# **CRS** Report for Congress

**Health Insurance: State High Risk Pools** 

Updated May 9, 2008

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Prepared for Members and Committees of Congress

#### Health Insurance: State High Risk Pools

#### **Summary**

In an effort to expand the options for health coverage, 34 states have established high risk health insurance pools. These programs target individuals who cannot obtain or afford health insurance in the private market, primarily because of pre-existing health conditions. Also, many states use their high risk pools to comply with the portability and guaranteed availability provisions of the Health Insurance Portability and Accountability Act of 1996 (P.L. 104-191).

In general, high risk pools tend to be small and enroll a small percentage of the uninsured. As of the end of 2006, 190,462 individuals were enrolled in these pools. State-established nonprofit organizations typically administer these pools and contract with private insurance companies to handle day-to-day operations. Although benefit packages vary across states and plans, they generally reflect health benefits that are available in the private insurance market. The majority of high risk pools cap premiums between 125% to 200% of market rates, and pools often are subsidized through insurer assessments and other funding mechanisms.

Congress has acted in recent years to fund the expansion and operation of state high risk pools. The Trade Act of 2002 (P.L. 107-210) appropriated a total of \$100 million for FY2003-FY2004. With expiration of authorizing legislation for federal funding set for September 30, 2005, the  $109^{th}$  Congress took up this issue. The House passed H.R. 4519, the State High Risk Pool Funding Extension Act of 2006, on December 17, 2005. H.R. 4519 reauthorized federal grants to state high risk pools and changed the funding formula used for such grants. The act authorized the following amounts for FY2006: \$15 million for seed grants and \$75 million for operational and bonus grants. The Senate passed H.R. 4519 without amendment on February 1, 2006, and President Bush signed it into law (P.L. 109-172) on February 10, 2006.

As part of the budget reconciliation process, the Senate passed S. 1932, the Deficit Reduction Act of 2005 (DRA) conference agreement, which provided appropriations for the grants authorized under H.R. 4519. DRA provided \$75 million for operational grants and \$15 million for seed grants for FY2006. The measure also included conforming language on enactment of H.R. 4519. The House agreed to the Senate-amended DRA bill on February 1, 2006, and President Bush signed it into law (P.L. 109-171) on February 8, 2006.

The Centers for Medicare and Medicaid Services (CMS) administers the federal grant program. The appropriations provided under DRA were used to extend federal funding for this program. CMS awarded grants to 31 states that experienced operational losses in 2005. Of those 31 states, 25 also received bonus grants. In 2006, CMS awarded seed grants to five states, and to another five states in 2007.

The 110<sup>th</sup> Congress took up the issue of extending the federal grant program by making funding available pursuant to the Consolidated Appropriations Act of 2008 (P.L. 110-161). This report will be updated periodically.

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# Health Insurance: State High Risk Pools

#### Introduction

In an effort to expand the options for health coverage and reduce the number of uninsured, a majority of states have established high risk health insurance pools.<sup>1</sup> These programs target individuals who cannot obtain or afford health insurance in the private market. High risk pools generally cover people who have sought health coverage in the individual (nongroup) market, but have been denied coverage, received quotes from insurers that are higher than the premiums offered by the high risk pools, or received offers from insurers that permanently exclude coverage of pre-existing health conditions.<sup>2</sup>

Many states also use their high risk pools to comply with the portability and guaranteed availability provisions of the Health Insurance Portability and Accountability Act of 1996 (HIPAA, P.L. 104-191). For eligible individuals moving from the group to nongroup market, HIPAA requires state-licensed health insurers to make coverage available to such individuals, and prohibits exclusion of coverage for pre-existing conditions. Of the 34 states currently operating high risk pools, 28 states use their pools to comply with HIPAA's portability and guaranteed availability provisions.<sup>3</sup>

In general, state high risk pools tend to be small and enroll a small percentage of the uninsured. At the end of 2006, 190,462 individuals were enrolled in these pools,<sup>4</sup> compared with over 31 million people who were uninsured in states with high

<sup>&</sup>lt;sup>1</sup> National Association of State Comprehensive Health Insurance Plans, *Comprehensive Health Insurance for High-Risk Individuals: A State-By-State Analysis, Twentieth Edition, 2006/2007*, 2006. (Hereafter cited as *Comprehensive Health Insurance*.) For online information about state high risk pools, see State Coverage Initiatives, "High-Risk Pools," at [http://www.statecoverage.net/matrix/highriskpools.htm].

<sup>&</sup>lt;sup>2</sup> A medical condition for which treatment was recommended or received, or medical advice was sought, prior to enrollment.

<sup>&</sup>lt;sup>3</sup> To comply with these provisions, states may either enforce the HIPAA individual market guarantees ("federal fallback"), or establish an "acceptable alternative state mechanism," such as a high risk health insurance pool. For more information about HIPAA, see CRS Report RL31634, *The Health Insurance Portability and Accountability Act (HIPAA) of 1996: Overview and Guidance on Frequently Asked Questions*, by Hinda Chaikind, Jean Hearne, Bob Lyke, and Stephen Redhead. (Hereafter cited as CRS Report RL31634.)

<sup>&</sup>lt;sup>4</sup> Enrollment for Idaho's pool is from the end of June 2006. Since Tennessee's pool was established in 2007, there is no enrollment data for the state.

risk pools operating that year.<sup>5</sup> However, such limited enrollment reflects, in part, the narrow focus of these pools: individuals with costly health conditions who seek coverage in the private market.

#### **Health Insurance Context**

High risk pools fill a niche in the health insurance system — a patchwork system of private markets and public programs designed to meet the needs of different types of health care consumers.<sup>6</sup> In the private health insurance market, most people get health coverage through the group market. This market provides health benefits to groups of people that are drawn together by an employer or other organization, such as a trade union. Such groups are generally formed for some purpose other than obtaining insurance, like employment.

While most Americans receive their health coverage through the workplace — as a current employee, a dependent of an employee, or a retiree — some individuals do not have access to employer-sponsored insurance (ESI). They may be workers who do not qualify for an offer of health benefits from their employer (e.g., because the workers have part-time or seasonal employment status), or they may work for a company that does not provide health insurance at all, or they may be unemployed. Public programs also are a source of health coverage, but individuals and families must meet eligibility requirements in order to qualify for benefits. Individuals who cannot access ESI and are not eligible for public programs may seek health insurance in the nongroup (individual) market.

Applicants to the individual insurance market must go through robust medical underwriting — the process by which an insurer considers information about an applicant and determines (1) whether to offer an insurance policy in the first place, and (2) the terms of that policy (e.g., the monthly premium). The information that a health insurer considers may include personal characteristics, such as an individual's health conditions, family medical history, and other relevant factors. Though uncommon, the insurance carrier may ask an applicant to undergo a physical exam, or provide specimens. In the group market, insurers forgo underwriting in the traditional sense, that is, reviewing *each* person's demographics and medical history. Instead, an insurer would consider the overall characteristics of the group, and calculate a premium for a set of benefits that would be charged to each person in the group, regardless of their individual health status. (For very small groups, insurers may individually underwrite policies, if permitted by law.)

Federal and state laws restrict somewhat insurers' ability to reject applications or design coverage based on health factors in the nongroup market. Nonetheless, some applicants are rejected from the individual market altogether, others may receive insurance offers with riders that exclude coverage for a specific health condition or body part, or others may be charged premiums that are higher than those

<sup>&</sup>lt;sup>5</sup> CRS calculation of uninsured in states with high risk pools. Data source: Current Population Survey (CPS), CPS Table Creator, at [http://www.census.gov].

<sup>&</sup>lt;sup>6</sup> For a general discussion about health insurance, see CRS Report RL32237, *Health Insurance: A Primer*, by Bernadette Fernandez.

in the group market for similar coverage.<sup>7</sup> Rigorous underwriting results in an enrollee population in the individual market that is fairly healthy (three out of four enrollees report that their health is excellent or very good<sup>8</sup>), thereby excluding persons with moderate to severe health conditions from this private market. High risk pools were designed to assist such individuals who — because of their health conditions — have very few options for private health coverage.

#### **Health Policy Context**

High risk pools appeal to policymakers who prefer an incremental approach to coverage expansion and reliance on current state oversight of health insurance. Supporters of high risk pools contend that states can use their existing regulatory infrastructure, as well as their knowledge of health care markets, to efficiently insure previously uninsurable individuals. Supporters also contend that the private, nongroup market will benefit. They reason that by removing high risk persons from the individual market and placing them in publicly-subsidized insurance pools, coverage in the individual market will become more affordable. They argue that better risk spreading helps to stabilize the market, promote competition, and retain insurance carriers — earning the support of such organizations. Moreover, high risk pools function as a safety net for the nongroup market by assuring that individuals have access to health insurance as long as they are able and willing to pay for it.

Others contend that high risk pools are generally too small and underfunded to meet the needs of the majority of persons who cannot access health insurance in the private market. By design, high risk pools experience losses, but federal attempts to subsidize these losses have been limited. Waiting lists for enrollment are common, and premiums combined with other cost-sharing requirements can often make the coverage offered by these pools unaffordable. As a result, some researchers remain skeptical that high risk pools will be able to substantially reduce the number of

<sup>&</sup>lt;sup>7</sup> M. Pauly and A. Percy, "Cost and Performance: A Comparison of the Individual and Group Health Insurance Markets," *Journal of Health Politics, Policy and Law*, February 2000.

<sup>&</sup>lt;sup>8</sup> General Accounting Office, "Private Health Insurance: Millions Relying on Individual Market Face Cost and Coverage Trade-Offs," November 1996.

<sup>&</sup>lt;sup>9</sup> For example, see National Governors Association, Policy Position, "Private Sector Health Care Reform Policy," December 14, 2000. Also, see examples from advisory groups and academia, such as the National Association of Insurance Commissioners, News Release," NAIC Applauds Extension of Federal Funding for High-Risk Pools," July 27, 2005, and M. Pauly, "How Private Health Insurance Pools Risk," National Bureau of Economic Research, Research Summary, Summer 2005.

<sup>&</sup>lt;sup>10</sup> For example, see the National Association of Health Underwriters' position on high risk pools at [http://www.nahu.org/government/issues/Risk\_Pools/High\_Risk\_Pools.htm], and the Council for Affordable Health Insurance's issue brief on high risk pools at [http://www.cahi.org/cahi\_contents/issues/article.asp?id=489].

uninsured, particularly among those with serious medical conditions.<sup>11</sup> With respect to reducing the number of people without health coverage, consumer groups generally advocate for expansion of the federal role in providing coverage, whether through existing public programs or broader health care reform.<sup>12</sup>

While high risk pools have existed since the mid-1970s, only recently has Congress acted to support the expansion and operation of high risk pools across the country. The enactment of HIPAA during the 104<sup>th</sup> Congress specified state high risk pools as acceptable mechanisms for complying with the group-to-individual market requirements. The 107<sup>th</sup> Congress passed the Trade Act of 2002 (P.L. 107-210), which appropriated \$20 million for FY2003 for the creation of new pools, and \$40 million each for FY2003 and FY2004 for the maintenance of existing pools. During the 108<sup>th</sup> Congress, the Senate passed S. 2283, the State High Risk Pool Funding Extension Act of 2004, which would have extended federal funding for the creation of new state high risk pools, and operation of existing ones. Similar bills have passed the House and the Senate during the 109<sup>th</sup> and 110<sup>th</sup> Congresses (see detailed discussion under the "Recent Legislative Activity" section).

### **State High Risk Pools**

In 2007, 34 states had high risk health insurance pools. States have a great deal of discretion regarding the establishment and operation of these pools, including covered benefits, eligibility requirements, pre-existing condition exclusion periods, and funding sources. The table in the **Appendix** presents information about the main features of each state's high risk pool.

#### **General Characteristics of State High Risk Pools**

**Administration.** State high risk pools typically are operated through state-established nonprofit organizations that contract with private insurance companies to handle daily operational functions. Boards oversee the management of high risk pools and usually consist of representatives from insurance companies, consumer groups, health care providers, and state agencies.

**Premiums and Funding.** In order to limit the cost of health coverage for persons with costly medical conditions, all states cap high risk pool premiums. Almost all states have caps between 125% and 200% of standard market rates. A majority of states offer coverage at less than 150% of the average. Risk pools

<sup>&</sup>lt;sup>11</sup> For example, see D. Chollet, "Expanding Individual Health Insurance Coverage: Are High-Risk Pools The Answer?," *Health Affairs*, October 23, 2002, and Pollitz, et al., "Health Insurance and Diabetes: The Lack of Available, Affordable, and Adequate Coverage," *Clinical Diabetes*, vol. 23, no. 2, 2005.

<sup>&</sup>lt;sup>12</sup> For example, see testimony presented by R. Pollack, Families USA, Education and the Workforce Committee Employer-Employee Relations Subcommittee hearing, "Expanding Access to Quality Health Care: Solutions for the Uninsured," July 9, 2002, and American Federation of State, County, and Municipal Employees, "Universal Health Coverage," resolution no. 14, June 26-30, 2000.

generally operate at a loss, "because it isn't feasible to pool a group of individuals known to have major health problems and expect their premium contributions to cover the entire cost." Thus, many state pools tap other sources of funding to cover their operating expenses.

States may augment premium collection with one or more of the following sources: assessments on insurers, in some instances combined with offsetting tax credits; state funds; and other sources. <sup>14</sup> Almost all states with risk pools assess a fee on insurance carriers, although 13 of those states offset those assessments with tax credits. Eleven states use general revenue for additional risk pool funding, while only two states use monies from hospital assessments.

**Benefits.** Although health benefits provided through risk pools vary across plans and states, they generally reflect coverage that is available in the private market. States usually offer more than one plan from which enrollees may choose. Deductibles and other cost-sharing requirements vary from state to state. Most state pools do not place maximum *annual* limits on benefits, except for California, Idaho, Kansas, Louisiana, Tennessee, Utah, and West Virginia. In contrast, nearly all pools have *lifetime* maximums on benefits, except for Indiana, Kentucky, and New Mexico.<sup>15</sup>

**Eligibility.** States establish the eligibility criteria for high-risk pools. As noted, many states allow HIPAA-eligible persons to enroll in their high risk pools. HIPAA eligibles are persons who do not have or are losing coverage and seeking it in the individual market. They must meet the following requirements: (1) have at least 18 months of "creditable coverage" (specified in statute) without a significant break in that coverage (63 or more days); (2) most recent coverage must have been through a group health plan; (3) exhausted federal or state continuation coverage; (4) not eligible for Medicaid or Medicare; and (5) not have any other health insurance. For HIPAA eligibles, high risk pools guarantee the availability of health coverage and prohibit exclusion of coverage for pre-existing conditions. Risk pools also are designed to address the insurance needs of non-HIPAA-eligible persons with costly medical conditions. A number of states provide for presumptive eligibility, allowing individuals to become automatically eligible for high-risk pools if they have a certain

<sup>&</sup>lt;sup>13</sup> Communicating for Agriculture and the Self-Employed, Inc., *Comprehensive Health Insurance for High-Risk Individuals: A State-By-State Analysis, Nineteenth Edition*, 2005/2006, 2005, p. 14.

<sup>&</sup>lt;sup>14</sup> An assessment is a tax or fee. Some states fund the losses of their risk pools by requiring insurers across the state to pay assessments. Generally, the amount of insurers' assessment is based on their share of the total premiums sold in the state for each year. Some states also provide tax credits to these insurers, thus reducing the insurers' tax liability and enabling them to recover some or all of their expenditures on the assessments. Under the latter of these funding mechanisms, the state assumes part or all of the cost burden for the losses of the risk pools.

<sup>&</sup>lt;sup>15</sup> In KS, annual maximum applies to certain plans. In FL and KY, no lifetime maximums apply to specified plans.

<sup>&</sup>lt;sup>16</sup> HIPAA also provides protections to certain people who wish to enroll in the group health insurance market. See the aforementioned CRS Report RL31634 for more details.

medical condition specified under state law. In addition to HIPAA eligibles and persons with specific conditions, many states allow individuals who have experienced coverage denials, coverage restrictions, or premium increases to enroll in high risk pools.

**Enrollment.** High risk pool participation varies significantly across states, with enrollment ranging from a high of 29,089 participants in Minnesota to a low of 345 enrollees in West Virginia.<sup>17</sup> Among state high risk pools, the enrollment distribution clusters toward the low end. To illustrate, almost one-third of high risk pools with 2006 enrollment data had pools below 2,000 participants (10 states), and two-thirds of state pools had participation below 4,000 (23 states). In contrast, only six states had more than 10,000 participants. As for new enrollment, all states but Florida are accepting new participants.<sup>18</sup>

#### Federal Grants to State High Risk Pools

With enactment of the Trade Act of 2002 (P.L. 107-210), the federal government provided funding to state high risk health insurance pools for the first time. The Trade Act appropriated \$20 million in the form of seed grants to be awarded to states that did not already have a high risk pool but wanted to establish one. Each qualifying state could receive up to \$1 million to support the creation and implementation of a high risk pool. The Centers for Medicare and Medicaid Services (CMS) administers the federal grant program. In 2003, CMS awarded seed grants to six states: Maryland (\$1 million), New Hampshire (\$1 million), Ohio (\$150,000), South Dakota (\$1 million), Utah (\$52,618), and West Virginia (\$1 million).

The Trade Act also appropriated \$80 million to be split evenly over FY2003 and FY2004 to defray some of the operating losses experienced by states with existing high risk pools. As mentioned earlier, state high risk pools cap premiums in order to provide some measure of cost protection for enrollees. Given such caps, the total costs incurred by these pools generally exceed the amounts collected through premiums. Therefore, pools need to tap other sources of funding to cover their operational losses.

Under the Trade Act, each operational grant could cover up to 50% of a pool's operating losses for the year. To qualify, each state must have established a risk pool

<sup>&</sup>lt;sup>17</sup> The applicable date for enrollment data varies from state to state. For the newest high risk pool, Tennessee, no enrollment data are yet available.

<sup>&</sup>lt;sup>18</sup> Data sources: Kaiser Family Foundation, "State High Risk Pool Programs and Enrollment, 2007", at [http://www.statehealthfacts.org/comparetable.jsp?ind=602&cat=7], and *Comprehensive Health Insurance*.

<sup>&</sup>lt;sup>19</sup> For additional information about the grant program administered by CMS, see High Risk Pool Overview, at [http://www.cms.hhs.gov/HighRiskPools/].

<sup>&</sup>lt;sup>20</sup> Ohio was awarded a grant to conduct a study on the feasibility of creating a high risk pool. Utah was awarded a grant to modify its existing health plan and become a newly "qualified" high risk pool.

that restricts premiums to no more than 150% of the premium for standard risk rates in the state, offers a choice of two or more coverage options, and has in effect a mechanism designed to ensure continued funding of losses incurred after the end of FY2004. However, states may still be able to determine, within federal standards, how much to charge enrollees in out-of-pocket costs, what benefits to include under the plans, how long coverage for pre-existing conditions may be excluded, and whom among otherwise uninsurable individuals will be eligible.

**Table 1** shows which states received operational grants for FY2003 and FY2004, and the funding levels. Nineteen states were awarded operational grants in FY2003; 22 states in FY2004.<sup>21</sup>

<sup>&</sup>lt;sup>21</sup> The FY2004 grantees include Massachusetts which operates a reinsurance program for the non-group market that differs from traditional high risk pools. Nonetheless, the MA program met the requirements of the federal grant program. For a more detailed discussion about the MA reinsurance program, see *Comprehensive Health Insurance*, p. 261.

Table 1. Operational Grants Awarded to State High Risk Pools, FY2003 and FY2004

State	Grant amount, FY2003 (\$, thousands)	Grant amount, FY2004 (\$, thousands)
Alabama	2,826	_
Alaska	542	484
Arkansas	1,928	1,893
Colorado	3,219	3,096
Connecticut	1,597	1,503
Illinois	8,144	7,473
Indiana	3,266	3,358
Iowa	1,107	368
Kansas	1,462	1,297
Kentucky	2,511	2,292
Maryland	_	3,176
Massachusetts	_	132
Minnesota	1,984	1,972
Mississippi	2,066	2,038
Montana	698	621
Nebraska	894	751
New Hampshire	225	532
New Mexico	2,048	1,739
North Dakota	329	293
Oklahoma	2,931	2,731
Utah	_	1,395
Wisconsin	2,222	2,501
Wyoming	_	358

**Sources:** Centers for Medicare and Medicaid Services, "HHS Awards Grants to Twenty-two States to Offset Costs of Insurance for Residents Too Sick for Conventional Coverage," News Release, Oct. 5, 2005; and K. Pollitz and E. Bangit, "Federal Aid to State High-Risk Pools: Promoting Health Insurance Coverage or Providing Fiscal Relief?," Issue Brief, Nov. 2005.

**Note:** Grant amounts are rounded to the nearest thousand.

#### **Recent Legislative Activity**

Below are brief descriptions of the most recent legislative activity regarding federal funding to state high risk pools.

#### 109th Congress

During the 109<sup>th</sup> Congress, with expiration of authorizing legislation for federal funding set for September 30, 2005, the House passed H.R. 4519, the State High Risk Pool Funding Extension Act of 2006, on December 17, 2005. H.R. 4519 reauthorized federal grants to state high risk pools and changed the funding formula used for such grants. The formula for operational grants was changed to the following: 40% to all qualifying states in equal amounts, 30% based on state proportion of uninsured population among all qualifying states, and 30% based on state proportion of the high risk pool population. H.R. 4519 also allowed operational grants to cover up to 100% of pool losses. The act also authorized the following amounts for FY2006: \$15 million for seed grants and \$75 million for operational and bonus grants. The Senate passed H.R. 4519 without amendment on February 1, 2006, and President Bush signed it into law (P.L. 109-172) on February 10, 2006.

As part of the budget reconciliation process, the Senate passed S. 1932, the Deficit Reduction Act of 2005 (DRA) conference agreement. DRA included provisions that would provide specific appropriations for the grants authorized under H.R. 4519. Section 6202 of the Senate measure amended the Public Health Service Act to provide \$90 million in appropriations for grants to states for FY2006. DRA provided \$75 million for operational grants and \$15 million for seed grants. The grants are distributed according to existing statutory requirements. This measure also included conforming language on enactment of H.R. 4519. Pursuant to H.Res. 653, the House agreed to the Senate-amended bill on February 1, 2006. On February 8, 2006, President Bush signed DRA into law (P.L. 109-171).

The appropriations provided under DRA were used to extend federal funding for this program. On September 30, 2006, CMS awarded seed grants to five states that wanted to either to establish high risk pools or conduct feasibility studies: California (\$150,000), New York (\$150,000), North Carolina (\$150,000), Tennessee (\$1 million), and Vermont (\$1 million). That same year, CMS awarded grants to 31 states that experienced operational losses in 2005. Of those 31 states, 25 also received bonus grants, exhausting the entire appropriations for operational and bonus grants. (**Table 2** shows which states received operational and bonus grants for FY2005.) Because the funding for seed grants was not exhausted with the 2006 awards, CMS gave seed grants to five more states in 2007: District of Columbia (\$150,000), Florida (\$150,000), Georgia (\$150,000), North Carolina (\$850,000), and Rhode Island (\$150,000).

Table 2. Operational and Bonus Grants Awarded to State High Risk Pools to Cover 2005 Losses

State	Operational Grants (\$)	Bonus Grants (\$)	Total Grant Award (\$)
Alabama	1,442,972	0	1,442,972
Alaska	790,482	895,640	1,686,122
Arkansas	1,253,047	55,900	1,308,947
Colorado	1,658,396	1,478,373	3,136,769
Connecticut	1,147,452	700,000	1,847,452
Idaho	960,424	0	960,424
Illinois	2,939,767	1,250,000	4,189,767
Indiana	1,926,155	942,000	2,868,155
Iowa	994,340	0	994,340
Kansas	1,031,608	295,000	1,326,608
Kentucky	1,406,506	975,000	2,381,506
Louisiana	1,354,951	992,713	2,347,664
Maryland	1,797,813	1,200,000	2,997,813
Massachusetts	414,569	0	414,569
Minnesota	3,664,879	2,000,000	5,664,879
Mississippi	1,392,593	449,202	1,841,795
Missouri	1,409,440	1,000,000	2,409,440
Montana	1,074,800	729,875	1,804,675
Nebraska	1,273,440	934,097	2,207,537
New Hampshire	826,355	782,644	1,608,999
New Mexico	1,121,553	950,000	2,071,553
North Dakota	867,573	0	867,573
Oklahoma	1,388,788	1,000,000	2,388,788
Oregon	2,375,581	1,500,000	3,875,581
South Carolina	1,278,624	700,000	1,978,624
South Dakota	785,577	312,851	1,098,428
Texas	7,237,175	2,000,000	9,237,175
Utah	1,162,603	1,250,000	2,412,603
Washington	1,575,759	856,705	2,432,464
Wisconsin	2,672,935	1,750,000	4,422,935
Wyoming	773,843	0	773,843

 $\textbf{Sources:} \quad \text{Data available at [http://www.cms.hhs.gov/HighRiskPools/Downloads/grant awardslist1106.pdf]}.$ 

# 110<sup>th</sup> Congress

Pursuant to the Consolidated Appropriations Act of 2008 (P.L. 110-161), Congress made additional funding available for grants to state high risk pools. CMS issued a grant notification letter to states on May 1, 2008. It stated that a total of \$49,127,000 would be split to fund operational grants (two-thirds of the appropriated amount) and bonus grants (remaining one-third).<sup>22</sup> Applications are due by June 9, 2008.

 $<sup>^{22}</sup>$  For additional information, see the funding announcement online at [http://www.cms.hhs.gov/HighRiskPools/Downloads/Final\_FY08\_HRP\_announcement. pdf].

CRS-12 Appendix. Summary of State High Risk Pools, 2005/2006

State	Enrollment <sup>a</sup>	Eligibility Requirements <sup>b</sup>	Funding Sources <sup>c</sup>
Alabama	2,687	Eligible under the Health Insurance Portability and Accountability Act (HIPAA)	Assessments on insurers, offset by tax credits
Alaska	510	Eligible under HIPAA, Health Coverage Tax Credit (HCTC), state "high risk rules"  Under high risk rules, individual must have experienced at least one of the following:  - Denial of coverage within the last six months - Has one of the health conditions listed on the risk pool's website (e.g., AIDS) - Received insurance riders that substantially restricts coverage	Assessments on insurers, offset by tax credits
Arkansas	2,951	Eligible under HIPAA, HCTC, state "Resident Eligible" rules  Under the HCTC, persons who meet the federal HCTC requirements may be eligible as:  - "Qualified Eligible": has 3 months of creditable coverage without a significant break  - "Qualifying Family Members" of HCTC eligible person  - "Standard Eligible": must submit evidence of one of the following:  - Denial of coverage based on history or existence of health condition  - Cost of health coverage offered in substantial excess of the high risk pool premium  - Coverage under another state's high risk pool  Under Resident Eligible rules, individual must submit evidence of one of the following:  - Rejection notice for health coverage based on medical history or health condition  - Cost of health coverage in excess of the high risk pool premium	Assessments on insurers, offset by tax credits
California	7,790	Inability to obtain coverage during the past 12 months due to one of the following:  - Denial of coverage - Involuntary termination of health benefits, not due to fraud or non-payment of premium - Cost of health coverage offered in excess of the high risk pool premium	State funds

State	Enrollment <sup>a</sup>	Eligibility Requirements <sup>b</sup>	Funding Sources <sup>c</sup>
Colorado	5,414	Eligible under HIPAA, HCTC, prior coverage under another state's high risk pool	Assessments on insurers, state funds
		Also eligible if meets at least one of the following:	
		<ul> <li>Denial of coverage</li> <li>Cost of health coverage offered in excess of the high risk pool premium</li> <li>Coverage for pre-existing conditions is excluded for more than six months</li> <li>Has one of the health conditions listed on the application</li> </ul>	
Connecticut	2,523	Eligible under HIPAA, HCTC	Assessments on insurers, offset by tax
		Small employers (up to 10 employees) can purchase health insurance for their employees through the state high-risk pool	credits
Florida	367 (closed for new enrollment since 1991)	Received at least one of the following from two or more insurers:  - Denial of coverage - Health condition exclusion or benefit reduction - Cost of health coverage offered in excess of the high risk pool premium	Assessments on insurers
Idaho <sup>d</sup>	1,458	Eligible under HIPAA, HCTC	Assessments on insurers, state funds,
		Also eligible if meets at least one of the following:	carriers' reinsurance premiums
		- Denial of coverage - Cost of health coverage offered in excess of the high risk pool premium	
Illinois	16,731	Eligible under HIPAA, HCTC, "traditional" high risk pool	Assessments on insurers, state funds
		For traditional pool, must have received at least one of the following:	
		<ul> <li>Denial of coverage based on health conditions</li> <li>Cost of health coverage offered in excess of the high risk pool premium</li> </ul>	

State	Enrollment <sup>a</sup>	Eligibility Requirements <sup>b</sup>	Funding Sources <sup>c</sup>
Indiana	7,050	Eligible under HIPAA, HCTC	Assessments on insurers, state funds
		Also eligible if insurer denied comparable coverage	
Iowa	2,133	Eligible under HIPAA, HCTC  Also eligible if meets at least one of the following:  - Denial of coverage within last nine months - Health condition exclusion or benefit reduction - Cost of health coverage offered in excess of the high risk pool premium	Assessments on insurers, offset by tax credits
		- Cost of health coverage offered in excess of the high risk poor premium  - Has one of the health conditions listed in program brochure	
Kansas	1,718	Eligible under HIPAA, HCTC  Also eligible if experiences at least one of the following:  - Termination of coverage (not for non-payment of premium)  - Denial of coverage due to health conditions by two insurers  - Cost of health coverage offered in excess of the high risk pool premium  - Offer of insurance subject to permanent exclusion of a pre-existing health condition	Assessments on insurers, offset by tax credits
Kentucky	3,947	Eligible under HIPAA  Also eligible if meets at least one of the following:  - Participation in state Guaranteed Acceptance Program (GAP)  - Has one of the health conditions specified in statute (e.g., leukemia)  - Denial of coverage comparable to pool's coverage  - Cost of health coverage offered in excess of the high risk pool premium	Assessments on insurers, state funds
Louisiana	1,078	Eligible under HIPAA  Also eligible if moving from another state's high-risk pool, or state resident who is not eligible for any health insurance coverage, Medicare, or Medicaid	Assessments on insurers, state funds

State	Enrollment <sup>a</sup>	Eligibility Requirements <sup>b</sup>	Funding Sources <sup>c</sup>
Maryland	10,140	Eligible under HIPAA, HCTC, "Medically Eligible" rules, moving from another state's high-risk pool	Hospital assessments
		Under Medically Eligible rules, individual must meet at least one of the following:	
		<ul> <li>Denial of coverage due to health conditions</li> <li>Offer of insurance subject to restriction or exclusion of a specific health condition</li> <li>Cost of health coverage offered in excess of the high risk pool premium</li> <li>Has one of the qualifying health conditions</li> </ul>	
Minnesota	29,089	Eligible under HIPAA, HCTC	Assessments on insurers, state funds
		Also eligible if meets at least one of the following:	
		<ul> <li>Denial of coverage due to health conditions within last six months</li> <li>Notice of benefit reduction</li> </ul>	
Mississippi	3,867	Eligible under HIPAA, moving from another state's high-risk pool	Assessments on insurers
		Also eligible if rejected for coverage similar to pool's coverage	
Missouri	2,947	All state residents who meet the following requirements:	Assessments on insurers, offset by tax
		<ul> <li>Not eligible for coverage, or has coverage with premiums exceeding 300% of standard rates</li> <li>Involuntary termination of coverage (not for non-payment, fraud or other specified circumstances)</li> </ul>	credits
Montana	3,136	Eligible under HIPAA, HCTC, "Association (Traditional) Plan" rules	Assessments on insurers, offset by tax
		Under Association Plan rules, must meet at least one of the following within the last six months:	credits
		<ul> <li>Denial of coverage from at least two insurers</li> <li>Offer of coverage with a restrictive rider or coverage limitation for a pre-existing condition, from at least two insurers</li> <li>Has one of the qualifying medical conditions</li> <li>Cost of health coverage offered is more than 150% of the average rate used to calculate risk pool's premium</li> </ul>	

State	Enrollment <sup>a</sup>	Eligibility Requirements <sup>b</sup>	Funding Sources <sup>c</sup>
Nebraska	5,293	Eligible under HIPAA, HCTC, qualifying health conditions	State funds
		Also eligible if denied coverage within the last six months, and meets one of the following:	
		<ul> <li>Offer of coverage with a coverage limitation exceeding 12 months</li> <li>Cost of health coverage offered in excess of the high risk pool premium</li> </ul>	
New Hampshire	879	Eligible under HIPAA, HCTC  Also eligible if meets at least one of the following:  - Denial of coverage due to health conditions - Offer of coverage with a coverage limitation for a specific condition - Cost of health coverage offered in excess of the high risk pool premium - Has one of the qualifying medical conditions	Assessments on insurers
New Mexico	2,951	HIPAA eligible  Also eligible if experiences at least one of the following:  - Denial of coverage - Offer of coverage with a coverage limitation - Has one of the qualifying medical conditions - Cost of health coverage offered exceeds 125% of the high-risk pool premium - Transfer from the New Mexico Health Insurance Alliance - Involuntary coverage termination due to:  - Insurer no longer issuing coverage - Moving from another state's high-risk pool - Current coverage not valid in NM	Assessments on insurers, offset by tax credits

State	Enrollment <sup>a</sup>	Eligibility Requirements <sup>b</sup>	Funding Sources <sup>c</sup>
North Dakota	1,631	Eligible under HIPAA, HCTC  Also eligible if provides evidence of at least one of the following within the last 180 days:	Assessments on insurers, offset by tax credits
		<ul> <li>Denial of coverage due to health conditions</li> <li>Offer of coverage with a substantial coverage limitation</li> <li>Cost of health coverage offered in excess of the high risk pool premium</li> <li>Has one of the qualifying medical conditions (e.g., Alzheimer's)</li> </ul>	
Oklahoma	2,435	Eligible under HIPAA, HCTC  Also eligible if denied coverage by at least two insurers	Assessments on insurers
Oregon	14,860	Eligible under HIPAA, "Medical eligibility" rules, moving from another state's high-risk pool  Under medical eligibility rules, individual must meet at least one of the following:  - Denial of coverage due to health conditions - Insurance agent refusal to apply on behalf on individual due to individual's health conditions - Offer of coverage with a substantial coverage limitation - Offer of coverage with plan choice limitation	Assessments on insurers
South Carolina	2,347	Eligible under HIPAA, HCTC  Also eligible if meets at least one of the following:  - Denial of coverage due to health conditions  - Offer of coverage with a coverage limitation exceeding 12 months  - Cost of health coverage offered exceeds 150% of the high-risk pool premium	Assessments on insurers, offset by tax credits
South Dakota	693	Eligible under HIPAA	Assessments on insurers, state funds, provider payment reductions

State	Enrollment <sup>a</sup>	Eligibility Requirements <sup>b</sup>	Funding Sources <sup>c</sup>
Tennessee	Enrollment data for new program not yet available	Eligible if meets the following criteria:  - Denial of coverage due to health conditions or claims history - Uninsured for 6 months - No access to insurance - Exhausted continuation coverage (including COBRA) - Age 19 or older	Assessments on insurers, state funds
Texas	28,206	Eligible under HIPAA, HCTC Also eligible if meets at least one of the following:	Assessments on insurers
		<ul> <li>Denial of coverage due to health conditions</li> <li>Insurance agent documentation of inability to obtain coverage due to health conditions</li> <li>Offer of coverage with a coverage exclusion for a specific condition</li> <li>Cost of health coverage offered in excess of the high risk pool premium (expires 12/31/05 due to statute change)</li> <li>Has one of the qualifying medical conditions (e.g., ALS/Lou Gehrig's Disease)</li> </ul>	
Utah	3,344	Eligible under HIPAA, moving from another state's high-risk pool  Also eligible if denied coverage within 30 days of application to risk pool	State funds
Washington	3,266	Denial of coverage due to health conditions  Also eligible under "Medicare plan eligibility" rules by meeting at least one of the following:  - Rejection by carrier or use of non-uniform health screen - Increase in premium - Offer of coverage with a coverage restriction - Pre-existing condition exclusion period that is different for standard enrollee in the same plan	Assessments on insurers, other funding

State	Enrollment <sup>a</sup>	Eligibility Requirements <sup>b</sup>	Funding Sources <sup>c</sup>
West Virginia	345	Eligible under HIPAA, HCTC	Hospital assessments
		Also eligible if meets at least one of the following:	
		<ul> <li>Denial of coverage due to health conditions</li> <li>Cost of health coverage offered in excess of the high risk pool premium</li> <li>Has one of the qualifying medical conditions</li> </ul>	
Wisconsin	18,073	Eligible under HIPAA, Medicare (due to disability), HIV+ health status  Also eligible if meets at least one of the following within the last nine months due to health conditions:	Assessments on insurers, offset by tax credits, provider payment reductions
		<ul> <li>Denial or cancellation of coverage</li> <li>Notice of substantial coverage limitation or reduction</li> <li>For currently insured, notice of 50% or more increase in cost of coverage</li> <li>Notice of 50% or more increase in cost of health coverage applied for</li> </ul>	
Wyoming	603	Eligible under HIPAA Also eligible if meets at least one of the following:	Assessments on insurers, offset by tax credits
		<ul> <li>Denial of coverage due to health conditions</li> <li>Cost of health coverage offered in excess of the high risk pool premium</li> <li>Offer of coverage with coverage restriction or coverage exclusion for pre-existing condition</li> </ul>	

**Sources:** Kaiser Family Foundation, State Health Facts, High Risk Pools, at [http://www.statehealthfacts.org/comparecat.jsp?cat=7], and National Association of State Comprehensive Health Insurance Plans, *Comprehensive Health Insurance for High-Risk Individuals: A State-By-State Analysis, Twentieth Edition*, 2006/2007, 2006.

Note: The funding sources, eligibility criteria and rules pertaining to pre-existing condition exclusions may vary by risk pools for those states that operate more than one risk pool.

- a. Enrollment numbers are from the end of 2006, except for Idaho (enrollment at the end of June 2006).
- b. State residency is an eligibility requirement for all high risk pools.
- c. All states collect premiums from pool participants to provide partial funding for pool operations.
- d. Idaho's pool is a reinsurance pool where commercial carriers underwrite the coverage and directly provide health benefits to pool participants. This is in contrast with a traditional high risk pool, where the pool itself acts as the plan administrator, paying claims and providing benefits to enrollees. Nonetheless, Idaho was included with the more-traditional state pools because of the similarities in eligible groups (e.g., HIPAA eligibles), and benefits and plans offered