sup>th</sup> Cong., 1<sup>st</sup> sess., March 26, 2009, H.Rept. 111-58, p. 4.

<sup>95</sup> FFDCa Section 907(a).

submit a report and recommendations to the Secretary of HHS regarding the impact of menthol cigarette use on public health, specifically addressing use among youth and racial and ethnic minorities.<sup>96</sup> In its final report released in July 2011, TPSAC concluded that “removal of menthol cigarettes from the marketplace would benefit public health in the United States.”<sup>97</sup> In July 2013, FDA released an advance notice of public rulemaking (ANPRM) on a tobacco product standard for menthol in cigarettes, seeking comments, data, research, and any other relevant information.<sup>98</sup> A final regulation has not yet been promulgated; however, Former Commissioner Gottlieb expressed interest in accelerating the promulgation of this tobacco product standard.<sup>99</sup>

## Nicotine

Nicotine is the naturally occurring drug in tobacco that causes addiction to the product.<sup>100</sup> The FFDCAs allow FDA to address nicotine yields of a tobacco product through development of a tobacco product standard,<sup>101</sup> but it prohibits the agency from establishing a tobacco product standard that would require the reduction of nicotine yields to zero.<sup>102</sup>

One key feature of FDA’s Comprehensive Plan is to implement regulatory policies on addiction, appeal, and cessation based on scientific evidence and public input. One stated goal was to lower nicotine in cigarettes to a minimally or non-addictive level to benefit the public’s health. In March 2018, FDA released an ANPRM for development of a tobacco product standard that would set a maximum nicotine level for cigarettes.<sup>103</sup> The ANPRM seeks public comment on whether a tobacco product standard should apply to other combusted tobacco products (e.g., cigars, pipe tobacco); what a non-addictive level of nicotine would be; and other feasibility issues if such a tobacco product standard is implemented. The comment period closed in July 2018, after an extension, with nearly 8,000 comments received.

## Testing and Reporting of Ingredients

FDA has the authority to conduct or to require testing, reporting, or disclosure of tobacco product constituents, including smoke constituents.<sup>104</sup> Pursuant to FFDCAs Section 915, FDA is required to promulgate regulations that require the testing and reporting of components or parts of a tobacco product to protect the public health. Because FDA has not yet promulgated these testing

<sup>96</sup> FFDCAs Section 907(e).

<sup>97</sup> Tobacco Products Scientific Advisory Committee (TPSAC) and Center for Tobacco Products (CTP), *Public Health Impact of Menthol Cigarettes*, FDA, Silver Spring, MD, July 2011, p. 208.

<sup>98</sup> FDA, “Menthol in Cigarettes, Tobacco Products; Request for Comments,” 78 *Federal Register* 44485, July 24, 2013.

<sup>99</sup> FDA Statement, “Statement from FDA Commissioner Scott Gottlieb, M.D., on proposed new steps to protect youth by preventing access to flavored tobacco products and banning menthol in cigarettes,” November 15, 2018, <https://www.fda.gov/NewsEvents/Newsroom/PressAnnouncements/ucm625884.htm>.

<sup>100</sup> National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health, Centers for Disease Control and Prevention, *The Health Consequences of Smoking – 50 Years of Progress*, U.S. Department of Health and Human Services, Atlanta, GA, 2014, <https://www.surgeongeneral.gov/library/reports/50-years-of-progress/full-report.pdf>.

<sup>101</sup> FFDCAs Section 907(a)(4).

<sup>102</sup> FFDCAs Section 907(d)(3)(B).

<sup>103</sup> FDA, “Tobacco Product Standard for Nicotine Level of Combusted Cigarettes,” 83 *Federal Register* 11818, March 16, 2018.

<sup>104</sup> FFDCAs Section 915(c).

and reporting regulations, tobacco product manufacturers are not currently subject to these requirements.<sup>105</sup>

As part of these regulations, once they are promulgated, FDA may require tobacco product manufacturers to disclose the results of the testing of tar and nicotine through labels, advertising, or other means to protect public health and not mislead consumers about harms associated with use of the tobacco product. Small tobacco product manufacturers would be given additional time to comply, and FDA could additionally delay compliance on a case-by-case basis for small tobacco product manufacturers.<sup>106</sup>

## Health Information

Tobacco product manufacturers are required to submit specified health information to FDA. This health information includes a list of all ingredients, such as substances, compounds, and additives that are added to the tobacco product by the manufacturer. Health information also includes “a listing of all constituents, including smoke constituents as applicable, identified by the Secretary as harmful or potentially harmful to health in each tobacco product.”<sup>107</sup> Manufacturers must provide this information within each brand of the tobacco product, and the quantity included in each brand (e.g., Marlboro) and sub-brand (e.g., Marlboro Gold).<sup>108</sup> FDA’s compliance policy for ingredient listings, as specified in guidance, focuses on finished tobacco products (i.e., tobacco products packaged and ready for consumption), including cigarettes, cigarette tobacco, roll-your-own tobacco, smokeless tobacco, and newly deemed tobacco products (e.g., ENDS).<sup>109</sup> Further, FDA is focusing on components or parts of finished tobacco products that are made or derived from tobacco or contain ingredients that are burned, aerosolized, or ingested while the tobacco product is being used. As an example, e-liquids of ENDS are currently subject to this ingredient listing requirement, while batteries of ENDS are not.

## Harmful and Potentially Harmful Constituents

As interpreted by FDA in guidance, the phrase *harmful and potentially harmful constituents* (HPHCs) refers to any chemical or chemical compound in a tobacco product or in tobacco smoke that

is, or potentially is, inhaled, ingested, or absorbed into the body, including as an aerosol (vapor) or any other emission; and

causes or has the potential to cause direct or indirect harm to users or non-users of tobacco products.<sup>110</sup>

<sup>105</sup> FDA, “Deeming Tobacco Products To Be Subject to the Federal Food, Drug, and Cosmetic Act, as Amended by the Family Smoking Prevention and Tobacco Control Act; Restrictions on the Sale and Distribution of Tobacco Products and Required Warning Statements for Tobacco Products,” 81 *Federal Register* 28980, May 10, 2016.

<sup>106</sup> FDCA Section 915(d).

<sup>107</sup> FDCA Section 904(a)(3).

<sup>108</sup> FDCA Section 904(a)(1).

<sup>109</sup> FDA, *Guidance for Industry: Listing of Ingredients in Tobacco Products*, Revised November 2018, <https://www.fda.gov/downloads/TobaccoProducts/Labeling/RulesRegulationsGuidance/UCM527044.pdf>.

<sup>110</sup> FDA, *Guidance for Industry and FDA Staff: Harmful and Potentially Harmful Constituents in Tobacco Products as Used in Section 904(e) of the Federal Food, Drug, and Cosmetic Act*, Revised August 2016, <https://www.fda.gov/downloads/TobaccoProducts/Labeling/RulesRegulationsGuidance/UCM241352.pdf>.

Examples of HPHCs include toxicants, carcinogens, and addictive chemicals and compounds. By 2012 (three years after enactment of the TCA), FDA was required to establish a list of HPHCs in each tobacco product and, as applicable, to identify HPHCs by brand and sub-brand of tobacco products.<sup>111</sup> Based on TPSAC's recommendations and after receiving multiple rounds of public comment on these recommendations, FDA established a list of 93 HPHCs in tobacco products. This list specifies whether the HPHC is a carcinogen, respiratory toxicant, cardiovascular toxicant, reproductive or developmental toxicant, and/or addictive.<sup>112</sup>

Using FDA's list, manufacturers are required to report HPHCs by brand and quantity of HPHCs in each brand and sub-brand.<sup>113</sup> Given potential monetary and feasibility challenges that were associated with reporting all 93 HPHCs on FDA's list, FDA released an accompanying 2012 draft guidance that provided an abbreviated list of HPHCs that manufacturers of cigarettes, smokeless tobacco, and roll-your-own tobacco would be required to report to FDA.<sup>114</sup> FDA has not issued an update to the 2012 draft guidance. As a result, FDA does not intend to enforce this requirement for newly deemed tobacco products (e.g., ENDS) until after the publication date of the final guidance.<sup>115</sup> However, in August 2019, FDA announced that, for the first time, it is seeking public comment on 19 additional HPHCs that can be found in ENDS products.<sup>116</sup>

## Health Documents

Tobacco product manufacturers are required to submit to FDA all documents developed by the manufacturer or any other party on health, toxicological, behavioral, or physiologic effects of current or future tobacco products, including constituents, ingredients, components, and additives.<sup>117</sup> FDA interprets these documents to include "cell-based, tissue-based, animal, or human studies, computational toxicology models, information on addiction, intentions to use, cognition, emotion, motivation, and other behavioral effects at both the population-level (epidemiology) as well as the individual level (such as abuse liability)."<sup>118</sup>

## Records and Reports on Tobacco Products

FDA has the authority to require, by regulation, tobacco product manufacturers and importers to establish and maintain records to ensure that tobacco products are not adulterated or misbranded

<sup>111</sup> FFDCFA Section 904(a)(3).

<sup>112</sup> FDA, "Harmful and Potentially Harmful Constituents in Tobacco Products and Tobacco Smoke; Established List," 77 *Federal Register* 20034, April 3, 2012.

<sup>113</sup> FFDCFA Section 904(a)(3); FFDCFA Section 915.

<sup>114</sup> FDA, *Draft Guidance: Reporting Harmful and Potentially Harmful Constituents in Tobacco Products and Tobacco Smoke Under Section 904(a)(3) of the Federal Food, Drug, and Cosmetic Act*, March 2012, <https://www.fda.gov/downloads/TobaccoProducts/Labeling/RulesRegulationsGuidance/UCM297828.pdf>.

<sup>115</sup> FDA, *Guidance for Industry: Extension of Certain Tobacco Product Compliance Deadlines Related to the Final Deeming Rule*, Revised March 2019, <https://www.fda.gov/media/105346/download>.

<sup>116</sup> FDA In Brief, "FDA seeks comment on proposed additions to list of harmful and potentially harmful constituents found in tobacco products, including electronic nicotine delivery systems such as e-cigarettes and e-liquids," August 2, 2019, [https://www.fda.gov/news-events/fda-brief/fda-brief-fda-seeks-comment-proposed-additions-list-harmful-and-potentially-harmful-constituents?utm\\_campaign=080219\\_FIB\\_FDA%20seeks%20comment%20on%20proposed%20additions%20to%20tobacco%20constituents%20list&utm\\_medium=email&utm\\_source=Eloqua](https://www.fda.gov/news-events/fda-brief/fda-brief-fda-seeks-comment-proposed-additions-list-harmful-and-potentially-harmful-constituents?utm_campaign=080219_FIB_FDA%20seeks%20comment%20on%20proposed%20additions%20to%20tobacco%20constituents%20list&utm_medium=email&utm_source=Eloqua).

<sup>117</sup> FFDCFA Section 904(a)(4).

<sup>118</sup> FDA, *Guidance for Industry: Health Document Submission Requirements for Tobacco Products*, Revised October 2017, <https://www.fda.gov/downloads/TobaccoProducts/Labeling/RulesRegulationsGuidance/UCM208916.pdf>.

and to otherwise protect public health.<sup>119</sup> Through such regulations, FDA can also require manufacturers and importers to report if a tobacco product may have caused or contributed to a “serious unexpected adverse experience or any significant increase in the frequency of a serious, expected adverse product experience.”<sup>120</sup> Required reports cannot be overly burdensome and cannot disclose the identity of a patient, except under certain circumstances.<sup>121</sup>

FDA has not yet promulgated regulations specifying these requirements, and thus, it appears that FDA is not yet enforcing them. However, FDA issued a proposed rule in April 2019 on the content of a SE report. The proposed rule would require applicants submitting an SE report and receiving an SE order to maintain all records supporting the SE report for at least four years. In addition, the proposed rule would require a voluntary withdrawal request of an SE report to state whether a withdrawal is due to a safety concern related to the tobacco product.<sup>122</sup>

## Distribution and Promotion Requirements

Prior to 2009, restrictions on the distribution of tobacco products were largely enforced at the state level, and promotion of cigarettes and smokeless tobacco was largely overseen by the Federal Trade Commission (FTC).<sup>123</sup> However, in 2009, the TCA explicitly gave FDA the authority to require, by regulation, restrictions on the sale and distribution of a tobacco product if such a regulation would be appropriate for the protection of public health.<sup>124</sup> In addition, the FFDCCA specifies that FDA can impose restrictions, by regulation, on the advertising and promotion of a tobacco product consistent with the First Amendment.<sup>125</sup>

In addition to authorizing FDA to regulate the sale and distribution of tobacco products, the TCA also directed FDA to reissue its 1996 Tobacco Rule.<sup>126</sup> Among other things, the 1996 Tobacco Rule imposed requirements on the sale, labeling, and advertising of cigarettes and smokeless tobacco.<sup>127</sup> The TCA provided that the final rule must be identical to the 1996 rule, with specified exceptions. FDA reissued the 1996 rule in March 2010,<sup>128</sup> and the 2016 deeming rule extended the applicability of sale and distribution restrictions, as well as certain labeling and advertising requirements to newly deemed tobacco products (e.g., ENDS). Current law and regulations

<sup>119</sup> FFDCCA Section 909(a).

<sup>120</sup> FFDCCA Section 909(a)(1).

<sup>121</sup> FFDCCA Section 909(a)(6).

<sup>122</sup> FDA, “Content and Format of Substantial Equivalence Reports; Food and Drug Administration Actions on Substantial Equivalence Reports,” 84 *Federal Register* 12740, April 2, 2019.

<sup>123</sup> The Federal Cigarette Labeling and Advertising Act of 1965 (FCLAA; 15 U.S.C. §1331-1340) and the Comprehensive Smokeless Tobacco Health Education Act of 1986 (CSTHEA; 15 U.S.C. §4401-4408) are overseen by the Federal Trade Commission (FTC). For more information on the FCLAA, see FTC, “Federal Cigarette Labeling and Advertising Act,” <https://www.ftc.gov/enforcement/statutes/federal-cigarette-labeling-advertising-act>. For more information on the CHSTHEA, see <https://www.ftc.gov/enforcement/statutes/comprehensive-smokeless-tobacco-health-education-act-1986>.

<sup>124</sup> FFDCCA Section 906(d)(1).

<sup>125</sup> *Ibid.*

<sup>126</sup> TCA Section 102(a). In 2000, the Supreme Court invalidated FDA’s 1996 tobacco rule. *See* FDA v. Brown & Williamson Tobacco Corp., 529 U.S. 120 (2000). In this case, the Court concluded that under existing law, FDA lacked the authority to regulate tobacco products. *Id.* at 160.

<sup>127</sup> FDA, “Cigarettes and Smokeless Tobacco,” 61 *Federal Register* 44615, August 28, 1996.

<sup>128</sup> FDA, “Regulations Restricting the Sale and Distribution of Cigarettes and Smokeless Tobacco To Protect Children and Adolescents,” 75 *Federal Register* 13225, March 19, 2010.

restricting the sale and distribution of tobacco products will be discussed first, followed by current law and regulations on the labeling and advertising of tobacco products.

## Restrictions on Sales and Distribution of Tobacco Products

The FFDCFA specifies that FDA cannot promulgate regulations that restrict the sale of tobacco products to those over 18 years old.<sup>129</sup> However, pursuant to federal regulations, retailers are prohibited from selling cigarettes, smokeless tobacco products, and newly deemed tobacco products to anyone younger than 18, and retailers are also required to verify the age of persons purchasing these products who are younger than 27.<sup>130</sup> Regulations also specify that manufacturers, distributors, or retailers may not distribute free samples of cigarettes, smokeless tobacco products, and newly deemed tobacco products, with the exception of smokeless tobacco in qualified adult-only facilities.<sup>131</sup> Vending machine sales of cigarettes, smokeless tobacco, and newly deemed tobacco products are prohibited, unless the vending machine is located in a qualified adult-only facility.<sup>132</sup> Consistent with the limitations specified in statute, these regulations do not prohibit the sale of tobacco products in specific categories of retail outlets (e.g., pharmacies, specialty stores).<sup>133</sup>

## Synar Regulations

As aforementioned, prior to the enactment of the TCA, restrictions on the sale and distribution of tobacco products were primarily enforced at the state level, and compliance with state laws prohibiting tobacco sales to minors varied.<sup>134</sup> Evidence emerged about health problems associated with tobacco use by youth and about the ease with which youth could purchase tobacco products through retail sources.<sup>135</sup> In 1992, the Alcohol, Drug Abuse, and Mental Health Administration (ADAHMA) Reorganization Act (P.L. 102-321) was signed into law, and it included an amendment aimed at decreasing youth access to tobacco. More specifically, Section 1926 (known as the “Synar amendment”) of the ADAHMA Reorganization Act required that the Substance Abuse and Mental Health Services Administration (SAMHSA) make available the full Substance Abuse Prevention and Treatment Block Grant (SABG) award funding to states and U.S. territories only if they have laws in effect that prohibit the sale or distribution of tobacco products to individuals younger than 18 years old.<sup>136</sup> The SABG is a block grant program that distributes funds to 60 eligible states, U.S. territories, and freely associated states to plan, execute, and evaluate substance use prevention, treatment, and recovery support services for affected

<sup>129</sup> FFDCFA Section 906(d)(3)(A)(ii).

<sup>130</sup> 21 C.F.R. §1140.14.

<sup>131</sup> 21 C.F.R. §1140.16(d). Regarding free samples, unlike other restrictions in the deeming rule that were applied to newly deemed products made or derived from tobacco (“covered tobacco products”), the free sample ban applies to all tobacco products subject to FDA’s authority, including components or parts not made or derived from tobacco (e.g., atomizers in ENDS products). See FDA, *Guidance for Industry: The Prohibition of Distributing Free Samples of Tobacco Products*, October 2017, <https://www.fda.gov/media/108259/download>.

<sup>132</sup> 21 C.F.R. §1140.16(c).

<sup>133</sup> FFDCFA Section 906(d)(3)(A)(i).

<sup>134</sup> Thomas E Radecki and C Dianne Zdunich, “Tobacco sales to minors in 97 US and Canadian communities,” *Tobacco Control*, vol. 2 (1993), pp. 300-305.

<sup>135</sup> SAMHSA, “About the Synar Amendment and Program,” <https://www.samhsa.gov/synar/about>.

<sup>136</sup> Public Health Service Act Section 1926 (42 U.S.C. §300x-26), as established by the Alcohol, Drug Abuse, and Mental Health Administration (ADAHMA) Reorganization Act (P.L. 102-321).

individuals, families, and communities.<sup>137</sup> The SABG provides a consistent federal funding stream to states through formula grants, and it is one of SAMHSA’s largest programs.<sup>138</sup>

The Synar regulations were promulgated by SAMHSA in 1996 to provide further guidance to states on implementation of the Synar amendment. The regulation requires, among other things, that states enact and enforce laws that prohibit the sale or distribution of tobacco products to individuals younger than 18; conduct annual inspections of retailers that are representative of retail outlets accessible to minors; and submit an annual report to SAMHSA on enforcement and compliance actions in order to receive their full SABG funding.<sup>139</sup>

In 2009, more than 10 years after the Synar regulations were promulgated, the TCA authorized FDA to regulate the manufacture, marketing, distribution, and sale of tobacco products. The separate programs continue to work in parallel, and the agencies (FDA and SAMHSA) collaborate on certain activities.<sup>140</sup> One key difference between the two programs is that FDA regulations prohibit *manufacturers, importers, distributors, and retailers* from selling and distributing tobacco products to anyone younger than 18; require photographic identification of anyone under age 27 who attempts to purchase tobacco products; and ban tobacco product vending machines and self-service displays where anyone under age 18 can enter. Conversely, for states to receive their full SABG funding, SAMHSA regulations require *states* to enact *state* laws that prohibit the sale of tobacco products to anyone younger than 18, including sales from vending machines.

It should be noted that FDA and SAMHSA regulations define tobacco products differently. For FDA, the definition of “tobacco products” comprises tobacco products immediately covered under the TCA (cigarettes, cigarette tobacco, roll-your-own tobacco, smokeless tobacco) as well as newly deemed tobacco products (e.g., ENDS). Because the Synar amendment does not define the term “tobacco product,” SAMHSA has indicated that each state may decide which tobacco products youth are using and should subsequently be included in tobacco retailer inspections.

## Tobacco Product Labeling and Advertisement Requirements

The Federal Cigarette Labeling and Advertising Act of 1965 (FCLAA)<sup>141</sup> and the Comprehensive Smokeless Tobacco Health Education Act of 1986 (CHSTHEA) include certain labeling requirements and advertising restrictions on cigarettes and smokeless tobacco, respectively.<sup>142</sup>

<sup>137</sup> SAMHSA, *Justification of Estimates for Appropriations Committees* for FY2020, p. 259, [https://www.samhsa.gov/sites/default/files/about\\_us/budget/samhsa\\_fy\\_2020\\_cj\\_submission\\_031919\\_508\\_final.pdf](https://www.samhsa.gov/sites/default/files/about_us/budget/samhsa_fy_2020_cj_submission_031919_508_final.pdf). The ADAMHA Reorganization Act (P.L. 102-321) split the original 1981 Alcohol, Drug, and Mental Health Services (ADMHS) block grant into the Mental Health Block Grant and the Substance Abuse Prevention and Treatment Block Grant (SABG).

<sup>138</sup> SAMHSA, *Justification of Estimates for Appropriations Committees* for FY2020, p. 259, [https://www.samhsa.gov/sites/default/files/about\\_us/budget/samhsa\\_fy\\_2020\\_cj\\_submission\\_031919\\_508\\_final.pdf](https://www.samhsa.gov/sites/default/files/about_us/budget/samhsa_fy_2020_cj_submission_031919_508_final.pdf); SAMHSA, *Operating Plan for FY2019*, [https://www.samhsa.gov/sites/default/files/samhsa\\_fy2019\\_operating\\_plan\\_508.pdf](https://www.samhsa.gov/sites/default/files/samhsa_fy2019_operating_plan_508.pdf).

<sup>139</sup> SAMHSA, “Tobacco Regulation for Substance Abuse Prevention and Treatment Block Grants,” 61 *Federal Register* 1492, January 19, 1996.

<sup>140</sup> For a more comprehensive comparison of differences, as well as collaborations, between FDA’s tobacco retail compliance requirements and SAMHSA’s Synar program, see SAMHSA and FDA, “A Strategic Partnership: The Food and Drug Administration’s (FDA) Tobacco Retail Compliance Inspection Contracts and the Substance Abuse and Mental Health Service Administration’s (SAMHSA) Synar Program,” <https://www.samhsa.gov/sites/default/files/ucm284343.pdf>.

<sup>141</sup> The FCLAA was amended by the Public Health Cigarette Smoking Act of 1969.

<sup>142</sup> The FCLAA and the CHSTHEA are overseen by the Federal Trade Commission (FTC). For more information on the FCLAA, see FTC, “Federal Cigarette Labeling and Advertising Act,” <https://www.ftc.gov/enforcement/statutes/federal-cigarette-labeling-advertising-act>. For more information on the CHSTHEA, see <https://www.ftc.gov/>



FTC generally oversees these two Acts.<sup>143</sup> For example, one advertising restriction within these Acts includes a ban on advertising cigarettes, little cigars, and smokeless tobacco products on radio, television, or other media subject to the jurisdiction of the Federal Communications Commission (FCC).<sup>144</sup>

In addition, manufacturers, distributors, and retailers may not sell or distribute tobacco products with labels, labeling, or advertising that are not in compliance with the FFDCA and accompanying FDA regulations.<sup>145</sup> Certain labeling and advertising requirements specific to cigarettes and smokeless tobacco include the following:

- Manufacturers, distributors, and retailers may not sponsor any athletic, musical, or other social or cultural event with the brand name of a cigarette or smokeless tobacco product.<sup>146</sup>
- Manufacturers and distributors of imported cigarettes and smokeless tobacco may not market, license, distribute, or sell any product that bears the brand name, logo, or any other identifying patterns associated with the brand name.<sup>147</sup>
- Labeling and advertising in audio and video formats are limited. For example, audio formats cannot include music or sound effects.<sup>148</sup>

Tobacco product package labeling and advertisements must also include warning statements. **Table 3** lists the different health warning statements required to be displayed on tobacco product package labeling and in tobacco product advertisements, by product. For example, all ENDS package labeling and advertising is required to include “WARNING: This product contains nicotine. Nicotine is an addictive chemical.”

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enforcement/statutes/comprehensive-smokeless-tobacco-health-education-act-1986.

<sup>143</sup> The FTC enforces unfair or deceptive marketing practices for tobacco products that may be in violation of Section 5 of the Federal Trade Commission Act (FTCA; 15 U.S.C. §41-58). For more information on the FTCA, see FTC, “Federal Trade Commission Act,” <https://www.ftc.gov/enforcement/statutes/federal-trade-commission-act>.

<sup>144</sup> 15 U.S.C. §1335; 15 U.S.C. §4402(c).

<sup>145</sup> FDA’s tobacco product regulations are included in 21 C.F.R. Part 1140.

<sup>146</sup> 21 C.F.R. §1140.34(c).

<sup>147</sup> 21 C.F.R. §1140.34(a).

<sup>148</sup> 21 C.F.R. §1140.32(b).

**Table 3. Required Warning Statements on Tobacco Product Packaging and Advertising, by Tobacco Product**

| Tobacco Products                                   | Required Warning Statements   |
|--|---|
| Cigarettes <sup>a</sup>                            | <p><b>SURGEON GENERAL'S WARNING:</b> Smoking Causes Lung Cancer, Heart Disease, Emphysema, And May Complicate Pregnancy.</p> <p><b>SURGEON GENERAL'S WARNING:</b> Quitting Smoking Now Greatly Reduces Serious Risks to Your Health.</p> <p><b>SURGEON GENERAL'S WARNING:</b> Smoking By Pregnant Women May Result in Fetal Injury, Premature Birth, And Low Birth Weight.</p> <p><b>SURGEON GENERAL'S WARNING:</b> Cigarette Smoke Contains Carbon Monoxide.</p> |
| Cigarette Tobacco                                  | <p><b>WARNING:</b> This product contains nicotine. Nicotine is an addictive chemical.</p>   |
| Roll-Your-Own Tobacco (RYO)                        | <p><b>WARNING:</b> This product contains nicotine. Nicotine is an addictive chemical.</p>   |
| Smokeless Tobacco <sup>b</sup>                     | <p><b>WARNING:</b> This product can cause mouth cancer.</p> <p><b>WARNING:</b> This product can cause gum disease and tooth loss.</p> <p><b>WARNING:</b> This product is not a safe alternative to cigarettes.</p> <p><b>WARNING:</b> Smokeless tobacco is addictive.</p>   |
| Newly Deemed Products (except cigars) <sup>c</sup> | <p><b>WARNING:</b> This product contains nicotine. Nicotine is an addictive chemical.</p>   |

| Tobacco Products  | Required Warning Statements   |
|---|---|
| Cigars  | <p><b>WARNING:</b> Cigar smoking can cause cancers of the mouth and throat, even if you do not inhale.</p> <p><b>WARNING:</b> Cigar smoking can cause lung cancer and heart disease.</p> <p><b>WARNING:</b> Cigars are not a safe alternative to cigarettes.</p> <p><b>WARNING:</b> Tobacco smoke increases the risk of lung cancer and heart disease, even in nonsmokers.</p> <p><b>WARNING:</b> Cigar use while pregnant can harm you and your baby. Or <b>SURGEON GENERAL WARNING:</b> Tobacco Use Increases the Risk of Infertility, Stillbirth and Low Birth Weight.</p> <p><b>WARNING:</b> This product contains nicotine. Nicotine is an addictive chemical.</p> |
| Tobacco products that do not contain or are not derived from tobacco or nicotine. | These products are not subject to required warning statements.  |

**Source:** Prepared by CRS, adapted from FDA, *Retailers: Chart of Required Warning Statements on Tobacco Product Packaging and Advertising*, <https://www.fda.gov/tobacco-products/retail-sales-tobacco-products/retailers-chart-required-warning-statements-tobacco-product-packaging-and-advertising>.

**Notes:** For all products, one of the warnings must be displayed on the two principal display panels. FDA is not enforcing health warning statement requirements for cigar and pipe tobacco products, given pending litigation.

- a. These cigarette health warning labels are required by the FCLAA (15 U.S.C. §§1331-1340) and are overseen by FTC.
- b. The first three listed warnings were originally authorized by the CSTHEA (15 U.S.C. §§4401-4408), The TCA amended the CSTHEA to include the fourth listed warning. FTC oversees these warning label requirements.
- c. Newly deemed tobacco products include ENDS, cigars, pipe tobacco, hookah tobacco, nicotine gels, dissolvable tobacco, and other tobacco products that may be developed in the future.

### Cigarette Graphic Warning Labels

The TCA required FDA to promulgate regulations requiring color graphics depicting the negative health consequences of cigarette smoking.<sup>149</sup> In 2011, FDA published a final rule requiring graphic warning labels on cigarette packaging—in addition to nine new warning statements proposed in text—that would take effect 15 months after it was promulgated.<sup>150</sup> The final rule was challenged in court, and in 2012, an appeals court vacated the rule on First Amendment grounds and remanded the issue to the agency. Ultimately, FDA did not seek further judicial review.<sup>151</sup>

<sup>149</sup> 15 U.S.C. §1333(d), as amended by TCA Section 201(a).

<sup>150</sup> FDA, “Required Warnings for Cigarette Packages and Advertisements,” 76 *Federal Register* 36628, June 22, 2011.

<sup>151</sup> FDA, *Cigarette Graphic Health Warnings*, <https://www.fda.gov/tobacco-products/labeling-and-warning-statements-tobacco-products/cigarette-graphic-health-warnings>.

FDA planned to develop and propose a new graphic warning rule and has continued to conduct research for this rule since 2013.<sup>152</sup> However, in 2016, multiple health organizations filed a suit against FDA to compel the agency to promulgate a final rule more quickly.<sup>153</sup> In March 2019, FDA was ordered to issue a proposed rule by mid-August 2019 and a final rule by mid-March 2020.<sup>154</sup>

## Compliance and Enforcement

If FDA finds that a retailer, manufacturer, importer, or distributor is not complying with FFDCa chapter IX requirements or FDA regulations, the agency can take corrective action. Such corrective actions include warning letters, civil money penalty (CMP) complaints, and no-tobacco-sale order (NTSO) complaints, as well as seizures, injunctions, and criminal prosecution (with the Department of Justice).<sup>155</sup>

### Adulterated and Misbranded Tobacco Products

The FFDCa prohibits the adulteration and misbranding of tobacco products, as well as the introduction, receipt, and delivery of adulterated or misbranded tobacco products into interstate commerce.<sup>156</sup>

#### Adulterated Tobacco Products

In general, a tobacco product is deemed adulterated if

- it is contaminated by any substance that may render the product injurious to health;
- it has been prepared in unsanitary conditions that may have contaminated the product;
- its packaging is composed of any substance that could be harmful to health; and/or
- if a manufacturer does not comply with user fee, tobacco product standard, premarket review, and/or GMP requirements (when promulgated).<sup>157</sup>

#### Misbranded Tobacco Products

A tobacco product is deemed misbranded if

- the labeling is false or misleading in any way;

<sup>152</sup> Ibid.

<sup>153</sup> *American Academy of Pediatrics v. U.S. Food & Drug Admin*, 330 F. Supp. 3d 657 (D. Mass. 2018); [https://www.tobaccofreekids.org/assets/content/press\\_office/2016/2016\\_10\\_04\\_fda\\_complaint.pdf](https://www.tobaccofreekids.org/assets/content/press_office/2016/2016_10_04_fda_complaint.pdf).

<sup>154</sup> *American Academy of Pediatrics v. U.S. Food & Drug Admin*, 2019 U.S. Dist. LEXIS 34946 (D. Mass. 2019); <https://www.tobaccocontrolaws.org/litigation/decisions/us-20190305-american-academy-of-pediatrics>.

<sup>155</sup> For more general information about enforcement of the FFDCa, see CRS Report R43609, *Enforcement of the Food, Drug, and Cosmetic Act: Select Legal Issues*, by Kathryn B. Armstrong and Jennifer A. Staman.

<sup>156</sup> FFDCa Section 301(a)-(c).

<sup>157</sup> FFDCa Section 902.

- its package labeling does not include specified manufacturing information, statements, or warnings required by regulation, or does not comply with an established tobacco product standard,<sup>158</sup>
- the labeling, packaging, and shipping containers of tobacco products do not contain the label “sale only allowed in the United States”;<sup>159</sup>
- it was manufactured, prepared, propagated, compounded, or processed in a facility that was not registered with FDA;<sup>160</sup>
- its advertising is false or misleading in any way;<sup>161</sup> and/or
- it is sold in violation of regulations promulgated on the sale and distribution of tobacco products.<sup>162</sup>

FDA may, by regulation, require prior approval of statements made on labels of tobacco products to ensure that the tobacco product is not misbranded. However, such a regulation cannot require prior approval of an advertisement, except for MRTPs.<sup>163</sup> To date, FDA has not issued such regulations.

## Tobacco Retailer Compliance Check Inspections

FDA is required to contract with states and territories to carry out compliance check inspections of tobacco retailers.<sup>164</sup> In some instances, FDA has awarded contracts to third-party entities that hire commissionable inspectors to conduct compliance check inspections of tobacco retailers in states and territories where FDA has not been able to contract with a state or territory agency. FDA personnel may also conduct their own investigations.<sup>165</sup>

FDA ensures that tobacco retailers are in compliance with federal law and regulations through undercover buy inspections. During these inspections, the retailer is unaware an inspection is taking place. A trained minor, in consultation with a commissioned FDA inspector, attempts to purchase a tobacco product.<sup>166</sup> If a first-time violation is reported (e.g., sale to a minor, illegal advertising), a warning letter is sent to the tobacco retailer, and the addressee has 15 working days to respond to the letter, with no associated fines involved. When subsequent violations of tobacco regulations or requirements are detected during these undercover buy inspections, FDA files a CMP complaint. The associated fines vary based on the number of regulation violations and the time period in which the violations occurred.<sup>167</sup> If retailers have repeated violations of the restrictions on the sale and distribution of tobacco products, FDA may seek a NTSO, which would prohibit sale of tobacco products at that retail outlet. A NTSO could be separate or combined with CMPs.<sup>168</sup> According to FDA, as of June 2019, the agency has “conducted more

<sup>158</sup> FDCA Section 903(a).

<sup>159</sup> FDCA Section 920(a).

<sup>160</sup> FDCA Section 903(a)(6).

<sup>161</sup> FDCA Section 906(a)(7); 21 C.F.R. § 1141.14.

<sup>162</sup> *Ibid.*

<sup>163</sup> FDCA Section 903(b).

<sup>164</sup> FDCA Section 702(a)(1)(B)(i).

<sup>165</sup> FDA, “FDA Tobacco Retail Inspection Contracts,” <https://www.fda.gov/tobacco-products/retail-sales-tobacco-products/fda-tobacco-retail-inspection-contracts>.

<sup>166</sup> FDA, “Undercover Buy Inspections,” <https://www.fda.gov/media/123583/download>.

<sup>167</sup> TCA Section 103(q)(2)(a).

<sup>168</sup> FDA, Guidance for Tobacco Retailers: Determination of the Period Covered by a No-Tobacco-Sale-Order and

than a million compliance check inspections and issued nearly 88,000 Warning Letters, 22,000 [CMPs], and 160 [NTSOs].”<sup>169</sup>

## Notification and Recall

FDA has the authority to issue notifications and recalls of tobacco products once they are on the market. FDA can issue a notification through a public service announcement if the tobacco product “presents an unreasonable risk of substantial harm to the public health,”<sup>170</sup> provided that FDA determines there are no other practical means to eliminate such risk.

A tobacco product manufacturer can initiate or FDA can request a (voluntary) recall if the tobacco product is thought to be in violation of the FFDCA.<sup>171</sup> In addition, FDA has the authority to mandate a tobacco product recall under specified circumstances. If FDA determines that a tobacco product contains a manufacturing or other defect that would “cause serious, adverse health consequences or death,” the agency can issue an order requiring the appropriate person (e.g., the manufacturer, retailer, importer, or distributor) to immediately stop distribution of the tobacco product.<sup>172</sup> FDA is required to provide the person subject to the order an opportunity for an informal hearing not later than 10 days after the order is issued. Following the hearing, FDA is required to vacate the order if the agency determines that there is insufficient evidence to maintain the order. If after the informal hearing FDA determines that the order should be amended to include a recall of the tobacco product, FDA must amend the order to require such recall, specifying a timetable for and requiring periodic progress reports on the recall.

## Issues for Congress and Policy Considerations

Although the TCA expanded FDA’s authority to regulate tobacco products nearly 10 years ago, stakeholders have recently identified several issues related to the regulation of these products that may be of interest to Congress:

- FDA and public health stakeholders remain concerned about the marked increase in use of ENDS among youth over the past few years, and many in the public health community argue that this increase is largely driven by the availability of youth-friendly flavors in these products. While the public health community generally views ENDS as a safer alternative for adult cigarette smokers, there is concern that increased use of ENDS among youth may undo the years of tobacco control efforts that have successfully reduced cigarette smoking among both youth and adults.
- Some public health stakeholders are concerned about youth access to tobacco products more broadly and have expressed support for raising the minimum age of access for tobacco products from 18 to 21 years of age.

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Compliance With an Order, August 2015, <https://www.fda.gov/downloads/tobaccoproducts/labeling/rulesregulationsguidance/ucm460155.pdf>.

<sup>169</sup> FDA, “Achievements in Tobacco Regulation Over the Past Decade and Beyond,” June 20, 2019, [https://www.fda.gov/news-events/fda-voices-perspectives-fda-leadership-and-experts/achievements-tobacco-regulation-over-past-decade-and-beyond?utm\\_campaign=10-year%20Anniversary%20Voice&utm\\_medium=email&utm\\_source=Eloqua](https://www.fda.gov/news-events/fda-voices-perspectives-fda-leadership-and-experts/achievements-tobacco-regulation-over-past-decade-and-beyond?utm_campaign=10-year%20Anniversary%20Voice&utm_medium=email&utm_source=Eloqua).

<sup>170</sup> FFDCA Section 908(a)(1).

<sup>171</sup> For more information on FDA’s general recall authority, see CRS Report R43609, *Enforcement of the Food, Drug, and Cosmetic Act: Select Legal Issues*, by Kathryn B. Armstrong and Jennifer A. Staman.

<sup>172</sup> FFDCA Section 908(c)(1).

- The remote sales of tobacco products—including ENDS—may be an opportunity for youth to purchase tobacco products illegally, due to difficulties in enforcing purchasing restrictions through this medium.
- Generally separate from the aforementioned public health issues, another issue concerns FDA’s authority to collect tobacco user fees. More specifically, FDA has determined that it currently does not have the authority to assess user fees from ENDS manufacturers, despite these products being deemed subject to FDA regulation.

These four issues are discussed in detail below, along with potential considerations for policymakers.<sup>173</sup>

## ENDS: Harm Reduction Potential among Adults vs. Use among Youth, Including Flavored ENDS Use

Since the emergence of ENDS in the tobacco marketplace, there has been ongoing debate regarding their public health impact. The public health community generally views them as a harm reduction tool for adults who specifically smoke cigarettes. *Harm reduction* refers to the replacement of a more harmful activity with a less harmful one when elimination of the activity is difficult or infeasible. ENDS have the potential to reduce harm among adult cigarette smokers who have experienced difficulty quitting, as the aerosol from ENDS “contains fewer numbers and lower levels of most toxicants than does smoke from combustible tobacco cigarettes.”<sup>174</sup>

Yet the data are complex regarding the effectiveness of ENDS as a harm reduction or cessation tool for adults who smoke cigarettes. As of early 2018, the National Academies of Sciences, Engineering, and Medicine (NASEM) concluded that “there is general agreement that the number, size, and quality of studies for judging the effectiveness of e-cigarettes as cessation aids in comparison with cessation aids of proven efficacy are limited, and therefore there is insufficient evidence to permit a definitive conclusion at this time.”<sup>175</sup> Further, the long-term health effects associated with use of ENDS are still largely unknown,<sup>176</sup> and FDA has not yet approved any ENDS products as cessation devices. This uncertainty can leave health care providers with questions on how ENDS should be discussed with their adult patients. In spite of these questions, many adult cigarette smokers have expressed an interest in ENDS as a way to quit cigarette smoking.<sup>177</sup> Some argue that having adults completely switch from cigarettes to ENDS can generally be viewed as positive for the public’s health, given the morbidity and mortality associated with cigarette smoking.<sup>178</sup>

<sup>173</sup> Currently, ENDS products are not subject to federal excise taxes, but discussion of this policy issue is outside the scope of this report. For more information, see U.S. Government Accountability Office, *Electronic Cigarettes: Effect on Federal Excise Taxes Collected on Traditional Cigarettes is Not Currently Evident*, GAO-15-771, September 2015, <https://www.gao.gov/assets/680/672467.pdf>.

<sup>174</sup> National Academies of Sciences, Engineering, and Medicine, *Public Health Consequences of E-Cigarettes*, National Academies Press, Washington, DC, 2018, p. 1, <https://www.nap.edu/read/24952>.

<sup>175</sup> *Ibid.*, p. 579.

<sup>176</sup> *Ibid.*, p. 483.

<sup>177</sup> Matthew J. Carpenter, Bryan W. Heckman, Amy E. Wahlquist, et al., “A Naturalistic, Randomized Pilot Trial of E-Cigarettes: Uptake, Exposure, and Behavioral Effects,” *Cancer Epidemiology, Biomarkers & Prevention*, vol. 26, no. 12 (December 2017).

<sup>178</sup> U.S. Department of Health and Human Services, *The Health Consequences of Smoking: 50 Years of Progress. A Report of the Surgeon General*, U.S. Department of Health and Human Services, Centers for Disease Control and

However, many in the public health community are alarmed by the marked increase in use of ENDS products among youth, which are now the most popular tobacco product used among this age group.<sup>179</sup> Research studies suggest that this change has occurred, in large part, as a result of access to flavored ENDS products.<sup>180</sup> The availability of flavored ENDS products has created tension between industry and the public health community. Industry-funded research suggests that availability of flavored ENDS may be more appealing to adult cigarette smokers (in comparison to nonsmoking teens) and could help adult cigarette smokers quit cigarette smoking.<sup>181</sup> Conversely, one systematic review of the literature found that both youth and adults enjoy flavors in e-cigarettes. However, the authors of this review stated that “in terms of whether flavored e-cigarettes assisted [adults] quitting smoking, we found inconclusive evidence.”<sup>182</sup> In combination, numerous studies have documented that flavors entice youth to initiate and continue using tobacco products,<sup>183</sup> including ENDS.<sup>184</sup> Further, the NASEM concluded that there is substantial evidence that ENDS use among youth increases the risk of such youth ever using cigarettes,<sup>185</sup> leading to concern that tobacco control efforts that have successfully reduced cigarette smoking among both youth and adults will be diminished. The culmination of these factors raises questions about how to regulate ENDS products going forward and, specifically, how to address flavors in tobacco products (including ENDS).

FDA released an ANPRM in March 2018, “Regulation of Flavors in Tobacco Products,” that requested public comments, data, research results, and other information related to the role of flavors generally in tobacco products, among other things.<sup>186</sup> After one extension, the comment period closed in July 2018 and the agency had received over 500,000 comments. Given the number of comments received, it is likely that the final standard for flavors in tobacco will be a years-long process. However, in November 2018, former Commissioner Gottlieb announced that the agency will expedite review and analysis of these comments to specifically address flavored

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Prevention, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health, Atlanta, GA, January 2014, <https://www.surgeongeneral.gov/library/reports/50-years-of-progress/50-years-of-progress-by-section.html>.

<sup>179</sup> Andrea S. Gentzke, MeLisa Creamer, Karen A. Cullen, et al., “Vital Signs: Tobacco Product Use Among Middle and High School Students - United States, 2011-2018,” *CDC Morbidity and Mortality Weekly Report (MMWR)*, vol. 68, no. 6 (February 2019).

<sup>180</sup> FDA, *Draft Guidance for Industry: Modifications to Compliance Policy for Certain Deemed Tobacco Products*, March 2019, <https://www.fda.gov/downloads/TobaccoProducts/Labeling/RulesRegulationsGuidance/UCM633281.pdf>.

<sup>181</sup> Saul Shiffman, Mark A. Sembower, Janine L. Pillitteri, et al., “The Impact of Flavor Descriptors on Nonsmoking Teens’ and Adult Smokers’ Interest in Electronic Cigarettes,” *Nicotine & Tobacco Research*, January 7, 2015, pp. 1255-1262.

<sup>182</sup> Samane Zare, Mehdi Nemati, and Yuqing Zheng, “A systematic review of consumer preference for e-cigarette attributes: Flavor, nicotine strength, and type,” *PLoS ONE*, vol. 13, no. 3 (2018).

<sup>183</sup> National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health, Centers for Disease Control and Prevention, *Preventing Tobacco Use Among Youth and Young Adults: A Report of the Surgeon General*, U.S. Department of Health and Human Services, Atlanta, GA, 2012, <https://www.surgeongeneral.gov/library/reports/preventing-youth-tobacco-use/full-report.pdf>.

<sup>184</sup> National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health, Centers for Disease Control and Prevention, *E-Cigarette Use Among Youth and Young Adults: A Report of the Surgeon General*, U.S. Department of Health and Human Services, Atlanta, GA, 2016, [https://e-cigarettes.surgeongeneral.gov/documents/2016\\_sgr\\_full\\_report\\_non-508.pdf](https://e-cigarettes.surgeongeneral.gov/documents/2016_sgr_full_report_non-508.pdf).

<sup>185</sup> National Academies of Sciences, Engineering, and Medicine, *Public Health Consequences of E-Cigarettes*, National Academies Press, Washington, DC, 2018, p. 532, <https://www.nap.edu/read/24952>.

<sup>186</sup> FDA, “Regulation of Flavors in Tobacco Products,” 83 *Federal Register* 12299, March 21, 2018.



cigars. In this announcement, former Commissioner Gottlieb also called for increased restrictions on flavored ENDS products and expediting proposed rulemaking for menthol cigarettes.

In March 2019, FDA released a draft guidance document specifying its intended enforcement activities related to flavored ENDS.<sup>187</sup> This guidance specifies that FDA will prioritize enforcement of premarket review, distribution, and sale requirements related to certain flavored ENDS products that may be most accessible to youth. For example, FDA will prioritize enforcement of distribution and sale requirements in retail locations where certain flavored ENDS products may be most accessible to youth, such as in convenience stores and gas stations that do not have adult-only sections. Industry may choose to legally challenge certain aspects of this guidance once it is finalized, given a statutory prohibition on limiting sales by a specific category of retailer.<sup>188</sup> Further, following former Commissioner Gottlieb's departure, FDA's continued focus on these activities remains uncertain.<sup>189</sup>

In response to concerns regarding youth access to ENDS products, including flavored ENDS products, Congress may consider further limiting when flavors can be used in ENDS. Congress may also choose to outright ban all flavors (including menthol) in ENDS—as well as in other tobacco products—as some legislation introduced in the 116<sup>th</sup> Congress has proposed.<sup>190</sup> Congress may consider proposals that reduce any tobacco product use, including ENDS, among youth while leaving the option of ENDS use open for adult cigarette smokers in order to benefit the public's health. Congress may also consider how availability of flavored tobacco products would fit into those proposals.

## Tobacco to 21

Many public health stakeholders are concerned about youth access to tobacco products more broadly and have expressed support for raising the minimum age of purchasing tobacco products from 18 to 21. Numerous scientific studies and Surgeon General Reports have documented that tobacco product use often begins before the age of 18.<sup>191</sup> Nearly 90% of cigarette smokers have tried their first cigarette by age 18, and 98% have tried their first cigarette by age 26.<sup>192</sup>

<sup>187</sup> FDA, *Draft Guidance for Industry: Modifications to Compliance Policy for Certain Deemed Tobacco Products*, March 2019, <https://www.fda.gov/downloads/TobaccoProducts/Labeling/RulesRegulationsGuidance/UCM633281.pdf>.

<sup>188</sup> FDCA Section 906(d)(3)(A)(i).

<sup>189</sup> Sheila Kaplan and Matt Richtel, "Tobacco and E-Cigarette Lobbyists Circle as F.D.A. Chief Exits," *The New York Times*, March 15, 2019.

<sup>190</sup> H.R. 1498, 116<sup>th</sup> Congress; H.R. 2339, 116<sup>th</sup> Congress.

<sup>191</sup> U.S. Department of Health and Human Services, *The Health Consequences of Smoking: 50 Years of Progress. A Report of the Surgeon General*, U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health, Atlanta, GA, January 2014, <https://www.surgeongeneral.gov/library/reports/50-years-of-progress/50-years-of-progress-by-section.html>; National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health, Centers for Disease Control and Prevention, *Preventing Tobacco Use Among Youth and Young Adults: A Report of the Surgeon General*, U.S. Department of Health and Human Services, Atlanta, GA, 2012, <https://www.surgeongeneral.gov/library/reports/preventing-youth-tobacco-use/full-report.pdf>.

<sup>192</sup> U.S. Department of Health and Human Services, *The Health Consequences of Smoking: 50 Years of Progress. A Report of the Surgeon General*, U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health, Atlanta, GA, January 2014, <https://www.surgeongeneral.gov/library/reports/50-years-of-progress/50-years-of-progress-by-section.html>.

The TCA required FDA to commission a report on the public health impact of raising the minimum age of tobacco product sales.<sup>193</sup> FDA contracted with the Institute of Medicine (now known as the National Academy of Medicine), and concluded in 2015 that “increasing the minimum age of legal access to tobacco products will likely prevent or delay the initiation of tobacco use by adolescents and young adults ... the impact on initiation of tobacco use of raising the minimum age of legal access to tobacco products to 21 will likely be substantially higher than raising it to 19, but the added effect of raising the minimum age of legal access beyond age 21 to age 25 will likely be considerably smaller.”<sup>194</sup>

While the FFDCA authorizes FDA to establish, by regulation, restrictions on the sale and distribution of tobacco products, the agency is prohibited from establishing a federal minimum age that is greater than 18.<sup>195</sup> As such, FDA is currently unable to promulgate regulations that would raise the minimum age of tobacco product sales from 18 to 21. However, because the FFDCA preserved states’ authority to impose more stringent requirements,<sup>196</sup> 18 states, Washington, DC, and at least 480 localities have enacted laws requiring the minimum age of sale to be 21 as of August 12, 2019.<sup>197</sup>

Some members of Congress have expressed interest in raising the federal minimum age of tobacco product sales to 21. In the 116<sup>th</sup> Congress, numerous bills have been introduced to address this issue,<sup>198</sup> with some including this provision as part of a more comprehensive strategy to reduce tobacco use among youth.

## Remote Sales

Related to the issue of youth access to tobacco products—including ENDS—some have identified remote sales (i.e., non-face-to-face sales) as an opportunity for minors to illegally purchase tobacco products, due to difficulties in enforcing purchasing restrictions through this medium. While the Prevent All Cigarette Trafficking (PACT) Act of 2009 (P.L. 111-154) placed certain restrictions on remote sales of cigarettes and smokeless tobacco, it did not outright prohibit them. Further, the PACT Act limits the ability of states and local governments to regulate the delivery carriers involved in remote sales—complicating enforcement efforts—and did not place such restrictions on other tobacco products, such as ENDS.<sup>199</sup>

Section 906 of the FFDCA requires FDA to promulgate regulations on remote sales of tobacco products, including establishing requirements for age verification and to stop sales to minors. In 2011, FDA issued an ANPRM regarding remote sales and distribution of tobacco products,<sup>200</sup> but

<sup>193</sup> TCA Section 104.

<sup>194</sup> Institute of Medicine, *Public Health Implications of Raising the Minimum Age of Legal Access to Tobacco Products*, The National Academies Press, p. 4-5, Washington, DC, 2015, <https://www.nap.edu/read/18997/chapter/1>.

<sup>195</sup> FFDCA Section 906(d)(3)(A)(ii).

<sup>196</sup> FFDCA Section 916.

<sup>197</sup> Campaign for Tobacco-Free Kids, “States and Localities that Have Raised the Minimum Legal Sale Age for Tobacco Products to 21,” August 2019, [https://www.tobaccofreekids.org/assets/content/what\\_we\\_do/state\\_local\\_issues/sales\\_21/states\\_localities\\_MLSA\\_21.pdf](https://www.tobaccofreekids.org/assets/content/what_we_do/state_local_issues/sales_21/states_localities_MLSA_21.pdf).

<sup>198</sup> H.R. 2411, 116<sup>th</sup> Congress; S. 1258, 116<sup>th</sup> Congress; S. 1541, 116<sup>th</sup> Congress.

<sup>199</sup> PACT Act Sec. 2A(e)(5)(A); Tobacco Legal Consortium, “E-Cigarettes and Other Tobacco Products Online: Preventing Sales to Kids”, <https://www.publichealthlawcenter.org/sites/default/files/resources/tclc-guide-online-tobacco-products-kids-2016.pdf>.

<sup>200</sup> FDA, “Non-Face-to-Face Sale and Distribution of Tobacco Products and Advertising, Marketing, and Promotion of Tobacco Products,” *76 Federal Register* 55835, September 9, 2011.

a final rule has not been published. While FDA has considered a ban on remote ENDS sales to address youth ENDS use, a March 2019 draft guidance document specifies that FDA will instead prioritize enforcement of distribution and sale requirements of flavored ENDS products that may be most accessible to youth, including websites that do not have heightened age verification.<sup>201</sup>

Congress has already introduced legislation in the 116<sup>th</sup> Congress that would ban all tobacco product remote sales, including remote sales of ENDS.<sup>202</sup> As has been proposed previously,<sup>203</sup> Congress may also consider amending the PACT Act to extend its provisions to other tobacco products beyond cigarettes and smokeless tobacco, such as ENDS.

## ENDS: User Fees

Given recent concerns around ENDS products, CTP has dedicated a portion of its user fees paid by other tobacco product manufacturers to address ENDS-specific issues.<sup>204</sup> Therefore, some stakeholders have suggested that manufacturers of ENDS products be subject to tobacco user fees to offset costs associated with FDA's current and future ENDS-specific activities. Per Section 919 of the FFDCFA, no user fees shall be assessed on a class of tobacco products unless such class of tobacco products is listed in section 901(b) or is deemed by the Secretary in regulation. Given the latter phrase "deemed by the Secretary in regulation", it would appear that ENDS manufacturers would be subject to user fees once FDA deemed ENDS tobacco products in 2016. However, because Congress did not specify an enumerated class for ENDS products and did not provide a framework by which FDA could potentially assess user fees for ENDS products, FDA has determined that it currently does not have the authority to collect user fees from ENDS manufacturers. According to FDA,

We [FDA] have determined that, in enacting section 919 of the [FFDCFA], Congress clearly manifested its intention that FDA only assess fees for manufacturers and importers of tobacco products in the six enumerated classes.... The statute requires FDA to use [Fair and Equitable Tobacco Reform Act] FETRA percentages (and thus the FETRA formula) to determine applicable percentages to the six classes listed in Section 919, but it has given no indication of whether FDA could or should determine FDA user fee allocations for any additional classes [e-cigarettes] ... the class percentage for classes beyond the six cannot be determined pursuant to the FETRA framework since those classes do not have volumes as defined in section 625(a) of FETRA. Thus, in order to assess any user fees on any class of tobacco products beyond the six listed in section 919 of the [FFDCFA], FDA would need to demarcate a new set of tobacco product classes among newly deemed tobacco products, and fashion an entirely novel framework for determining class percentage allocations and allocations within each class of tobacco product.<sup>205</sup>

Based on FDA's interpretation, in order for ENDS manufacturers to be subject to the tobacco product user fees, Congress would need to amend both the FETRA formula and the FFDCFA.

<sup>201</sup> FDA, *Draft Guidance for Industry: Modifications to Compliance Policy for Certain Deemed Tobacco Products*, March 2019, <https://www.fda.gov/downloads/TobaccoProducts/Labeling/RulesRegulationsGuidance/UCM633281.pdf>.

<sup>202</sup> H.R. 2339, 116<sup>th</sup> Congress.

<sup>203</sup> S. 1253, 116<sup>th</sup> Congress; H.R. 3942, 116<sup>th</sup> Congress; H.R. 7337, 115<sup>th</sup> Congress.

<sup>204</sup> See for example FDA's "The Real Cost" Youth E-Cigarette Prevention Campaign, <https://www.fda.gov/tobacco-products/public-health-education-campaigns/real-cost-campaign>.

<sup>205</sup> FDA, "Requirements for the Submission of Data Needed to Calculate User Fees for Domestic Manufacturers and Importers of Cigars and Pipe Tobacco," 81 *Federal Register* 28707, May 10, 2016. FETRA stands for the Fair and Equitable Tobacco Reform Act of 2004, which, as previously noted, was enacted as Title VI of the American Jobs Creation Act of 2004 (P.L. 108-357).

Another option for Congress would be to create a separate ENDS user fee program outside of the FETRA framework. There has been recent congressional and executive branch interest in requiring ENDS manufacturers to pay user fees. Legislation has been introduced in the 116<sup>th</sup> Congress that would either amend the FFDCAs current user fee structure to include ENDS,<sup>206</sup> or create a new, separate ENDS user fee program.<sup>207</sup> The FY2020 President's budget request also proposed requiring ENDS manufacturers to pay \$100 million in user fees starting in FY2020.<sup>208</sup> User fees could not be collected from ENDS manufacturers without first enacting authorizing legislation.

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<sup>206</sup> H.R. 2339, 116<sup>th</sup> Congress.

<sup>207</sup> S. 616, 116<sup>th</sup> Congress.

<sup>208</sup> FDA, *Justification of Estimates for Appropriations Committee* for FY2020, p. 271, <https://www.fda.gov/media/121408/download>.

## Appendix A. The IQOS Tobacco Heating System

The IQOS Tobacco Heating System (IQOS) is commonly referred to as a “heat-not-burn” tobacco product. This new technology differs from ENDS technology because it aerosolizes the tobacco plant itself, rather than a tobacco-derived e-liquid. FDA has determined that the IQOS meets the definition of a cigarette and, as such, is subject to additional FFDCA requirements and regulations specific to cigarettes, such as advertising restrictions.

The IQOS is composed of three main components:

- The IQOS Heatstick is a filtered, noncombusted cigarette. A Heatstick is designed to be electrically heated to release nicotine-containing aerosol. The nicotine is derived from a reconstituted tobacco sheet made from ground tobacco powder.
- The IQOS Holder is an electrically powered and rechargeable unit that holds and warms the Heatstick. The Holder is used for a single Heatstick for about six to seven minutes, after which the Holder needs to be charged and the used Heatstick is discarded.
- The IQOS Charger recharges and cleans the Holder after each use.

**Figure A-1. The IQOS Tobacco Heating System**



**Source:** FDA, “Decision Summary: Phillip Morris Products S.A. IQOS System Holder and Charger,” April 2019, <https://www.fda.gov/media/124247/download>.

**Notes:** From left to right, pictured is the IQOS Tobacco Heating System Charger, Holder, and Heatstick, respectively.

Given the novel technology of the IQOS, some industry stakeholders see this product as a potential precedent for the premarket review process that ENDS products will eventually undergo. On May 15, 2017, FDA received PMTAs from Phillip Morris International (PMI) for the IQOS Tobacco Heating System (IQOS). PMI filed four PMTA applications for the IQOS. Three PMTA applications were for the Heatstick—two of which were for menthol flavored heatsticks—and one PMTA application was for the Holder and Charger.

Nearly two years later, on April 30, 2019, FDA approved these PMTAs. Based on the substantial back and forth between PMI and FDA to elicit the information needed for the complete PMTA applications, there is concern that small ENDS manufacturers may not have the resources to engage in the PMTA process in the future. There is also concern that FDA may need additional resources to accommodate the inevitable influx of lengthy ENDS PMTA applications.

## Appendix B. Tobacco Master Settlement Agreement of 1998<sup>209</sup>

On November 23, 1998, attorneys general from 46 states, the District of Columbia, and the U.S. territories signed a contractual agreement (the Master Settlement Agreement, or MSA) with the major cigarette companies to settle state lawsuits to recover the costs, borne by Medicaid and other public programs, of treating smoking-related illnesses.<sup>210</sup> The remaining four states—Mississippi, Florida, Texas, and Minnesota—had settled individually with the companies prior to the MSA. Under the terms of the MSA, the companies agreed to make annual payments in perpetuity, totaling approximately \$125 billion over the first 25 years, and accept certain restrictions on tobacco product advertising, marketing, and promotion. Specifically, the MSA

- prohibited cigarette companies from targeting youth in the advertising, promotion, or marketing of their products;
- banned the use of cartoons in advertising;
- limited each company to brand-name sponsorship of one sporting or cultural event a year, excluding concerts, team sports, events with a significant youth audience, or events with underage contestants;
- banned public transit advertising;
- banned outdoor billboard advertising, excluding billboard advertising for brand-name sponsored events;
- limited advertising outside retail stores to signs no bigger than 14 sq. ft;
- banned company payments to promote cigarettes in various media, including movies and TV;
- banned non-cigarette apparel with brand-name logos except at brand-name sponsored events;
- banned gifts of non-cigarette items to youth in exchange for cigarettes;
- restricted the use of nationally recognized non-tobacco brand names for cigarettes; and
- limited free samples of cigarettes to adult-only facilities.

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<sup>209</sup> This appendix summary was adapted from archived CRS Report R40475, *FDA Tobacco Regulation: The Family Smoking Prevention and Tobacco Control Act of 2009*.

<sup>210</sup> The full text of the MSA is available on the website of the National Association of Attorneys General, which is responsible for enforcing it, at <http://www.naag.org/backpages/naag/tobacco/msa>.

## Appendix C. Definitions of Terms Used in This Report

| Term                    | Definition  | Example (if applicable)   |
|-------------------------|---|---------------------------|
| Accessory               | Any product that is intended or reasonably expected to be used with or for the human consumption of a tobacco product; does not contain tobacco and is not made or derived from tobacco; and meets either of the following: (1) is not intended or reasonably expected to affect or alter the performance, composition, constituents, or characteristics of a tobacco product or (2) is intended or reasonably expected to affect or maintain the performance, composition, constituents, or characteristics of a tobacco product but (i) solely controls moisture and/or temperature of a stored product or (ii) solely provides an external heat source to initiate but not maintain combustion of a tobacco product. | Cigar clip                |
| Additive                | Any substance the intended use of which results or may reasonably be expected to result, directly or indirectly, in its becoming a component or otherwise affecting the characteristic of any tobacco product (including any substances intended for use as a flavoring or coloring or in producing, manufacturing, packing, processing, preparing, treating, packaging, transporting, or holding), except that such term does not include tobacco or a pesticide chemical residue in or on raw tobacco or a pesticide chemical.  | Menthol (flavor additive) |
| Brand                   | A variety of tobacco products distinguished by the tobacco used, tar content, nicotine content, flavoring used, size, filtration, packaging, logo, registered trademark, brand name, identifiable pattern of colors, or any combination of such attributes.   | Juil                      |
| Cigarette               | Any roll of tobacco wrapped in paper or in any substance not containing tobacco and any roll of tobacco wrapped in any substance containing tobacco which, because of its appearance, the type of tobacco used in the filler, or its packaging or labeling, is likely to be offered to or purchased by consumers (15 U.S.C. §1332(1)).  |                           |
| Component or part       | Any software or assembly of materials intended or reasonably expected: (1) To alter or affect the tobacco product's performance, composition, constituents or characteristics; or (2) to be used with or for the human consumption of a tobacco product.  | Pipe tobacco              |
| Covered tobacco product | Any tobacco product, excluding any component or part of a tobacco product that is not made or derived from tobacco.   | E-liquid                  |

| Term   | Definition  | Example<br>(if applicable)  |
|--|---|---|
| Electronic nicotine delivery systems         | An umbrella term for noncombustible tobacco products containing an e-liquid that, when heated, creates aerosol that a user inhales.   | E-cigarette   |
| Finished tobacco product                     | A tobacco product, including all components and parts, sealed in final packaging intended for consumer use.   | E-liquid in final packaging to be sold or distributed to a consumer for use |
| Grandfathered tobacco product                | A tobacco product commercially marketed in the United States as of February 15, 2007. Grandfathered tobacco products do not require premarket review to be legally marketed.  | Marlboro Box Cigarettes   |
| Harmful and potentially harmful constituents | Any chemicals or chemical compounds in a tobacco product or in tobacco smoke that is, or potentially is, inhaled ingested, or absorbed into the body, including as an aerosol (vapor) or any other emission; and causes or has the potential to cause direct or indirect harm to users or non-users of tobacco products.  | Nitrobenzene  |
| Investigational tobacco product              | A new or modified risk tobacco product that is not legally marketed or a tobacco product that is required to comply with a tobacco product standard and that does not conform in all respects to the applicable tobacco product standard, and is intended for investigational use.  |   |
| New tobacco product                          | Any tobacco product (including those products in test markets) that was not commercially marketed in the United States as of February 15, 2007 OR any modification (including a change in design, any component, any part, or any constituent, including a smoke constituent, or in the content, delivery or form of nicotine, or any other additive or ingredient) of a tobacco product where the modified product was commercially marketed in the United States after February 15, 2007. |   |
| Package                                      | A pack, box, carton, or container of any kind or, if no other container, any wrapping (including cellophane), in which a tobacco product is offered for sale, sold, or otherwise distributed to consumers.  |   |
| Qualified adult-only facility                | A temporary facility or restricted area that requires each person present to provide to a law enforcement officer or to a security guard licensed by a governmental entity government-issued identification showing a photograph and at least the minimum age established by applicable law for the purchase of smokeless tobacco. The facility may not sell, serve, or distribute alcohol (among other requirements).  |   |
| Roll-your-own tobacco                        | Any tobacco product, which, because of its appearance, type, packaging, or labeling, is suitable for use and likely to be offered to, or purchased by, consumers as tobacco for making cigarettes.  |   |



| Term                                     | Definition  | Example<br>(if applicable)   |
|--|---|------------------------------|
| Small tobacco product manufacturer       | A tobacco product manufacturer that employs fewer than 350 employees. The employees of a manufacturer are deemed to include the employees of each entity that controls, is controlled by, or is under common control of such manufacturer.  |                              |
| Small-scale tobacco product manufacturer | A manufacturer of any regulated tobacco product that employs 150 or fewer full-time equivalent employees and has annual total revenues of \$5 million or less.  |                              |
| Smokeless tobacco                        | Any tobacco product that consists of cut, ground, powdered, or leaf tobacco and that is intended to be placed in the oral or nasal cavity.  |                              |
| Smoke constituent                        | A chemical or chemical compound in mainstream or sidestream tobacco smoke that either transfers from any component of the combustible tobacco product to the smoke that is formed by the combustion or heating of tobacco, additives, or other component of the tobacco product.  | Carbon monoxide              |
| Tobacco product                          | Any product made or derived from tobacco that is intended for human consumption, including any component, part, or accessory of a tobacco product (except for raw materials other than tobacco used in manufacturing a component, part, or accessory for a tobacco product).<br>Does not include an article that is a drug, device, or combination product. | Cigarette                    |
| Tobacco product distributor              | Any person who furthers the distribution of a tobacco product, whether domestic or imported, at any point from the original place of manufacture to the person who sells or distributes the product to individuals for personal consumption.  |                              |
| Tobacco product importer                 | Any person who imports any tobacco product that is intended for sale or distribution to consumers in the United States.   |                              |
| Tobacco product manufacturer             | Any person, including any repacker or relabeler, who manufactures, fabricates, assembles, processes, or labels a tobacco product OR imports a finished tobacco product for sale or distribution in the United States.   | Phillip Morris International |
| Tobacco product retailer                 | Any person who sells tobacco products to individuals for personal consumption, or who operates a facility where vending machines or self-service displays are permitted.  | Walmart                      |

**Source:** Prepared by CRS, but definitions (except for “Electronic Nicotine Delivery Systems”) are copied directly from FFDCa chapter IX, Title 21 of the C.F.R., FDA guidance documents, and 15 U.S.C. §1332(1).

**Notes:** Definitions provided are relevant and applicable to chapter IX of the FFDCa.

## Appendix D. Acronyms Used in This Report

|               |  |
|---------------|--|
| <b>ANPRM</b>  | Advance Notice of Public Rulemaking                          |
| <b>CDC</b>    | Centers for Disease Control and Prevention                   |
| <b>CDER</b>   | Center for Drug Evaluation and Research                      |
| <b>CMP</b>    | Civil Money Penalty  |
| <b>CSTHEA</b> | Comprehensive Smokeless Tobacco Health Education Act of 1986 |
| <b>CTP</b>    | Center for Tobacco Products                                  |
| <b>ENDS</b>   | Electronic Nicotine Delivery Systems                         |
| <b>FCC</b>    | Federal Communications Commission                            |
| <b>FCLAA</b>  | Federal Cigarette Labeling and Advertising Act of 1965       |
| <b>FDA</b>    | Food and Drug Administration                                 |
| <b>FETRA</b>  | Fair and Equitable Tobacco Reform Act of 2004                |
| <b>FFDCA</b>  | Federal Food, Drug, and Cosmetic Act                         |
| <b>FTC</b>    | Federal Trade Commission                                     |
| <b>GMP</b>    | Good Manufacturing Practice                                  |
| <b>HHS</b>    | Department of Health and Human Services                      |
| <b>HPHC</b>   | Harmful and Potentially Harmful Constituent                  |
| <b>MRTP</b>   | Modified Risk Tobacco Product                                |
| <b>MSA</b>    | Tobacco Master Settlement Agreement of 1998                  |
| <b>NASEM</b>  | National Academies of Sciences, Engineering, and Medicine    |
| <b>NRT</b>    | Nicotine Replacement Therapy                                 |
| <b>NTSO</b>   | No-tobacco-sale-order  |
| <b>OTC</b>    | Over-the-counter   |
| <b>PACT</b>   | The Prevent All Cigarette Trafficking Act of 2009            |
| <b>PMTA</b>   | Premarket Tobacco Application                                |
| <b>SABG</b>   | Substance Abuse Prevention and Treatment Block Grant         |
| <b>SAMHSA</b> | Substance Abuse and Mental Health Services Administration    |
| <b>SE</b>     | Substantial Equivalence                                      |
| <b>TCA</b>    | Family Smoking Prevention and Tobacco Control Act of 2009    |
| <b>TPSAC</b>  | Tobacco Products Scientific Advisory Committee               |
| <b>TRLM</b>   | Tobacco Registration and Product Listing Module              |

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